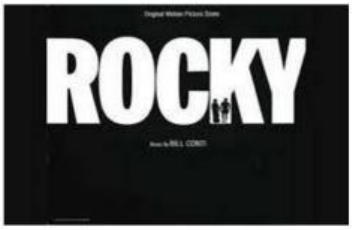


Task

You are going to listen to the music of Rocky and think about the ways music can be used to portray a key theme or idea within a movie.
You will learn to play a part of the theme on a classroom instrument, using appropriate fingering and technique.

Key skills

Listening and responding to music.
Teamwork – discussing musical features in pairs & as a class
Performance skills and appropriate technique

The movie Rocky is about a struggling, unknown boxer named Rocky Balboa who gets a chance to fight the heavyweight champion, Apollo Creed. Through hard work and determination, Rocky proves that he's more than just an underdog, showing that with grit and heart, anyone can fight for their dreams.

The main theme of the Rocky movie is about overcoming obstacles and never giving up, no matter how tough life gets. It's about believing in yourself, working hard, and fighting for your dreams, even when the odds are against you. The movie shows how determination, courage, and perseverance can lead to success, both inside and outside the boxing ring.

- Watch the movie montage featuring this iconic music
- Watch an orchestra play the theme

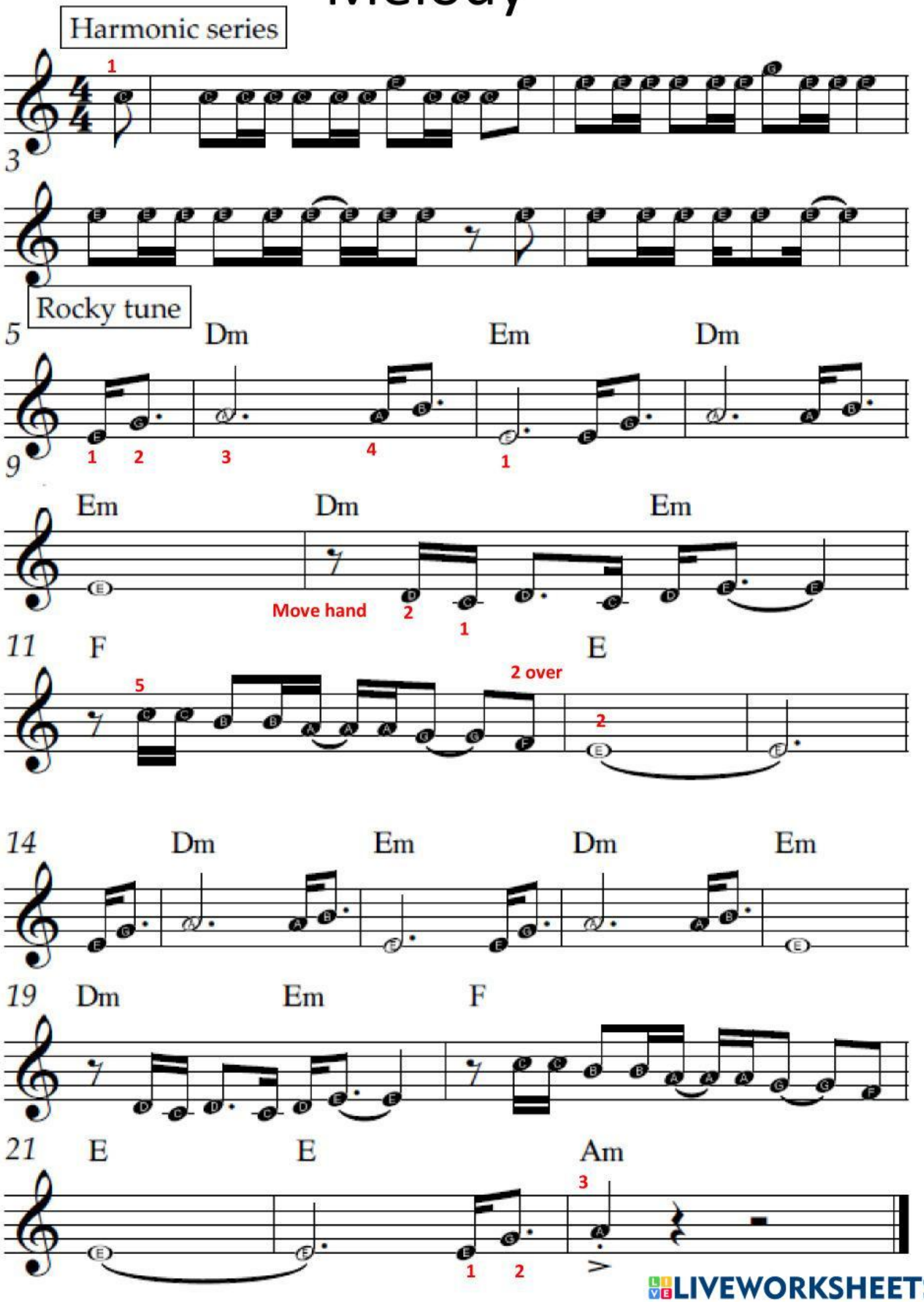
In pairs, discuss and write down how the composer, Bill Conti use the music to portray Rocky's journey from being a nobody to becoming a champion; about overcoming challenges & winning?

