

# Self-check

## Vocabulary

### 1 Write the words for the definitions.

- 1 Your food goes here. s\_\_\_\_\_
- 2 This sometimes goes red in the sun. s\_\_\_\_\_
- 3 You use this to think. b\_\_\_\_\_
- 4 Your foot joins your leg here. a\_\_\_\_\_
- 5 When you exercise a lot these get very strong. m\_\_\_\_\_
- 6 These are at the end of your feet. t\_\_\_\_\_
- 7 This is in the middle of your arm. e\_\_\_\_\_
- 8 This is in the middle of your leg. k\_\_\_\_\_

### 2 Choose the correct answer.

- 1 I try to eat well and    fit.  
a have      b do      c keep
- 2 I usually    to bed at 10.30 to get eight hours of sleep.  
a go      b make      c sleep
- 3 If I don't sleep well, the next day I    sleepy.  
a get      b feel      c go
- 4 I was really nervous and my    was beating very fast.  
a tongue      b brain      c heart
- 5 Doctors say it's important to    regular exercise.  
a make      b do      c play
- 6 I    my hand when I picked up that very hot plate.  
a cut      b burnt      c hit

### 3 Complete the sentences with the correct words below.

allergy    flu    hay    headache  
temperature    throat

- 1 He needs to see the doctor because his    is very high.
- 2 I can't eat that. I've got an    to nuts.
- 3 In the summer I get terrible    fever.
- 4 The music at the concert was very loud and I got a   .
- 5 We shouted a lot at the football match and now I've got a sore   .
- 6 Olly has to stay in bed because he's got the   .

## Grammar

### 4 Complete the sentences with the correct words.

- 1 How    water do you drink every day?
- 2 There aren't    people here. Only two.
- 3 I didn't do    work last night! Nothing!
- 4 A    of people don't do any exercise and get ill.
- 5 Did you eat the cake? There    any left.
- 6 I answered    of the questions but not many.
- 7 How    apples have we got left?
- 8 We don't have    butter for this recipe, let's buy some more.

### 5 Choose the correct option.

- 1 Where were you and Sara going when I *saw / was seeing* you this morning?
- 2 Tim *read / was reading* a book when I called.
- 3 I wasn't working when he *came / was coming* to visit.
- 4 *Did you wait / Were you waiting* at the bus stop when it started to rain?
- 5 The teacher got angry because we *weren't / didn't* concentrating in class today.
- 6 *Were you / You were* eating when I called you?
- 7 I was leaving home when I *remembered / was remembering* to take my bag.

## Speaking

### 6 Complete the dialogues with one word in each gap.

- 1 A: What's the   ?  
B: I    terrible.  
A: You    stay in bed.
- 2 A: How are you   ?  
B: My back   .  
A: You should see a doctor.

## YOUR SCORE

Vocabulary:   /20    Speaking:   /5  
Grammar:   /15    Total:   /40

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