

Name: \_\_\_\_\_ Class: \_\_\_\_\_

## LISTENING

## 1 [Track 5] Posłuchaj nagrania i zdecyduj, czy podane zdania są prawdziwe (P), czy fałszywe (F).

- 1 Charlie's leg hurts. \_\_\_\_\_
- 2 He was taking part in a competition when he fell. \_\_\_\_\_
- 3 Charlie can't move his leg. \_\_\_\_\_
- 4 He should stay at home for a few days. \_\_\_\_\_
- 5 He shouldn't take part in the competition at the weekend. \_\_\_\_\_

\_\_\_\_\_/5

## VOCABULARY

## 2 Uzupełnij wyrazy.

## Have you got the flu?

- Have you got a high <sup>0</sup> *temperature* and a <sup>1</sup> **h** \_\_\_\_\_?
- Have you got a <sup>2</sup> **s** \_\_\_\_\_ throat?
- Have you got a <sup>3</sup> **r** \_\_\_\_\_ nose or a <sup>4</sup> **b** \_\_\_\_\_ nose?
- Do you <sup>5</sup> **s** \_\_\_\_\_ and <sup>6</sup> **c** \_\_\_\_\_ a lot?

What to do: Rest and visit your doctor

\_\_\_\_\_/6

## 3 Popatrz na obrazki i uzupełnij wyrażenia słowami z ramki.

broken bruise burn cut bites

0



1



2



3



4

0 a *broken* leg

1 a \_\_\_\_\_

2 mosquito \_\_\_\_\_

3 a \_\_\_\_\_

4 a \_\_\_\_\_

\_\_\_\_\_/4

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**4 Wybierz poprawne odpowiedzi.**

- 0 When you exercise, your muscles become / blood becomes bigger and stronger.
- 1 The heart / bone is a big muscle and it beats about 100,000 times a day.
- 2 The brain / Blood is red and it goes to all parts of the body.
- 3 The hearts / bones in your legs and arms are the longest in your body.
- 4 Do intelligent animals have a big brain / blood?

\_\_\_\_\_ / 4

**GRAMMAR****5 Uzupełnij zdania, używając podanych wyrazów oraz *have to* w odpowiedniej formie.**

- 0 I / go / ✓  
\_\_\_\_\_
- 1 I have to go to bed early.
- 2 we / water / ✗  
\_\_\_\_\_ the plants.
- 3 Dora / do / ?  
\_\_\_\_\_ a lot of chores?
- 4 Mum / work / ✓  
\_\_\_\_\_ on Saturdays.
- 5 they / study / ?  
\_\_\_\_\_ for a test?
- 6 John / walk / ✗  
\_\_\_\_\_ to school.
- 7 where / you / go / ?  
\_\_\_\_\_ today?

\_\_\_\_\_ / 6

**6 Uzupełnij zdania, używając wyrazów podanych w nawiasach oraz *should* lub *shouldn't*.**

- 0 In tropical countries, you should sleep (sleep) under a mosquito net.
- 1 You \_\_\_\_\_ (drink) a lot of water when it's hot.
- 2 You \_\_\_\_\_ (go) swimming in this river. The water is very dirty.
- 3 '\_\_\_\_\_ (I / leave) the rubbish here?' 'No, you \_\_\_\_\_.'
- 4 You \_\_\_\_\_ (put) up your tent in a safe place.

\_\_\_\_\_ / 5

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## SPEAKING

## 7 Dopasuj reakcje a–e do wypowiedzi 1–5.

- |   |   |             |  |
|---|---|-------------|--|
| 0 | A: I feel ill and I've got a temperature. | B: <i>f</i> | a) I have a terrible headache.                 |
| 1 | A: You should go to bed.                  | B: _____    | b) Put some cream on it.                       |
| 2 | A: I've got a stomachache.                | B: _____    | c) That's a good idea.                         |
| 3 | A: What's the matter?                     | B: _____    | d) You should drink some mint tea.             |
| 4 | A: I've got a burn on my hand.            | B: _____    | e) Why don't you lie down?                     |
| 5 | A: I've got a headache.                   | B: _____    | f) <del>I think you should see a doctor.</del> |

\_\_\_\_\_ / 5

## READING

## 8 Przeczytaj tekst i odpowiedz na pytania.

- |   |   |                           |
|---|---|---------------------------|
| 0 | What's wrong with Marion's mum?           | <u>She's got the flu.</u> |
| 1 | What does she do at night?                | _____                     |
| 2 | How did Marion's dad get sick?            | _____                     |
| 3 | What happened to Jon?                     | _____                     |
| 4 | Where is Marion's mum now?                | _____                     |
| 5 | What is Marion going to make for her dad? | _____                     |

\_\_\_\_\_ / 5

Hi Mike,

I'm having a terrible week. Poor Mum is ill. She's got the flu and she feels terrible. She had a temperature again today. She coughs all night and she's got a sore throat. I make her hot tea and orange juice so she can get well soon. Dad is feeling bad too. He hasn't got the flu, but he ate too much yesterday and now he's got a stomachache. And that's not all. My brother Jon has broken his arm. He was skateboarding with his friends when it happened. I'm sure he was doing something silly! So Mum is in bed, Dad is lying on the sofa in the living room and Jon is looking for painkillers.

It's seven o'clock now and I have to make dinner for me and Jon. Mum and Dad are too ill to cook. I'm going to make some mint tea for Dad because he shouldn't eat anything today. Mum ate some tomato soup and toast earlier today. Me and John are going to have spaghetti with tomato sauce. And after dinner I'm going to bed. I've got a headache!

Bye for now.

Marion

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## WRITING

**9 Przeczytaj zadanie i napisz tekst.**

Write 70–80 words giving advice about how to keep healthy. Use questions 1–6 to help you.

- 1 How important is good health?
- 2 What should you eat and drink?
- 3 What shouldn't you eat and drink?
- 4 Why do you have to exercise?
- 5 What kind of exercise can you do?
- 6 How much should you sleep?

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