- Watch a clip of the composer talking about creating the Rocky theme

LIVEWORKSHEETS

Theme from Rocky – Gonna Fly Now

Melody



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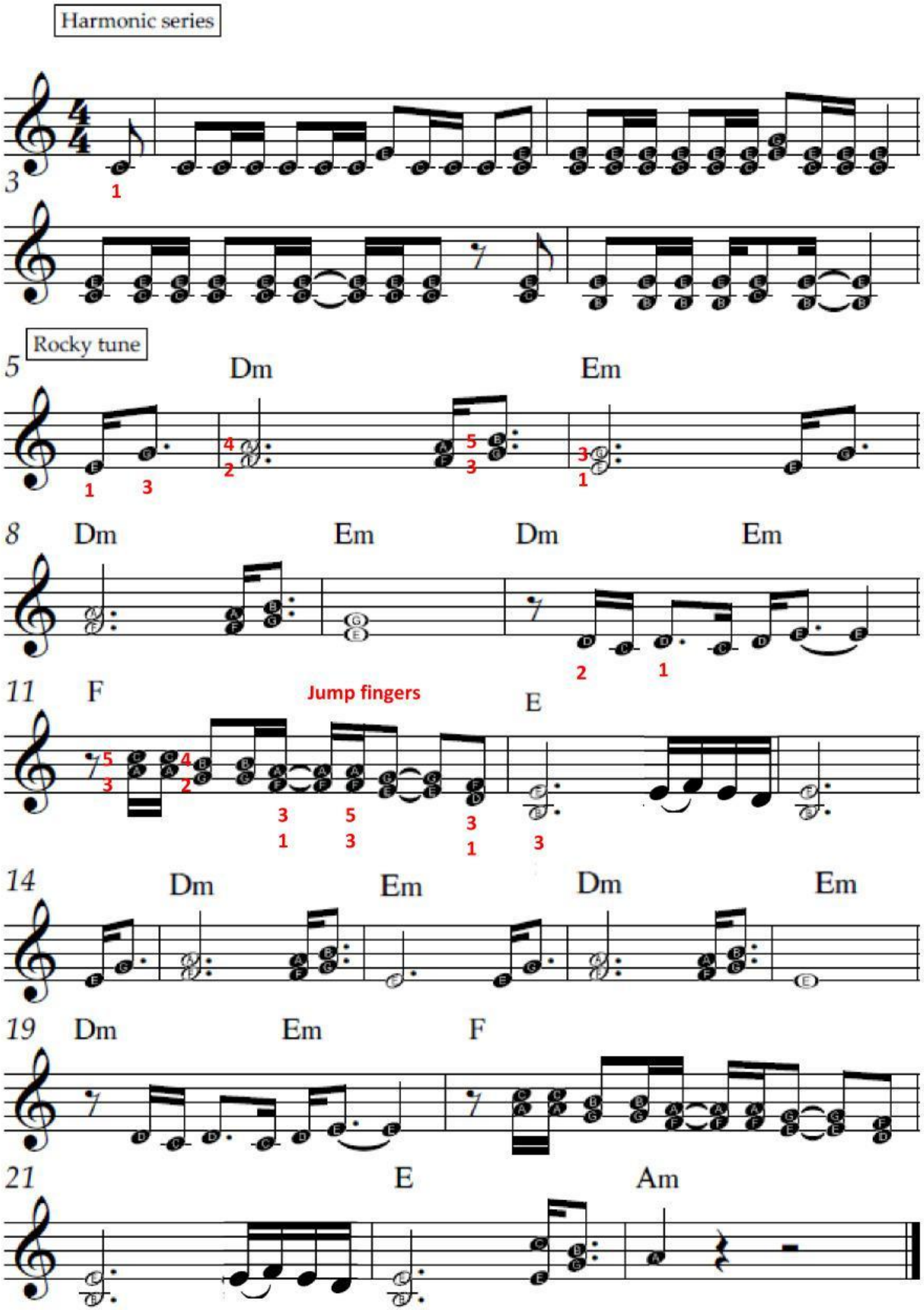
Melody with harmony



