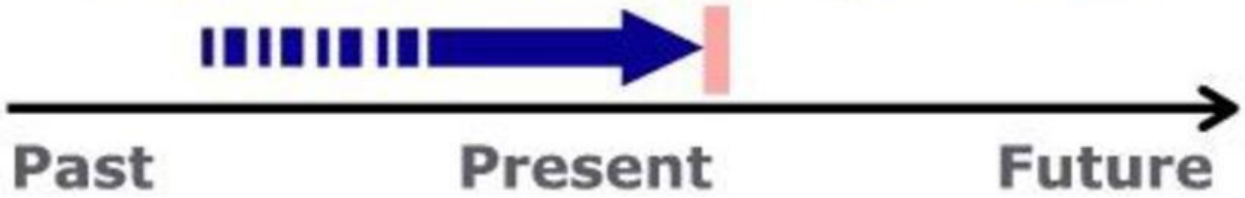
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INSTITUTO NACIONAL DE APRENDIZAJE / LEARNING UNIT # 1

MODULE 3: Desarrollo de procesos de comunicación en inglés a nivel intermedio.

Present Perfect Progressive



SHORTER TIME FRAMES

	Present Perfect	Present Perfect Progressive
Pattern	have / has + p.p. (past participle)	have / has + been + *-ing* verb
Use	• shows a finished past action • does not show when it occurred	• show a continuing action that started in the past, continues to the present, and will continue into the future
Diagram		
Time Markers	No time marker is needed, but for emphasis it is possible to use: • already • ever • yet • never • still	• for • since • all
Examples	• I **have read** *The Hobbit*. (I have finished reading it.) • She **has** already **written** her report. (She has finished writing it.)	• I **have been reading** *The Hobbit* all night. (I will continue to read it.) • She **has been writing** her report for two hours. (She will continue to write it.)



IMPORTANT MESSAGE

Shorter Time Frames

For shorter time frames (usually within one day), the present perfect progressive is the natural-sounding choice for a continuing action.

- My son **has been eating** for half an hour.
- They **have been writing** emails since 7:00 am.



For, Since & All

- *For* and *all* show the **duration** of an action.
- *Since* shows the **starting point** of an action.

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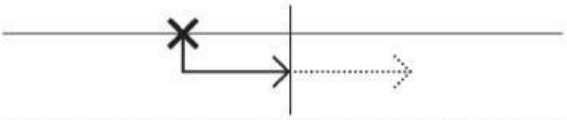
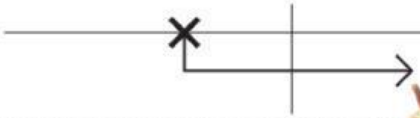
Present Perfect Vs. Present Perfect Progressive

Grammar & Usage



Continuing Actions

LONGER TIME FRAMES

	Present Perfect	Present Perfect Progressive
Pattern	have / has + p.p.	have / has + been + *-ing* verb
Use	shows an action that started in the past, continues to the present, and **may** continue into the future	shows an action that started in the past, continues to the present, and **will** continue into the future
Diagram		
Time Markers	• for • since • all	• for • since • all
Examples	• I **have studied** English for eight years. • He **has lived** in the same house since he was a child. • She **has talked** about her new job for days.	• I **have been studying** English for eight years. • He **has been living** in the same house since he was a child. • She **has been talking** about her new job for days.



Longer Time Frames

For longer time frames, the present perfect and the present perfect progressive have the same meaning. To emphasize that the action will continue into the future, use the present perfect progressive.

- I **have studied** English for two years. *(emphasis on the past to the present)*
- I **have been studying** English for two years. *(emphasis also on the future)*
- I **have lived** in Tokyo for 12 years. *(emphasis on the past to the present)*
- I **have been living** in Tokyo for 12 years. *(emphasis also on the future)*

For, Since & All

- *For* and *all* show the **duration** of an action.
- *Since* shows the **starting point** of an action.





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Conclusion & Exceptions

- ✓ *For short-term continuing actions (in the first chart), the -ing form is a lot more common.* For example, it sounds much better to say *He has been writing his report for two hours* than *He has written his report for two hours.*

- ✓ For longer time frames, the present perfect and present perfect progressive can be confusing because they are so similar. But in most cases, *there is no difference in meaning* between a long, continuing action using the present perfect and one using the present perfect progressive, so students can use whichever tense they want—both are likely correct.

