

Họ và tên: Số báo danh: Trường: Mã đề: 002

Read the following passage and mark the letter A, B, C or D on your answer sheet to indicate the correct answer to each of the questions from 41 to 45

The Secrets of Sleep

Research by the National Sleep Foundation in Washington says that we all need eight hours' sleep every night. Scientists have found that people who sleep for less than six and a half hours a night are more often ill than people who sleep for eight hours. Going without sleep also increases the chance of **serious** illness. "Workaholics" who sleep for less than five hours often die young and so less well at work.

The scientists found that, on average, adults sleep for seven hours a night, with 32% sleeping less than six hours. It also says that the idea that we need less sleep as we get older is completely untrue. "People have no idea how important sleep is to their lives". Dr. Thomas Roth, director of the Foundation says 'Good health needs good sleep.'

"But not too much of it," says Professor Jim Horne of Loughborough University. "Sleep is like food and drink," he believes: "you would always like to have a little more, but that doesn't mean you need it." Professor Horne studied a group of people who could spend as many hours as they wanted in bed; after ten hours they didn't find it any easier to get up in the morning. And people who sleep for more than nine hours a night die younger than people who usually sleep for seven or eight!

Question 1. The main subject of the passage is

A. university. B. good health. C. sleep time. D. food and drink.

Question 2. What does the word "**serious**" in paragraph 1 mean?

A. important and valuable B. bad or dangerous
C. unimportant or unnecessary D. unique and impressive

Question 3. According to the scientists in the passage, how long do most adults sleep on average?

A. For seven hours a night. B. For no more than six hours a night.
C. For less than six and a half hours a night. D. For more than nine hours a night.

Question 4. What does the word "**they**" in paragraph 2 refer to?

A. People who could spend as many hours as they wanted in bed.
B. Adults who sleep for seven hours a night.
C. Adults who sleep for less than five hours a night.
D. Professor Jim Horne and the scientists of Loughborough University.

Question 5. According to the passage, which of the following statements is TRUE?

A. Everybody needs less sleep when they get older.
B. People that do not sleep enough may get sick.
C. People who sleep for ten hours each night are healthy.
D. Everybody knows how important sleep is to their lives.

Read the following passage and mark the letter A, B, C or D on your answer sheet to indicate the correct answer to each of the following questions.

We celebrated Earth Day in my city last week. The idea of this special day began in the 1960s when life was very different. Few people talked or even thought about the environment. Most people had no idea how dirty our air and water were. This attitude bothered Gaylord Nelson, who was a senator in the US government, and he had an idea. If people around the world knew that the planet was in danger, they might work harder to save it, so he just needed to get their attention. The first Earth Day was just in the United States but it led to events every year all around the world on April 22 or the nearest weekend, depending on where you are.

In my town, last Saturday afternoon lots of people rode their bikes from the park, around the town together and back to the park, taking as much time as they possibly could, so that the cars had to wait. Then we talked to all the drivers in cars which just had one person in them, to explain how wasteful that is and how much pollution

it causes. The idea was to make people think about how much they use their cars. In other places, people collected plastic bags for a week and then made a pile of them in the town square. You can do anything as long as it makes people of all ages come together for a few hours and talk about the environment. Last year we had a big music event for young people. Some people said it was a waste of time, but there was information for people to read and announcements between the bands about how to help protect the environment.

(Adapted from Objective PET for schools)

Question 6. Which can be the best title for the passage?

A. Earth Day History B. Environmental problems
C. Earth Day Celebration D. Environment – friendly people

Question 7. According to the passage, Earth Day began because _____

A. people are working hard to make the air and water cleaner
B. different governments decided it was a good idea
C. one man wanted people to know about the planet's problems
D. people had started to worry about damage to the environment

Question 8. What can be inferred from the passage?

The most important thing about Earth Day events is that _____.