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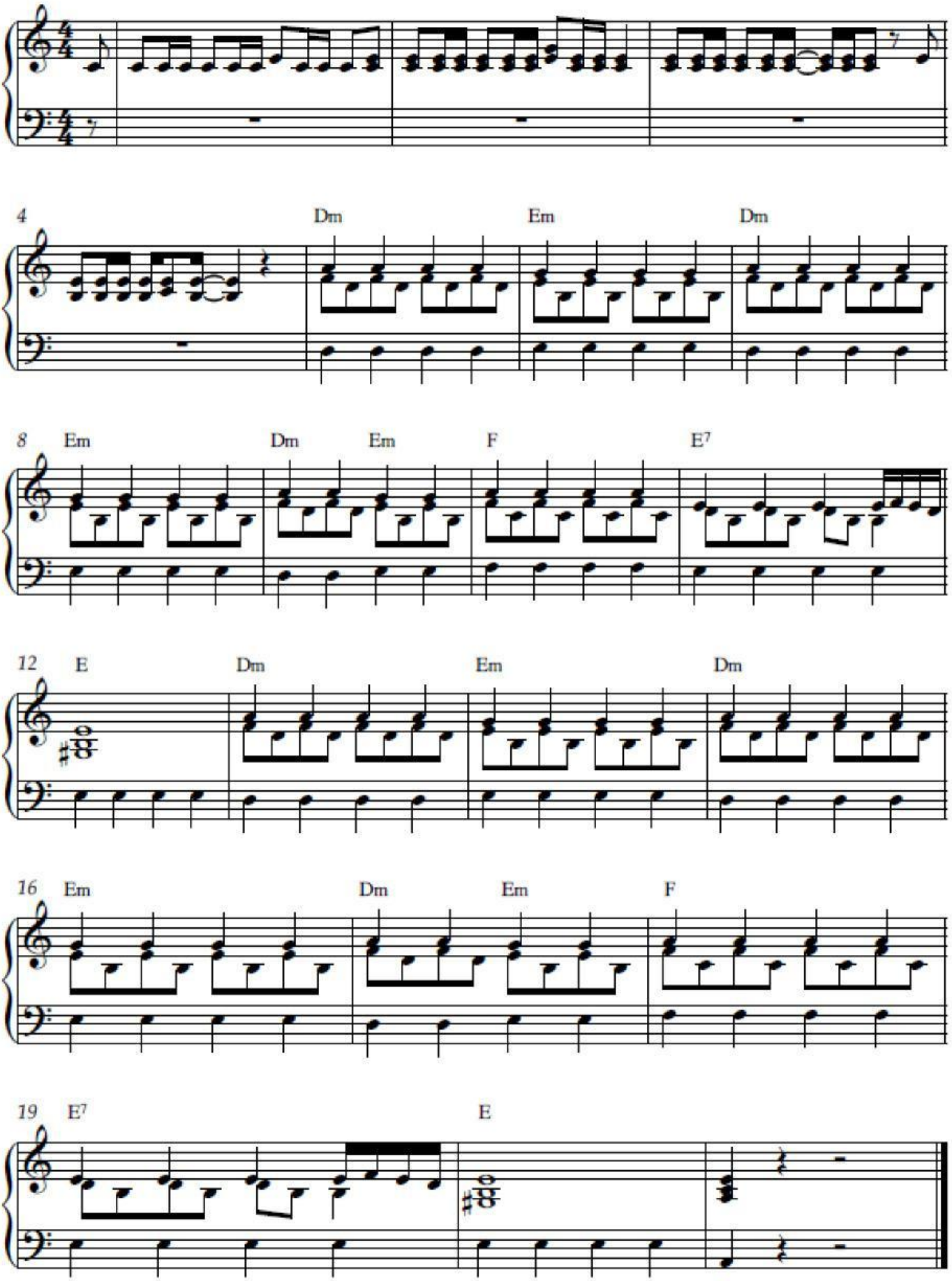
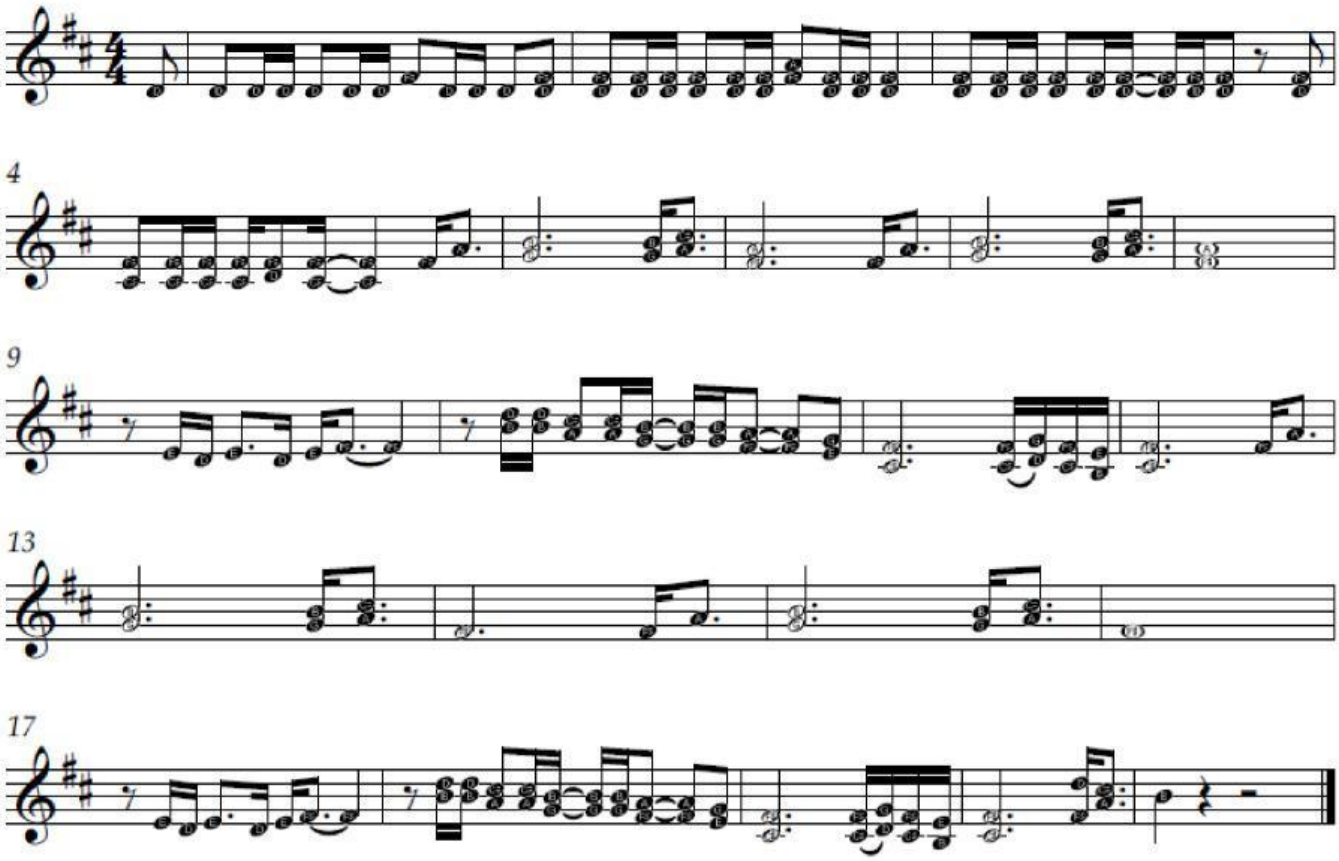
Piano