- ✓ Students will undoubtedly ask you which tense is the better one to use for longer time frames. Point out that *native speakers usually prefer the present perfect because it is shorter*, but they will use the present perfect progressive when they really want to emphasize that an action will continue into the future.

- ✓ For instance, *native speakers would more likely say I have lived in Vancouver for five years than I have been living in Vancouver for five years, though both are correct.* In a job interview, though, when discussing their work experience, native speakers would likely say *I have been working with children for eight years* to emphasize that they will continue to do so (though, again, *I have worked with children for eight years* is also correct).



Present Perfect Progressive: Form

I / We / You / They	have	BEEN	working
He / She / It	has			

I / We / You / They	have	NOT	BEEN	working
He / She / It	has			

have	I / we / you / they	BEEN	working ?
has	he / she / it		

LIVEWORKSHEETS

4.1. Affirmative sentences in the *Present Perfect Progressive*

Long forms	Contracted forms
I **have been playing** handball.	I**'ve been playing** handball.
You **have been playing** handball.	You**'ve been playing** handball.
He **has been playing** handball.	He**'s been playing** handball.





Example Sentences in the Present Perfect Progressive Tense

Present Perfect Progressive

A Mary **has been studying** for 4 hours.



B Ted **has been digging** the garden.
He's covered in mud.



B Tom **has been painting** his house. His hair is all red.



A Janet **has been ironing** some shirts and jeans since 11pm.



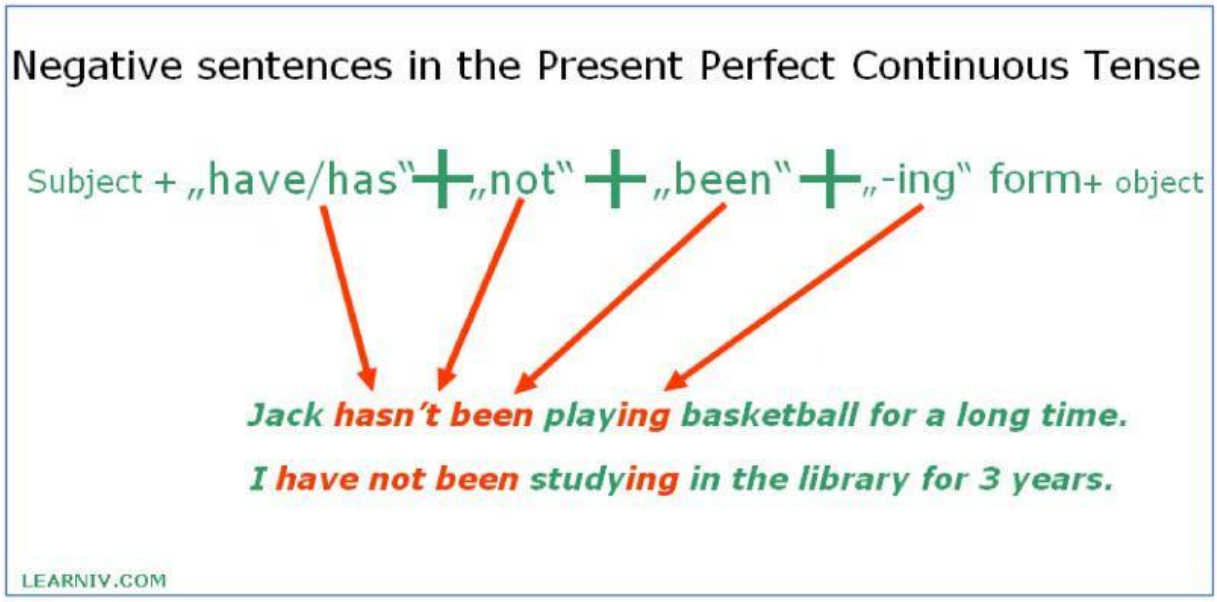
- *I have been studying **for** three hours.*
- *I have been watching TV **since** 7pm.*
- *Anton has been playing football **for** a long time.*
- *He has been living in Bangkok **since** he left school.*
- *I'm tired [now] because I**'ve been running***

LIVEWORKSHEETS

4.2. Negative sentences in the *Present Perfect Progressive*

Long forms	Contracted forms
I **have not been playing** handball.	I **haven't been playing** handball.
	I**'ve not been playing** handball.*
You **have not been playing** handball.	You **haven't been playing** handball.
	You**'ve not been playing** handball.*
He **has not been playing** handball.	He **hasn't been playing** handball.
	He**'s not been playing** handball.*

* This form is rarely used.