A. people should become involved in them B. they should attract young people
C. there should be some music D. they should last all day

Question 9. The word "save" in the first paragraph is closest meaning to _____.

A. help B. protect C. threaten D. provide

Question 10. On Earth Day this year, people in the writer's city did all the following EXCEPT _____

A. celebrating a music event C. collecting plastic bags
B. riding their bikes D. talking to car drivers.

Mark the letter A, B, C, or D on your answer sheet to indicate the words whose underlined part differs from the other three in pronunciation in each of the following questions.

Question 11. A. buses B. matches C. boxes D. tables

Question 12: A. computer B. such C. much D. fun

Question 13. A. ethnic B. gather C. think D. earth

Mark the letter A, B, C, or D on your answer sheet to indicate the word that differs from the other three in the position of stress in each of the following questions.

Question 14: A. advise B. flower C. interesting D. festival

Question 15: A. historic B. activity C. Vietnamese D. relation

Mark the letter A, B, C, or D on your answer sheet to indicate the word(s) CLOSEST in meaning to the underlined word(s) in each of the following questions.

Question 16: I felt let down when knowing the examination results were as not high as I had expected.

A. happy B. delighted C. frustrated D. disappointed

Mark the letter A, B, C, or D on your answer sheet to indicate the word(s) OPPOSITE in meaning to the underlined word(s) in each of the following questions.

Question 17: She was brought up in a well-off family. She can't understand the problems we were facing.

A. poor B. wealthy C. kind D. delighted

Mark the letter A, B, C, or D on your answer sheet to indicate the sentence that best completes each of the following exchanges.

Question 18: Linda: "Would you like some bread?"

Miss White: " I'm rather hungry."

A. No, I wouldn't B. Yes, please C. Yes, I like. D. No, thanks.

Questions 19: Teacher: "You did a really good job on your midterm exam. Keep going!"

John: " "

A. I knew it. B. Thank you for your compliment. C. Yes, sure. D. I think so.

A. Despite B. because of C. Even though D. In spite of

Question 35: Before entering the room, you'd better your shoes.
A. put on B. take off C. turn down D. go on

Question 36: They usually to the seaside at weekends.
A. goes B. will go C. went D. go

Question 37: Your car was repainted last month,?
A. was it B. didn't it C. wasn't it D. isn't it

Question 38: If it is sunny tomorrow afternoon, we swimming.
A. are going B. would go C. go D. will go

Question 39: This is the house my father bought 5 years ago.
A. where B. who C. which D. when

Question 40: Are you keen on comic books Nam?
A. read B. to read C. reading D. have read

Question 41: Life in the country is than life in the city.
A. more boring B. boring as C. the more boring D. most boring

Question 42: Jane was a/an woman.
A. young beautiful English B. beautiful English young
C. English young beautiful D. beautiful young English

Question 43: The hotel is located in a quiet spot near the river.
A. beautiful B. beautifully C. beautify D. beauty

Question 44: Mr Minh wanted to know what time
A. did the game show begin B. the game show begins
C. does the game show begin D. the game show began

Question 45: The teacher suggests that we fund to help the poor students in our class.
A. C and D are correct B. raising C. should raise D. raise

Read the following passage and mark the letter A, B, C or D on your answer sheet to indicate the correct word/phrase that best fits each of the numbered blank.

It's normal to have an accent when we speak English. It's OK – other people can usually understand us. It's a good idea to listen to CDs or watch DVDs and try to (46) other speakers to make your pronunciation better. (47) you see a new word and you don't know what it means, you can sometimes guess the meaning from words (48) you know, or you can look the word (49) in a dictionary. A lot of good English (50) try not to translate things from their first language. Translation is sometimes a good idea, but try to think in the foreign language if you can!

46. A. imitate B. follow C. catch D. tell
47. A. Because B. But C. So D. If
48. A. who B. whom C. that D. those
49. A. on B. up C. out D. of
50. A. learning B. learners C. learn D. learns

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