

Name: _____ Class: _____



UNIT 3: MUSIC

The Power of Music

Music is a universal language that connects people across cultures and generations. It has been an essential part of human life for thousands of years, serving many purposes. People listen to music for entertainment, relaxation, and even healing. Scientists have discovered that music can influence emotions, reduce stress, and improve memory.

Different types of music can have different effects. Classical music is often linked to relaxation and concentration, while fast-paced music, such as rock or pop, can boost energy and motivation. Many students find that listening to instrumental music helps them focus while studying.

Music also plays a significant role in social events. It brings people together at concerts, festivals, and celebrations. National anthems, wedding songs, and even lullabies have special meanings in different cultures. Musicians use their songs to express emotions, tell stories, or spread important messages about society.

Technology has changed the way we listen to music. In the past, people enjoyed live performances or played records. Today, streaming services allow instant access to millions of songs. Music continues to evolve, blending different styles and genres. No matter the form, music remains a powerful tool for communication and self-expression.



Task 1: Matching Words with Definitions

1. universal

A. A strong feeling like happiness or sadness

2. emotion

B. The ability to focus on a task

3. relaxation

C. Category of music with a specific style

4. concentration

D. Something that applies to everyone

5. genre

E. The state of being calm and free from stress





Task 2: True or False Statements

1. National anthems represent a country's identity and unity.	
2. Music has no effect on people's emotions.	
3. Musicians only write songs for entertainment.	
4. Fast-paced music can boost energy and motivation.	
5. Music does not change over time.	





Task 3: Multiple choices questions

1. What are three common purposes of music?

- A. Entertainment, relaxation, healing
- B. Eating, sleeping, and working
- C. Traveling, exercising, dancing
- D. Writing, drawing, painting

2. How does classical music affect people?

- A. It makes them sleepy
- B. It helps with relaxation and concentration
- C. It causes stress
- D. It increases heart rate

3. Why do students listen to instrumental music while studying?

- A. It distracts them
- B. It makes them bored
- C. It helps them focus
- D. It makes studying harder

4. How does music bring people together?

- A. By encouraging them to stay alone
- B. Through concerts, festivals, and celebrations
- C. By making them stop talking
- D. By keeping people silent

5. How has technology changed the way we listen to music?

- A. People now use streaming services
- B. People only listen to live performances
- C. People can only listen on CDs
- D. People don't listen to music anymore

