

## UNIT 3 – Healthy Living

### Vocabulary

1 Look at the pictures and complete their names.



1 y \_\_\_\_\_

2 c \_\_\_\_\_

3 p \_\_\_\_\_



4 c \_\_\_\_\_

6 f \_\_\_\_\_

8 b \_\_\_\_\_

9 m \_\_\_\_\_



5 m \_\_\_\_\_

7 s \_\_\_\_\_

10 a \_\_\_\_\_

3 Circle the correct words.

- a My sister **cook** / **cooks** her dinner in the microwave.
- b We **eat** / **eats** fruit and vegetables every day.
- c I **drink** / **drinks** a lot of water – about three liters a day!
- d My mom **watchs** / **watches** food shows on TV.
- e They **go** / **goes** shopping for food once a week.
- f Mr. Emms **teachs** / **teaches** English at our school.
- g Peter and Joe **loves** / **love** chocolate.
- h Some animals only **eat** / **eats** meat.
- i Water **do** / **does** you good.
- j Oranges **contains** / **contain** vitamin C.

4 Complete the sentences with the *simple present negative* of the verbs in parentheses.

- a My mom \_\_\_\_\_ (buy) unhealthy food.
- b We \_\_\_\_\_ (go) to Japanese restaurants.
- c Your body \_\_\_\_\_ (need) chocolate.
- d The children \_\_\_\_\_ (like) vegetables.

e I \_\_\_\_\_ (eat) strawberries for breakfast.

f Maggie \_\_\_\_\_ (drink) soft drinks.

g We \_\_\_\_\_ (help) clean the classroom before going home.

h My sister and I \_\_\_\_\_ (drink) soft drinks on weekdays.

i My mom \_\_\_\_\_ (cook) unhealthy food.

j Sweets \_\_\_\_\_ (give) you energy.

**5 Complete the questions with Do or Does.**

a \_\_\_\_\_ you and your family eat fast food?

b \_\_\_\_\_ Leonardo like ice cream?

c \_\_\_\_\_ you cook dinner for your family?

d \_\_\_\_\_ your mom surf the internet?

e \_\_\_\_\_ your sisters eat healthy food?

**Reading**

**6 Read the texts and circle T (true) or F (false).**

**ADAM 13**

I love sports. I play basketball and football and I ride my bike. I don't surf the internet. It's boring! After school I do my homework and then I go to the park with my dog, Robbie. I play soccer with him!

**AMY 12**

I like making cakes. My favorite cake is carrot cake. It's delicious! On Saturdays I like meeting my friends. We go to a coffee shop and drink milkshakes. I buy fashion magazines every week. I love looking at the clothes in them.

**JOHN 13**

My favorite thing is my phone. I love surfing the internet on it. I like watching soccer on TV, but I don't play it. I like heavy metal music and I love listening to my favorite bands. I have their songs on my phone.

a Adam's not very active. T / F

b Adam has a pet dog. T / F

c Amy likes making ice cream. T / F

d Amy stays at home on Saturdays. T / F

e John's a music fan. T / F

**7 Read the texts again and choose the correct answers.**

a Adam plays football with \_\_\_\_

1) his dog. 2) his friends.

b Amy uses \_\_\_\_ in her favorite cake.

1) vegetables 2) fruit

c Amy likes reading \_\_\_\_ magazines.

1) food 2) clothes

d John uses his \_\_\_\_ to surf the internet.

1) computer 2) phone

e John \_\_\_\_ soccer with his friends.

1) plays 2) doesn't play