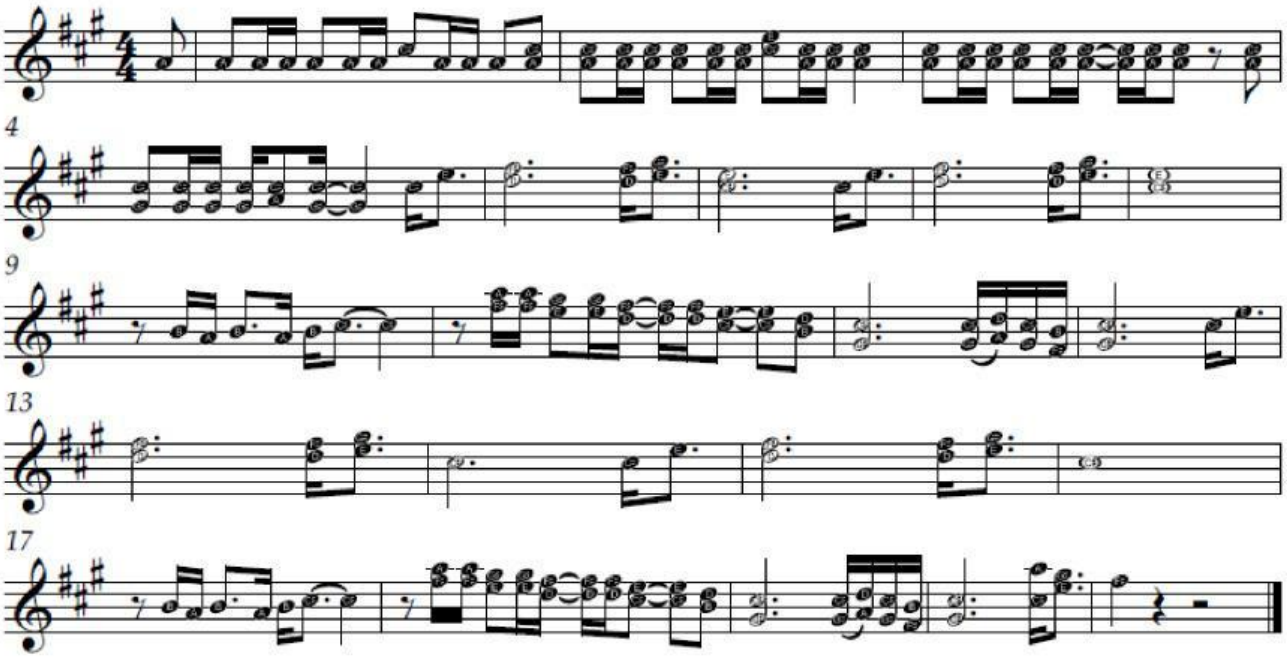


LIVEWORKSHEETS

Bb part



Eb part



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