

**1- Complete the fact sheet. Use the present simple or continuous of the verbs in brackets.**



**GEOGRAPHY**

The landscape (o) rises (rise) from the lowlands in the east to the Himalayas in the west. High plateaux and mountains (1)..... (occupy) one third of the area. The coastline on the Yellow Sea is flat at the mouths of China's two major rivers, the Yangtze and the Huanghe. Unfortunately, rapid industrialisation (2)..... (destroy) much of the plant and animal life in the country.

**ECONOMY**

Most people (3) ..... (live) in rural regions. Rice production (4)..... (provide) enough food for the local population and surpluses are exported. However, the economy (5) ..... (develop) rapidly and as a result, China (6)..... (open up) to world markets. China (7)..... (export) many inexpensive processed goods, including machinery and textiles, and income (8)..... (increase) from foreign trade and tourism (8)..... (increase).

**2- Complete the article. Use the present perfect simple or continuous of the verbs in the box.**

avoid do eat invite lose make order  
pay off set stick watch

They (o) have set the date, picked the dress and are making the final preparations for the big day. Lyndsey Young (1) ..... also ..... sure she will look her best when she marries Ben O'Neill later this week.

For the past five months, she (2)..... to an exercise programme in which she (3) ..... forty or fifty minutes of exercise a day. She (4)..... also ..... her diet. She (5)..... high-calorie foods and (6)..... lots of fruit and vegetables instead. Thanks to all of her hard work, she (7)..... nearly ten kilos. Lyndsey's efforts (8)..... and she looks fabulous.

The couple (9)..... huge amounts of food and beverages for the wedding, which will take place at a secret location, but sources say that Lyndsey and Ben (10)..... only family and close friends to the wedding. The stage is set for what will surely be the wedding of the year.

**3- Complete the article. Use the present simple, present continuous, present perfect simple or present perfect continuous of the verbs in brackets.**

According to research, the demand for alternative medicine (1) ..... (rise) recently and approximately 20 percent of the UK's population regularly (2)..... (turn) to alternative treatments when they (3)..... (be) ill. Consequently, more and more British doctors (4) ..... (offer) their patients choices of treatment these days and many of them (5) ..... (usually/ combine) alternative treatments with conventional medicine.

Although alternative medicine (6)..... (become) increasingly popular, doctors (7)..... (disagree) about whether or not the treatments are effective. Of course, people (8) ..... (use) alternative medicine for hundreds of years but many practitioners of conventional medicine (9)..... (claim) that so far they (10)..... (not see) any convincing proof that alternative treatments are safe or effective.

Today, the most widely practised alternative treatments are acupuncture, aromatherapy, massage and herbal medicine but other forms of treatment (11)..... (gain) in popularity.

What about you? (12) ..... (you/ ever / try) an alternative treatment? If so, was it successful? Send your views and experiences to: