

Sandy's Big Change

Sandy is a 15-year-old girl who lives in a small town. Every morning, she wakes up early and goes to school with her best friend, Stephany. Sandy is a smart girl, but she often feels nervous when she has to speak in class. She believes she is not good enough, so she usually stays quiet.

One Monday morning, Sandy arrives at school feeling very nervous. There is a big presentation in her English class. Stephany sits beside her and whispers, "You can do it, Sandy. Just try." But Sandy shakes her head.

Mr. Owen, the English teacher, calls Sandy's name. "It's your turn," he says. Sandy stands up and walks to the front of the class. Her hands shake as she holds her paper. She begins to speak, but her voice is very low.

Suddenly, Angie, another student, whispers loudly, "She's too scared to talk!" The class laughs, and Sandy feels her face burn with embarrassment. Tears fill her eyes, but Mr. Owen steps forward and says calmly, "Sandy, take a deep breath. You can do it."

Sandy closes her eyes, takes a deep breath, and begins again. This time, her voice is stronger. She explains her topic clearly and confidently. When she finishes, the class claps. Even Angie smiles a little.

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After class, Stephany hugs Sandy. "You were amazing!" she says. "I guess I just needed to believe in myself," Sandy answers, smiling.

That evening, Sandy sits at home, feeling proud. She realizes that she can overcome her fears if she believes in herself. From that day on, Sandy becomes more confident. She answers questions in class and joins group projects. She even decides to try out for the school debate team.

"I can do it," Sandy thinks. And she knows it's true.

Reading Comprehension Exercise

Why does Sandy feel nervous at school?

- She doesn't like her teacher.
- She is scared to speak in class.
- She forgot to do her homework.

Who encourages Sandy before her presentation?

- Angie
- Owen
- Stephany

What happens when Sandy first starts her presentation?

- She speaks confidently.
- The class laughs at her.
- The teacher stops her.

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How does Mr. Owen help Sandy?

- A) He tells her to sit down.
- B) He tells her to breathe and try again.
- C) He tells the class to stop laughing.

What does Sandy learn about herself?

- A) She is not good at presentations.
 - B) She can overcome her fears.
 - C) She prefers to stay quiet.
- How does Stephany react after the presentation?
- A) She laughs at Sandy.
 - B) She says nothing.
 - C) She tells Sandy she did well.

How does Angie behave during Sandy's presentation?

- A) She encourages Sandy.
- B) She makes a rude comment.
- C) She asks Sandy a question.

What does Sandy decide to do after her successful presentation?

- A) Join the debate team.
- B) Stop speaking in class.
- C) Ignore Angie.

What is the main lesson of the story?

- A) Friends are more important than school.
- B) Teachers should protect students.
- C) Believing in yourself helps you succeed.

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Change the following sentences to affirmative questions.

I choose vanilla ice cream.

He is burning the toast.

He does not chop the vegetables.

The balloon is bursting in the air.

She cleans her room every day.

She is buying a new dress.

He climbs the mountain.

He is calling his friend now.

The baby clings to her mother.

I am carrying a heavy bag.

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Listen to the audio and fill in the blanks.

1. He _____ break his promises.
2. She _____ horses on her farm.
3. Does he _____ his lunch every day?
4. They _____ the news every morning.
5. He _____ houses for a living.
6. They are _____ the net into the sea.
7. She is not _____ the ball.
8. He is _____ his clothes.
9. They are _____ their phones.
10. We are _____ the answers.
11. I _____ the door when I leave.
12. She _____ to school on time.
13. He _____ dinner every evening.
14. This shirt _____ \$20.
15. The cat _____ silently.
16. Does she _____ that story?
17. He is not _____ the rules.
18. I am _____ on the right team.
19. She is _____ for the painting.
20. The rope is _____ tightly.

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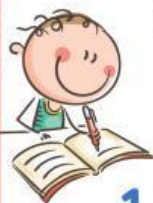
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DICTATION



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