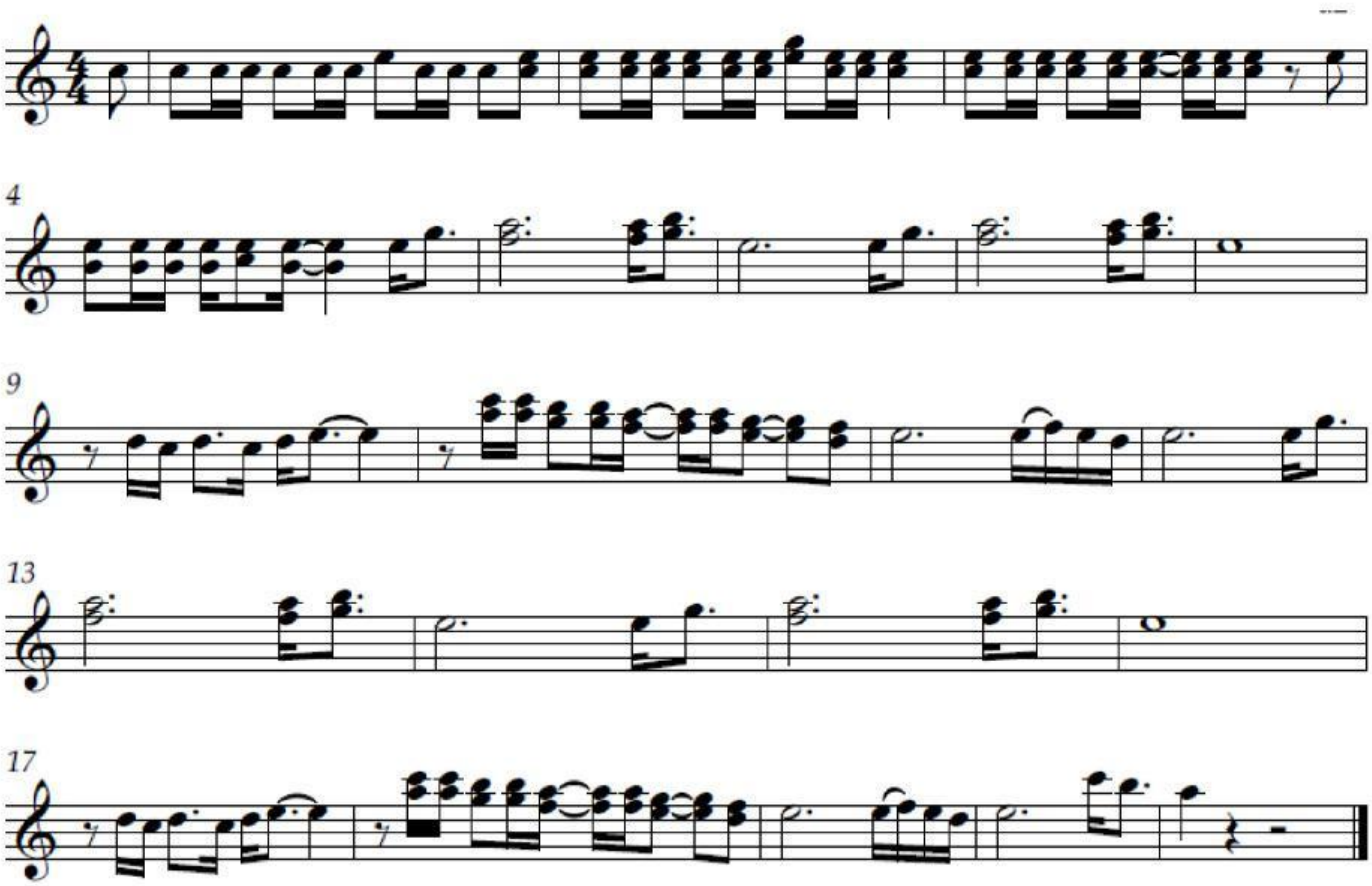
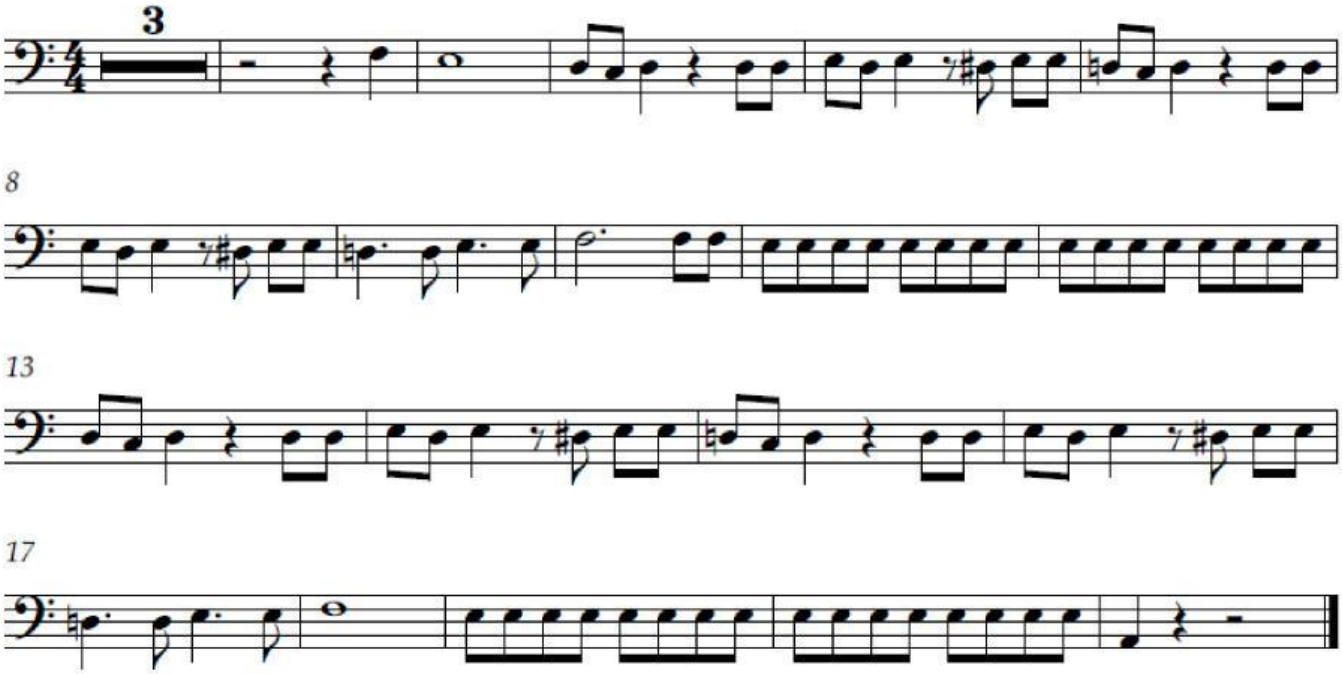
Flute / Violin part



