

INSPIRED TOTS EARLY LEARNING CENTER
SECOND TERM EXAMINATION 2024/2025 SESSION

NAME: _____

HEALTH EDUCATION

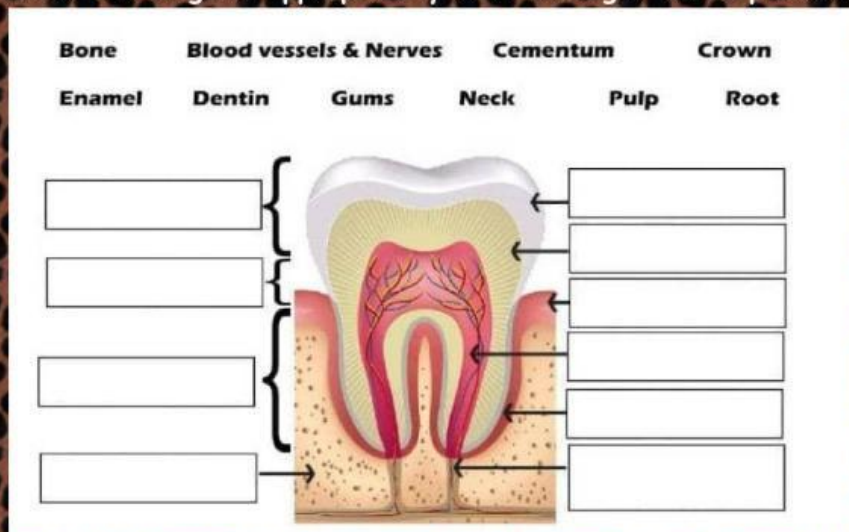
4TH GRADE

1. The part of the body that plays the role of biting, chewing and tearing of food is called the _____. (a) nose (b) eyes (c) ears (d) teeth
2. There are basically _____ types of diseases common to man. (a) 1 (b) 2 (c) 3 (d) 4
3. The type of disease that can be transferred from one person to another is referred to as _____ disease. (a) non communicable (b) communicable (c) degenerative diseases (d) non of the above
4. Night blindness is caused due to the deficiency of _____. (a) vitamin A (b) vitamin B (c) vitamin C (d) vitamin D
5. Which of the following is an example of a non-communicable disease? (a) cancer (b) diabetes (c) hypertension (d) all of the above
6. Excessive bleeding during an injury is a deficiency of vitamin _____. (a) B (b) C (c) K (d) E
7. Which of the following diseases is caused by a deficiency in protein? (a) anaemia (b) kwashiorkor (c) hypothyroidism (d) all of the above
8. Deficiency in _____ causes blindness in children worldwide. (a) vitamin A (b) vitamin B (c) vitamin C (d) vitamin D
9. A specialist who is trained to create solutions to teeth problems is called a/an (a) dentist (b) optician (c) veterinary doctor (d) physiotherapist
10. There are basically _____ types of teeth. (a) 1 (b) 2 (c) 3 (d) 4
11. The part of the teeth that is used for biting and chewing is the _____. (a) canine (b) molars (c) premolars (d) incisors
12. In order to grind and crush food, the _____ is responsible for carrying out that task. (a) molars (b) canine (c) premolars (d) incisors
13. A plaque is formed when bacteria mixes with _____ from food. (a) salt (b) sugar (c) acid (d) water
14. A clear and sticky film of harmful bacteria that settles between our teeth is referred to as _____. (a) plague (b) plaque (c) bacteria (d) virus
15. The lack of regular brushing can help in plaque control. True or False
16. The largest organ of our body is the _____. (a) skin (b) head (c) legs (d) stomach
17. The cells in the human body are the tiny parts of the _____. (a) skin (b) head (c) teeth (d) eyes

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18. One of the major functions of the skin is to regulate the temperature of a body. True or False
19. Which of these vitamins is produced by the skin? (a) vitamin A (b) vitamin B (c) vitamin C (d) vitamin D
20. The skin is subdivided into _____ layers. (a) 1 (b) 2 (c) 3 (d) 4
21. The Epidermis, Dermis and the Subcutaneous layer are the basic layers of the _____ (a) teeth (b) skin (c) heart (d) brain
22. The layer of the skin that has no blood vessels is referred to as _____ (a) epidermis (b) dermis (c) sebaceous gland (d) melanin
23. The layer of the skin that contains connective tissues and blood vessels is referred to as the Dermis. True or False
24. The sebaceous gland produces an oily substance called _____
25. The fatty layer of the skin that stores energy is referred to as _____ (a) sebum (b) dermis (c) subcutaneous layer (d) epidermis
26. There are basically _____ degrees of burns. (a) 1 (b) 2 (c) 3 (d) 4
27. The part of the body that protects the heart is called the _____
28. A specialist saddled with the responsibility of treating the human teeth is called a _____
29. An adult has an average number of _____ sets of teeth.
30. Label the diagram appropriately with the right words provided



31.

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32. The most sensitive part of the human body is the skin. TRUE or FALSE
33. The skin consists of three major layers. TRUE or FALSE
34. There are basically 4 kinds of teeth. TRUE or FALSE
35. The incisors are found in the upper and lower jaw of the mouth. TRUE OR FALSE
36. Diseases are divided into 3 basic types. TRUE or FALSE
37. _____ diseases can be transferred from one person to another.
38. We should brush our teeth _____ and _____ every meal.
39. The _____ protects the brain from harm
40. The human heart is protected by the _____