

Name: _____ Class: _____

LISTENING

1 [Track 5] Posłuchaj nagrania i zdecyduj, czy podane zdania są prawdziwe (P), czy fałszywe (F).

- 1 Charlie had a skateboarding accident. _____
- 2 It hurts when Charlie moves his leg. _____
- 3 Charlie shouldn't take any painkillers. _____
- 4 He shouldn't walk for a few days. _____
- 5 He can't watch the competition at the weekend. _____

_____ / 5

VOCABULARY

2 Uzupełnij wyrazy.

Have you got the flu?

- Have you got a high ⁰ temperature and a ¹ h _____?
- Do you ² c _____ and ³ s _____ a lot?
- Have you got a ⁴ s _____ throat?
- Have you have a ⁵ r _____ nose or a ⁶ b _____ nose?

What to do: Rest and visit your doctor!

_____ / 6

3 Popatrz na obrazki i uzupełnij wyrażenia słowami z ramki.

broken bruise burn cut bites

0



1



2



3



4

0 a broken leg

1 a _____

2 a _____

3 a _____

4 mosquito _____

_____ / 4

Name: _____ Class: _____

4 Wybierz poprawne odpowiedzi.

- 0 When you exercise, your muscles become / *blood becomes* bigger and stronger.
- 1 The *hearts* / *bones* in your legs and arms are the longest in your body.
- 2 The *bone* / *heart* is a big muscle and it beats about 100,000 times a day.
- 3 Do intelligent animals have a big *brain* / *blood*?
- 4 *Blood* / Bone is red and it goes to all parts of the body.

_____ / 4

GRAMMAR**5 Uzupełnij zdania, używając podanych wyrazów oraz *have to* w odpowiedniej formie.**

- 0 I / go / ✓
I have to go to bed early.
- 1 you / water / ✕
_____ the plants.
- 2 Phil / help / ?
_____ his mum at home?
- 3 Dad / make / ✓
_____ dinner tonight.
- 4 we / study / ?
_____ for a test?
- 5 Celia / take / ✕
_____ the bus to school.
- 6 what / you / do / ?
_____ this evening?

_____ / 6

6 Uzupełnij zdania, używając wyrazów podanych w nawiasach oraz *should* lub *shouldn't*.

- 0 In tropical countries, you should sleep (sleep) under a mosquito net.
- 1 '_____ (we / put) up our tent here?' 'Yes, you _____.'
- 2 You _____ (swim) in this lake. The water is very dirty.
- 3 You _____ (drink) a lot of water when it's hot and you
_____ (sit) in the sun.

_____ / 5

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SPEAKING

7 Dopasuj reakcje a–e do wypowiedzi 1–5.

A: I feel ill and I've got a temperature. B: f

A: What's the matter? B: _____

A: I've got a bad headache. B: _____

A: You should go to bed. B: _____

A: I've got toothache. B: _____

A: I've got a cut on my finger. B: _____

a) I have earache.

b) I think you should see the dentist.

c) Put a plaster on it.

d) That's a good idea.

e) Why don't you lie down?

f) ~~You should see a doctor.~~

_____ / 5

READING

8 Przeczytaj tekst i odpowiedz na pytania.

0 What's wrong with Marion's mum?

She's got the flu.

1 What does she drink?

2 When did Marion's dad eat too much?

3 What was Jon doing when he broke his arm?

4 Where is Marion's dad now?

5 What are Marion and Jon going to have for dinner?

_____ / 5

Hi Mike,

I'm having a terrible week. Poor Mum is ill. She's got the flu and she feels terrible. She had a temperature again today. She coughs all night and she's got a sore throat. I make her hot tea and orange juice so she can get well soon. Dad is feeling bad too. He hasn't got the flu, but he ate too much yesterday and now he's got a stomachache. And that's not all. My brother Jon has broken his arm. He was skateboarding with his friends when it happened. I'm sure he was doing something silly! So Mum is in bed, Dad is lying on the sofa in the living room and Jon is looking for painkillers.

It's seven o'clock now and I have to make dinner for me and Jon. Mum and Dad are too ill to cook. I'm going to make some mint tea for Dad because he shouldn't eat anything today. Mum ate some tomato soup and toast earlier today. Me and John are going to have spaghetti with tomato sauce. And after dinner I'm going to bed. I've got a headache!

Bye for now.

Marion

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WRITING

9 Przeczytaj zadanie i napisz tekst.

Write 70–80 words giving advice about how to keep healthy. Use questions 1–6 to help you.

- 1 How important is good health?
- 2 What should you eat and drink?
- 3 What shouldn't you eat and drink?
- 4 Why do you have to exercise?
- 5 What kind of exercise can you do?
- 6 How much should you sleep?

____ / 10

Total: ____ / 50