Bass part



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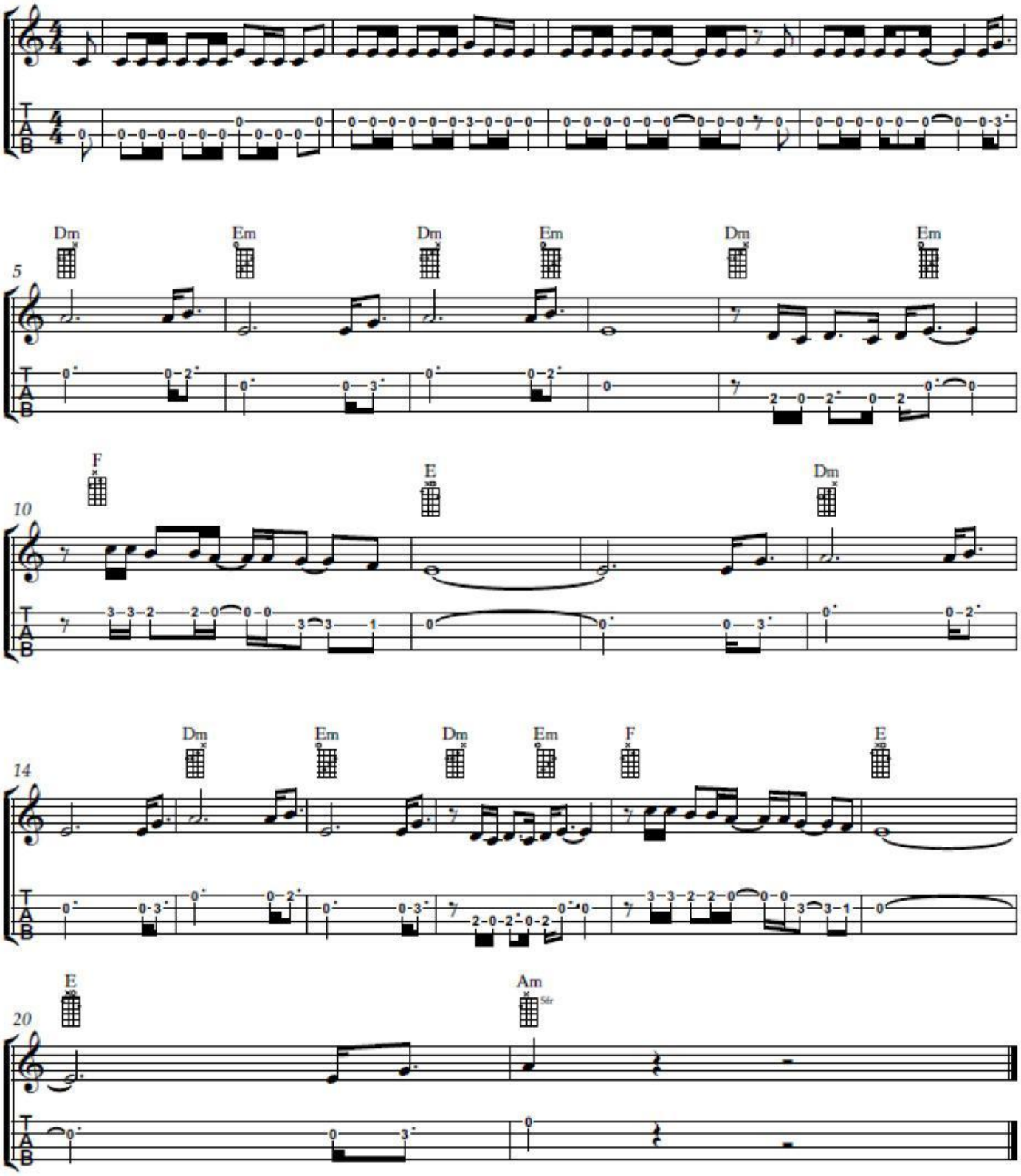
Ukulele



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