



1. Вы услышите сообщение. Для каждого предложения А–Е выберите один правильный вариант ответа из четырёх предложенных (1, 2, 3 или 4). Вы услышите запись дважды. При повторном прослушивании проверьте себя.

**A. The Children's Centre offers programmes for ...**

- 1) primary school children.
- 2) pre-schoolers.
- 3) teenagers.
- 4) children of all ages.

**B. Children spend ... in the centre.**

- 1) several hours.
- 2) half a day.
- 3) a full day.
- 4) a weekend.

**C. Choose the true sentence.**

- 1) The activities are chosen according to children's level of development.
- 2) The staff is young and this is their chance to gain experience.
- 3) Children can learn to save the environment in the centre.
- 4) Each child should be interested in development.

**D. Together with learning children can ... in the centre.**

- 1) find a new hobby.
- 2) go swimming.
- 3) play sport games.
- 4) make friends.

**E. The centre helps children ...**

- 1) become dynamic.
- 2) gain success.
- 3) develop talents.
- 4) learn about great adventures.

**Запишите в таблицу выбранные цифры под соответствующими буквами**

A	B	C	D	E

2. Прочтайте текст. Для каждого предложения А–Е выберите один правильный вариант ответа из четырёх предложенных (1, 2, 3 или 4).

**Any Role Is Important**

Fred had always been the kind of guy who preferred chilling with his friends over being the center of attention, so when the drama teacher announced auditions for a school play, he felt a wave of panic wash over him. The thought of standing on stage in the spotlight with everyone watching his every move made him want to hide under his bed instead of being in the centre of attention. The idea of acting, especially in front of a crowd, seemed more terrifying than fun. Deep down, though, there was a little part of him that wondered if maybe, just maybe, he could surprise himself.

As the audition day came, Fred became more nervous. His friends were excited and full of ideas about roles they wanted to play, while he stood there, keeping his hands in the pockets, doubting his decision to come at all. Then it was finally his turn. Fred's heart raced like it was about to jump out of his chest as he entered the audition room, the eyes of the casting committee members glared at him. He mumbled his lines, each word feeling heavier than the last, and it was no surprise when he felt a flush of embarrassment wash over him was leaving.

After the auditions were over, Fred was relieved that it was all done, but a part of him couldn't shake the feeling that he had missed something special. He watched as his friends celebrated their roles, filled with excitement for the upcoming rehearsals. Fred felt regret for not pushing himself to step out of his comfort zone and let his fear take the wheel.

A few days later, as he sat in the cafeteria listening to his friends discuss their characters, Fred realized that perhaps it wasn't too late to be involved in the drama club, only in a different way. Instead of acting, he could help with set design or lighting, something that kept him behind the scenes but still part of the amazing experience. With a newfound determination, Fred decided to step forward and take his own space in the world of theatre, proving that sometimes participating in something can be just as fulfilling, regardless of whether you're in the spotlight or not.

**A. Choose the true sentence.**

- 1) He was excited about auditions and eager to perform.
- 2) He was indifferent and didn't care about the auditions.
- 3) He felt a wave of panic and wanted to hide.
- 4) He was confident and prepared to shine on stage.

**B. During his audition Fred felt ...**

- 1) calm and collected.
- 2) nervous and embarrassed.
- 3) happy and enthusiastic.
- 4) excited and ready to perform.

**C. After the auditions were over Fred regretted ...**

- 1) that he hadn't sung a song.
- 2) that he had forgotten his lines.
- 3) that he hadn't tried out for a different role.
- 4) that he hadn't pushed himself to step out of his comfort zone

**D. Fred came up with an idea to ...**

- 1) become a director of the play.
- 2) become an actor in a different play.
- 3) help with set design or lighting.
- 4) play the lead role next time.

**E. By the end of the story Fred realized that ...**

- 1) participation in any role could be satisfying.
- 2) being in the spotlight was the only way to enjoy theatre.
- 3) auditions were not worth the stress.
- 4) only the best actors deserved to be in a play.

**Запишите в таблицу выбранные цифры под соответствующими буквами**

A	B	C	D	E

**Прочтите приведённый ниже текст. Преобразуйте, если необходимо, слова, напечатанные заглавными буквами в конце строк с пропусками, обозначенными буквами A–E, так, чтобы они грамматически соответствовали содержанию текста. Впишите полученные слова на места пропусков разборчивым почерком.**

### A Plant-based Diet

Following a diet consisting of plant foods only can have a profound effect on the body and mind, especially on teenagers who **A** \_\_\_\_\_ and developing. On the positive side, a well-planned plant-based diet rich in fruits, vegetables, whole grains, nuts and seeds can bring many health benefits, **B** \_\_\_\_\_ increased energy levels, improved digestion and reduced risk of chronic diseases.

GROW

However, if you eat incorrectly, this type of diet can also lead to a deficiency of nutrients, especially vitamin B12, iron and omega-3 fatty acids, which **C** \_\_\_\_\_ in animal products. Teenagers may experience fatigue, weakness or even problems concentrating if their diet **D** \_\_\_\_\_ essential nutrients.

INCLUDE

FIND

LACK

Ultimately, switching to a plant-based lifestyle may be a worth choice, but it is extremely important for young eaters to educate **E** \_\_\_\_\_ and make sure that they receive all the necessary nutrients to maintain an active lifestyle and overall well-being.

THEY

**Вы получили электронное письмо от Вашей подруги по переписке Эллы из Великобритании.**

**Ниже приведён отрывок из этого письма.**

**From:** Ella@mail.uk

**To:** Russian\_friend@mail.ru

**Subject: School Tests**

... Tomorrow we are having a final test for the semester. Honestly, I feel difficulty to remember all the facts and formulas.

Is it easy to study for you? How many hours do you spend revising for school tests? What can you recommend me?

**Напишите ей ответное письмо объёмом 90–110 слов, ответьте на три её вопросы.**

**Оформите свой ответ в соответствии с правилами оформления письма. Не пишите адрес и дату. Не забудьте поблагодарить подругу за полученное письмо.**

**From:** Russian\_friend@mail.ru

**To:** Ella@mail.uk

**Subject: School Tests**