

1/5

What is a precursor?

A. A conditionally essential vitamin

B. A sign or symptom of a vitamin deficiency disorder

C. A substance that is used to synthesize another compound

D. A substance that is recycled through the liver and intestines

2/5

Which of the following vitamins would be removed in the production of skim milk?

A. Thiamin

B. Vitamin A

C. Riboflavin

D. Vitamin B12

3/5

What is the primary excretory route for the water-soluble vitamins?

A. Bile

B. Kidney

C. Intestine

D. Perspiration

4/5

What is the chief function of the B vitamins?

A. Antioxidation

B. Anticoagulation

C. Antibody stabilization

D. Coenzyme participation

5/5

General characteristics of the water-soluble vitamins include all of the following except

A. They must be consumed daily

B. Toxic levels in the body are rarely found

C. They are absorbed directly into the blood

D. Excesses are eliminated from the kidneys

The Water Soluble Vitamins

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1. Multiple Choice 30 seconds 1 point

What is a precursor?

Answer choices

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2. Multiple Choice 30 seconds 1 point

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3. Multiple Choice 30 seconds 1 point AI [] [] [] [] []

What is the primary excretory route for the water-soluble vitamins?

Answer choices

- A. Bile
- B. Kidney
- C. Intestine
- D. Perspiration

4. Multiple Choice 30 seconds 1 point AI [] [] [] [] []

What is the chief function of the B vitamins?

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5. Multiple Choice 30 seconds 1 point AI [] [] [] [] []

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4. Multiple Choice 30 seconds 1 point AI [] [] [] [] []

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5. Multiple Choice 30 seconds 1 point AI [] [] [] [] []

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