Forum: **What should I do?**

Posts:

Jo17: Help! I play too many online games and don't get enough sleep.

Chad: I eat lots of unhealthy snacks between lessons but what can I do? I get so hungry!

SnaphappySal: I post 250 photos online every day. It's too many!

Brightongirl: Hi! Thanks for telling us about your problem. A lot of us eat too many snacks, so you're not alone. We all know what the problem is – many snacks are full of fat and sugar and aren't good for us, and that's why we shouldn't eat too many. Have you tried making healthy snacks at home? That's what I do. I used to buy lots of crisps and sweets, but now I make healthy sandwiches and take them to school. Why don't you look online for some ideas? You could always ask your mum or dad to help you. Also, I recommend always having enough fruit in the house. That way, you can just take some as you leave the house. Finally, you shouldn't let your friends influence you. If they offer you an unhealthy snack, offer them a piece of your orange! Hope it all goes well!



WRITING

A post on a forum

1 Read Brightongirl's post on a forum. Which problem is she answering?

_____

2 Which things does Brightongirl include?

1 reasons	☐	5 a title	☐
2 thanks	☐	6 advice	☐
3 formal language	☐	7 paragraphs	☐
4 a greeting	☐		

3 Do you agree with Brightongirl? Why / Why not?

4 Complete the phrases in the *Useful language* box. Then check in Brightongirl's post.

Useful language

Have you [1] _____ (+ *-ing*)?
I [2] _____ (+ *-ing*)
That [3] _____, you can [4] _____ …
Why [5] _____ you … ?
You [6] _____ always …

Write your own post on a forum

PLAN

5 Choose one of the other problems in Exercise 1. Write notes giving advice.

Greeting: Hello!
Thanks: Thank you for _____
Advice: I think you should _____
_____
_____
_____
Reasons: Then, you can _____
_____
_____
_____

6 Decide what language you need to use. Use the information in Exercise 2 to help you.

WRITE

7 Write your post. Remember to use *should*, *shouldn't*, *ought to*, quantifiers and phrases from the *Useful language* box.

8 Do you …

- have a greeting?
- give advice with reasons?
- use an informal style?

Finished? p121 Ex 4

LIVEWORKSHEETS