

Forum: What should I do?

Posts:

Jo17: Help! I play too many online games and don't get enough sleep.

Chad: I eat lots of unhealthy snacks between lessons but what can I do? I get so hungry!

SnaphappySal: I post 250 photos online every day. It's too many!

Brightongirl: Hi! Thanks for telling us about your problem. A lot of us eat too many snacks, so you're not alone. We all know what the problem is – many snacks are full of fat and sugar and aren't good for us, and that's why we shouldn't eat too many. **Have you tried making healthy snacks at home?** That's what I do. I used to buy lots of crisps and sweets, but now I make healthy sandwiches and take them to school. **Why don't you look online for some ideas?** You could always ask your mum or dad to help you. **Also, I recommend always having enough fruit in the house.** That way, **you can just take some as you leave the house.** Finally, you shouldn't let your friends influence you. If they offer you an unhealthy snack, offer them a piece of your orange! Hope it all goes well!



WRITING

A post on a forum



1 Read Brightongirl's post on a forum. Which problem is she answering?



2 Which things does Brightongirl include?

1 reasons	<input type="checkbox"/>	5 a title	<input type="checkbox"/>
2 thanks	<input type="checkbox"/>	6 advice	<input type="checkbox"/>
3 formal language	<input type="checkbox"/>	7 paragraphs	<input type="checkbox"/>
4 a greeting	<input type="checkbox"/>		



3 Do you agree with Brightongirl? Why / Why not?



4 Complete the phrases in the *Useful language* box. Then check in Brightongirl's post.

Useful language

Have you ¹ _____ (+ -ing)?
I ² _____ (+ -ing)
That ³ _____, you can ⁴ _____ ...
Why ⁵ _____ you ... ?
You ⁶ _____ always ...

Write your own post on a forum

PLAN

5 Choose one of the other problems in Exercise 1. Write notes giving advice.

Greeting: Hello!

Thanks: Thank you for _____

Advice: I think you should _____

Reasons: Then, you can _____

6 Decide what language you need to use. Use the information in Exercise 2 to help you.

WRITE

7 Write your post. Remember to use *should*, *shouldn't*, *ought to*, quantifiers and phrases from the *Useful language* box.

8 Do you ...

- have a greeting?
- give advice with reasons?
- use an informal style?



Finished? p121 Ex 4

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