INSPIRED TOTS EARLY LEARNING CENTER

PRE K SECOND TERM EXAMINATION 2024/2025

HEALTH HABITS

1. Food is anything we _____ to make our _____strong.

2. The following are types of food except,

(a) Stone (b) Fruit (c) Eggs

3. Match the food based on their names.

Fruits



Vegetables



Meat



4. Food makes us _____.

5. Food makes us _____.

6. Food helps our body to fight _____.

7. Food makes us _____.

8. Balanced diet is a food that contains all the _____ the _____needs.

LIVEWORKSHEETS

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Look at the pictures carefully and match appropriately.

9. Carbohydrates.



10. Fat and oil



11. Vitamins



12.Water



13. Protein



LIVEWORKSHEETS

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Look at the pictures carefully and select only the healthy food.



Bugger



Jollof rice

Look at the pictures carefully and say what the children are doing.



LIVEWORKSHEETS