Turtle Soup Strategy from ICT Style

Turtle Soup is an **ICT strategy**, primarily used after the formation of range-bound price movements, which constitute most of the market's behavior. This strategy combines several key concepts: **PD Arrays**,**Fair Value Gap (FVG)**, **Fake Breakout**, and **Liquidity Sweep**.

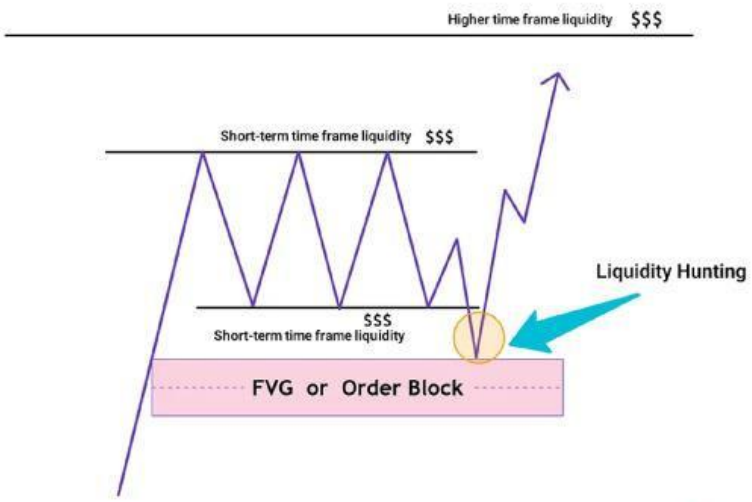


Turtle Soup Strategy from ICT Style

What Is the Turtle Soup Strategy?

The Turtle Soup Strategy is a trading method designed to hunt liquidity in the market and capitalize on reversal points. This strategy is typically applied when the price exits a range or liquidity zones, aiming to attract more orders.

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General illustration of the Turtle Soup Strategy in an uptrend, highlighting all its key components

Note: To simplify the identification of the Turtle Soup setup, the [TFlab] team has developed and indicator for it:

- **Turtle Soup Indicator for MetaTrader 4;**
- **Turtle Soup Indicator for MetaTrader 5;**
- **Turtle Soup Indicator for TradingView.**

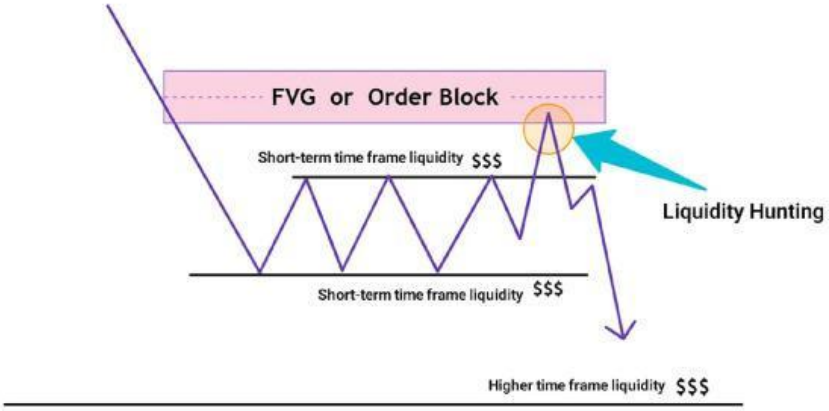
Why Does the Turtle Soup Strategy Focus on Liquidity?

Markets naturally gravitate toward areas with concentrated liquidity. In the Turtle Soup Strategy, two types of liquidity are emphasized:

1. **Internal Liquidity**: Found within short-term range areas, consisting of Fair Value Gaps or **short-term highs/lows**;
2. **External Liquidity**: Found outside the short-term range, including stop-losses or other imbalance zones.

First of all, price absorbs internal liquidity before moving to target external liquidity, aligning with the overall higher-timeframe trend.

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TradingView

General illustration of the Turtle Soup Strategy in a downtrend, highlighting all its key components

How Does the Turtle Soup Strategy Work?

To apply this strategy, follow these prioritized steps:

#1 Identify the Range

The range is defined between a specific high and low on the chart, where older highs and lows act as zones of significant liquidity.

#2 Identify Entry Points

- **Uptrend**: Price should absorb lower liquidity (Swing Lows) before moving upward;
- **Downtrend**: Price hunts higher liquidity (Swing Highs) before moving downward.

#3 Align with the Higher Timeframe

Review the market direction in higher timeframes (daily or hourly) to ensure alignment. In **lower timeframes**, wait for the price to return and reach key areas like **Order Blocks**.

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Illustration of all components of the Turtle Soup Strategy in a downtrend

Pros and Cons of the Turtle Soup Strategy

Like any trading strategy, Turtle Soup has its specific advantages and disadvantages:

Advantages	Disadvantages
Clear identification of liquidity points	Requires patience for price to reach key zones
Usable across different timeframes	Demands understanding of liquidity and market behavior
Higher-timeframe analysis ensures alignment	Risk of misidentifying all components



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Practical Steps for Using the Strategy

1. **Analyze the Higher Timeframe**: Identify external liquidity points and mark them clearly on the chart;
2. **Define the Range**: Mark highs and lows within a price range to distinguish internal and external liquidity;
3. **Wait for Internal Liquidity to Be Hunted**: Once internal liquidity is absorbed, look for moves toward external liquidity.
4. **Enter the Position**: After observing the confirmation of a reversal signal in key zones, proceed to enter the position.

Conclusion

The **Turtle Soup Strategy** is a tool for **liquidity hunting and utilizing** confirmed directional moves in **higher timeframes.**

This strategy is particularly suitable for traders seeking clear **market movements**. Mastery in liquidity concepts and synchronization **across timeframes** is essential for success in this method.

source:

1: our website link:
https://tradingfinder.com/education/forex/ict-turtle-soup/

2.All educations:
https://tradingfinder.com/education/forex/

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