

## Turtle Soup Strategy from ICT Style

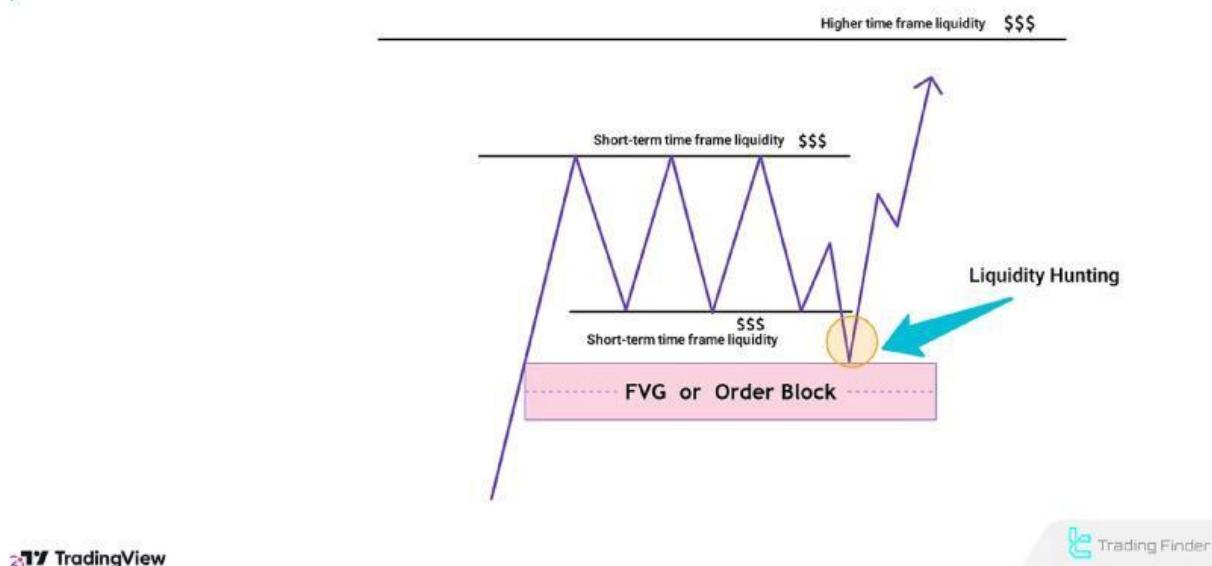
Turtle Soup is an **ICT strategy**, primarily used after the formation of range-bound price movements, which constitute most of the market's behavior. This strategy combines several key concepts: **PD Arrays**, **Fair Value Gap (FVG)**, **Fake Breakout**, and **Liquidity Sweep**.



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### What Is the Turtle Soup Strategy?

The Turtle Soup Strategy is a trading method designed to hunt liquidity in the market and capitalize on reversal points. This strategy is typically applied when the price exits a range or liquidity zones, aiming to attract more orders.



General illustration of the Turtle Soup Strategy in an uptrend, highlighting all its key components

**Note:** To simplify the identification of the Turtle Soup setup, the [TFlab] team has developed and indicator for it:

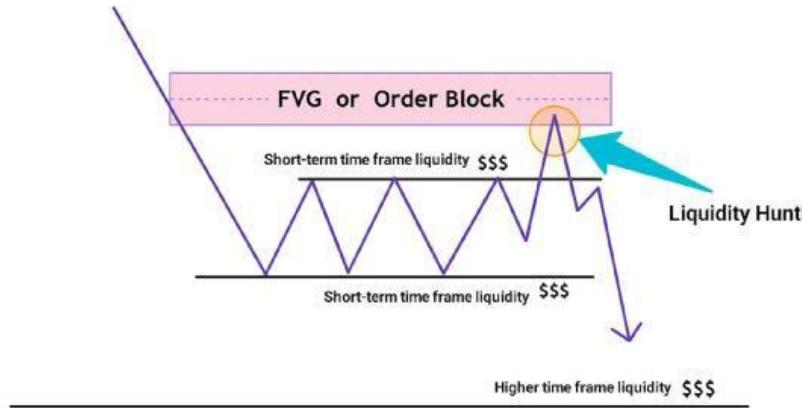
- ↳ [Turtle Soup Indicator for MetaTrader 4](#);
- ↳ [Turtle Soup Indicator for MetaTrader 5](#);
- ↳ [Turtle Soup Indicator for TradingView](#).

## Why Does the Turtle Soup Strategy Focus on Liquidity?

Markets naturally gravitate toward areas with concentrated liquidity. In the Turtle Soup Strategy, two types of liquidity are emphasized:

1. **Internal Liquidity:** Found within short-term range areas, consisting of Fair Value Gaps or [short-term highs/lows](#);
2. **External Liquidity:** Found outside the short-term range, including stop-losses or other imbalance zones.

First of all, price absorbs internal liquidity before moving to target external liquidity, aligning with the overall higher-timeframe trend.



TradingView

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General illustration of the Turtle Soup Strategy in a downtrend, highlighting all its key components

## How Does the Turtle Soup Strategy Work?

To apply this strategy, follow these prioritized steps:

### #1 Identify the Range

The range is defined between a specific high and low on the chart, where older highs and lows act as zones of significant liquidity.

### #2 Identify Entry Points

- ◆ **Uptrend:** Price should absorb lower liquidity (Swing Lows) before moving upward;
- ◆ **Downtrend:** Price hunts higher liquidity (Swing Highs) before moving downward.

### #3 Align with the Higher Timeframe

Review the market direction in higher timeframes (daily or hourly) to ensure alignment. In **lower timeframes**, wait for the price to return and reach key areas like **Order Blocks**.



Illustration of all components of the Turtle Soup Strategy in a downtrend

## Pros and Cons of the Turtle Soup Strategy

Like any trading strategy, Turtle Soup has its specific advantages and disadvantages:

Advantages	Disadvantages
Clear identification of liquidity points	Requires patience for price to reach key zones
Usable across different timeframes	Demands understanding of liquidity and market behavior
Higher-timeframe analysis ensures alignment	Risk of misidentifying all components



TradingView

2:00 22:30 23:00 23:30 3 00:30 01:00 01:30 02:00 02:30 03:00 03:30

LIVEWORKSHEETS

## Practical Steps for Using the Strategy

- 1. Analyze the Higher Timeframe:** Identify external liquidity points and mark them clearly on the chart;
- 2. Define the Range:** Mark highs and lows within a price range to distinguish internal and external liquidity;
- 3. Wait for Internal Liquidity to Be Hunted:** Once internal liquidity is absorbed, look for moves toward external liquidity.
- 4. Enter the Position:** After observing the confirmation of a reversal signal in key zones, proceed to enter the position.

## Conclusion

The **Turtle Soup Strategy** is a tool for **liquidity hunting and utilizing** confirmed directional moves in **higher timeframes**.

This strategy is particularly suitable for traders seeking clear **market movements**.

Mastery in liquidity concepts and synchronization **across timeframes** is essential for success in this method.

source:

1: our website link:  
<https://tradingfinder.com/education/forex/ict-turtle-soup/>

2.All educations:  
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