

Emotions and Feelings Adjectives

Complete each sentence with the most appropriate adjective from the list below. Some adjectives may be used more than once.

puzzled ■ offended ■ astonished ■ miserable ■ resentful ■ charmed ■ amused ■ anxious
grateful ■ alarmed ■ exasperated ■ stunned ■ upbeat

1. After losing his job and breaking up with his girlfriend in the same week, John felt completely _____.
2. The audience was _____ by the magician's incredible tricks that seemed impossible.
3. I was _____ when my neighbour made comments about my children.
4. Despite the challenges, Sarah maintained a(n) _____ attitude and believed things would improve.
5. The children were _____ by the funny story their grandfather told them.
6. The teacher became _____ when the students wouldn't stop talking during the lesson.
7. We were _____ to the hosts for their hospitality during our stay.
8. Mark looked _____ as he tried to solve the difficult math problem.
9. I felt _____ toward my colleague who got credit for my idea.
10. Everyone was _____ by her beautiful singing voice and elegant manner.

Match each situation (1-12) with the most appropriate adjective (A-N) that describes how someone would feel in that situation.

a puzzled	1. _____ Your friend makes a joke about your new haircut that you find hurtful.
b offended	2. _____ You can't figure out how to solve a riddle despite trying for hours.
c astonished	3. _____ You receive unexpected help from a stranger when your car breaks down.
d miserable	4. _____ You wake up feeling worried about your important job interview later today.
e resentful	5. _____ Your colleague gets promoted instead of you, even though you worked harder.
f charmed	6. _____ You see a celebrity walking down your street unexpectedly.
g amused	7. _____ You've been sick for a week and can't participate in any activities.
h anxious	8. _____ You hear strange noises coming from your basement at night.
i grateful	9. _____ After many attempts, your child still refuses to clean their room.
j alarmed	10. _____ You meet someone who impresses you with their wit and intelligence.
k exasperated	11. _____ You laugh at a funny video your friend shared on social media.
l stunned	12. _____ You discover that your quiet, shy colleague has won an Olympic medal.