- *Tara hasn't been feeling well **for** two weeks.*
- *Mary hasn't been visiting us **since** March.*
- *We **have** not **been smoking**.*
- *You don't understand [now] because you **have**n't **been listening**.*
- They **have not (haven't) been playing** in the room.

LIVEWORKSHEETS

4.3. Questions in the *Present Perfect Progressive*

Long forms	Contracted forms
Have I **been playing** handball?	not possible
Have you **been playing** handball?	
Has he **been playing** handball?	

- *Have you been studying English?*
- *Has it been raining for three hours?*
- *Has she been teaching French since 2000?*
- *Has the baby been crying since he got up?*
- *Have you been listening to me?*



https://www.youtube.com/watch?v=iCzJN0g5NHQ



https://www.youtube.com/watch?v=yjoUAsOn7-o

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TUTORIAL

https://www.youtube.com/watch?v=iCzJN0g5NHQ&t=4s

PRESENT PERFECT CONTINUOUS QUESTIONS

INSTRUCTIONS

Discuss the following questions with your classmates. Make sure you develop your ideas and ask your own questions as well.

Questions about Work and Career:



1. How long have you been working at your current job?
2. Have you been thinking about changing careers recently?
3. What new skills have you been learning at work lately?
4. How long have your colleagues been using the new software?
5. Has your company been offering any training programs recently?
6. Have you been trying to get a promotion at work?
7. What kind of projects have you been working on at work?
8. Have you been receiving any feedback on your recent performance?
9. How long have you been attending meetings with your team?
10. Have you been applying for any jobs in other countries?

Questions about Education:



1. How long have you been preparing for the IELTS exam?
2. Have you been taking any extra classes to improve your English skills?
3. What subject have you been focusing on the most lately?
4. How long have you been studying at your current school or university?
5. Has your teacher been recommending any extra resources for study?

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6. How long have you been trying to improve your vocabulary?
7. Have you been preparing for any other exams recently?
8. What books have you been reading to improve your knowledge?
9. How long have you been practicing your English listening skills?
10. Have you been studying with friends or on your own?

Questions about Hobbies and Interests:



1. What hobbies have you been pursuing in your free time?
2. How long have you been playing that instrument?
3. Have you been working on any creative projects recently?
4. How long have you been practicing that sport?
5. Have you been learning any new skills or crafts lately?
6. What kind of music have you been listening to recently?
7. How long have you been doing yoga or meditation?
8. Have you been taking photography classes or working on your photography?
9. How long have you been collecting those items?
10. Have you been trying to improve your cooking skills?

Questions about Health and Fitness:



1. How long have you been following your current fitness routine?
2. Have you been trying to lose weight recently?
3. What kind of exercise have you been doing lately?
4. How long have you been working with a personal trainer?
5. Have you been eating healthier food recently?
6. How long have you been dealing with that health issue?
7. Have you been trying to lose weight in the last years?
8. What workouts have you been focusing on this month?
9. How long have you been taking care of your mental health?
10. Have you been trying any new sports or physical activities?

LIVEWORKSHEETS



AGAIN
LENNY KRAVITZ

I've been searching for you
I heard a cry within my soul
I've never had a yearning quite like this before
Know that you are walking right through my door

All of my life
Where have you been
I wonder if I'll ever see you again
And if that day comes
I know we could win
I wonder if I'll ever see you again

A sacred gift of heaven
For better worse, wherever
And I would never let somebody break you down
Until you cried, never

All of my life
Where have you been
I wonder if I'll ever see you again
And if that day comes
I know we could win
I wonder if I'll ever see you again

At every time I've always known
That you where there, upon your throne
A lonely queen without her king
I longed for you, my love forever

All of my life
Where have you been
I wonder if I'll ever see you again
And if that day comes
I know we could win
I wonder if I'll ever see you again

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All of my life
Where have you been
I wonder if I'll ever see you again
And if that day comes
I know we could win
I wonder if I'll ever see you again

All of my life
Where have you been
I wonder if I'll ever see you again
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