Self-check

Vocabulary

1 Write the words for the definitions.

1 Your food goes here. s_____
2 This sometimes goes red in the sun. s_____
3 You use this to think. b_____
4 Your foot joins your leg here. a_____
5 When you exercise a lot these get very strong. m_____
6 These are at the end of your feet. t_____
7 This is in the middle of your arm. e_____
8 This is in the middle of your leg. k_____

2 Choose the correct answer.

1 I try to eat well and ___ fit.
a have b do c keep
2 I usually ___ to bed at 10.30 to get eight hours of sleep.
a go b make c sleep
3 If I don't sleep well, the next day I ___ sleepy.
a get b feel c go
4 I was really nervous and my ___ was beating very fast.
a tongue b brain c heart
5 Doctors say it's important to ___ regular exercise.
a make b do c play
6 I ___ my hand when I picked up that very hot plate.
a cut b burnt c hit

3 Complete the sentences with the correct words below.

allergy flu hay headache temperature throat

1 He needs to see the doctor because his _____ is very high.
2 I can't eat that. I've got an _____ to nuts.
3 In the summer I get terrible _____ fever.
4 The music at the concert was very loud and I got a _____.
5 We shouted a lot at the football match and now I've got a sore _____.
6 Olly has to stay in bed because he's got the _____.

Grammar

4 Complete the sentences with the correct words.

1 How _____ water do you drink every day?
2 There aren't _____ people here. Only two.
3 I didn't do _____ work last night! Nothing!
4 A _____ of people don't do any exercise and get ill.
5 Did you eat the cake? There _____ any left.
6 I answered _____ of the questions but not many.
7 How _____ apples have we got left?
8 We don't have _____ butter for this recipe, let's buy some more.

5 Choose the correct option.

1 Where were you and Sara going when I *saw / was seeing* you this morning?
2 Tim *read / was reading* a book when I called.
3 I wasn't working when he *came / was coming* to visit.
4 *Did you wait / Were you waiting* at the bus stop when it started to rain?
5 The teacher got angry because we *weren't / didn't* concentrating in class today.
6 *Were you / You were* eating when I called you?
7 I was leaving home when I *remembered / was remembering* to take my bag.

Speaking

6 Complete the dialogues with one word in each gap.

1 A: What's the _____?
B: I _____ terrible.
A: You _____ stay in bed.
2 A: How are you _____?
B: My back _____.
A: You should see a doctor.

YOUR SCORE

Vocabulary: __/20 Speaking: __/5
Grammar: __/15 **Total:** __/40

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