

UNIT 3 – Healthy Living

Vocabulary

1 Look at the pictures and complete their names.



1 y _____



2 c _____



3 p _____



4 c _____



6 f _____



8 b _____



9 m _____



5 m _____



7 s _____



10 a _____

3 Circle the correct words.

- a My sister **cook** / **cooks** her dinner in the microwave.
- b We **eat** / **eats** fruit and vegetables every day.
- c I **drink** / **drinks** a lot of water – about three liters a day!
- d My mom **watchs** / **watches** food shows on TV.
- e They **go** / **goes** shopping for food once a week.
- f Mr. Emms **teachs** / **teaches** English at our school.
- g Peter and Joe **loves** / **love** chocolate.
- h Some animals only **eat** / **eats** meat.
- i Water **do** / **does** you good.
- j Oranges **contains** / **contain** vitamin C.

4 Complete the sentences with the *simple present negative* of the verbs in parentheses.

- a My mom _____ (buy) unhealthy food.
- b We _____ (go) to Japanese restaurants.
- c Your body _____ (need) chocolate.
- d The children _____ (like) vegetables.

- e I _____ (eat) strawberries for breakfast.
- f Maggie _____ (drink) soft drinks.
- g We _____ (help) clean the classroom before going home.
- h My sister and I _____ (drink) soft drinks on weekdays.
- i My mom _____ (cook) unhealthy food.
- j Sweets _____ (give) you energy.

5 Complete the questions with *Do* or *Does*.

- a _____ you and your family eat fast food?
- b _____ Leonardo like ice cream?
- c _____ you cook dinner for your family?
- d _____ your mom surf the internet?
- e _____ you sisters eat healthy food?

Reading

6 Read the texts and circle T (true) or F (false).

ADAM 13

I love sports. I play basketball and football and I ride my bike. I don't surf the internet. It's boring! After school I do my homework and then I go to the park with my dog, Robbie. I play soccer with him!

AMY 12

I like making cakes. My favorite cake is carrot cake. It's delicious! On Saturdays I like meeting my friends. We go to a coffee shop and drink milkshakes. I buy fashion magazines every week. I love looking at the clothes in them.

JOHN 13

My favorite thing is my phone. I love surfing the internet on it. I like watching soccer on TV, but I don't play it. I like heavy metal music and I love listening to my favorite bands. I have their songs on my phone.

- a Adam's not very active. T / F
- b Adam has a pet dog. T / F

- c Amy likes making ice cream. T / F
- d Amy stays at home on Saturdays. T / F
- e John's a music fan. T / F

7 Read the texts again and choose the correct answers.

- a Adam plays football with ____
- 1) his dog. 2) his friends.
- b Amy uses ____ in her favorite cake.
- 1) vegetables 2) fruit
- c Amy likes reading ____ magazines.
- 1) food 2) clothes
- d John uses his ____ to surf the internet.
- 1) computer 2) phone
- e John ____ soccer with his friends.
- 1) plays 2) doesn't play