

Name:

Class:

# THE POWER OF MUSIC

Music is a universal language that connects people across different cultures and generations. It has been a part of human life for thousands of years, used in ceremonies, celebrations, and even to express emotions. People listen to music when they are happy, sad, or need motivation. Scientists have found that music can influence our mood and even improve our memory.

One of the most fascinating aspects of music is its ability to bring people together. Concerts, festivals, and music events allow individuals to share their love for songs and artists. Many people feel a strong emotional connection to certain types of music, such as classical, rock, jazz, or pop. Different genres of music can evoke different feelings—classical music can be calming, while rock music is often energetic.

Music is also important in education. Many studies show that learning to play an instrument can help students develop discipline, patience, and creativity. It improves concentration and teaches problem-solving skills. Schools often encourage students to join music clubs or bands to enhance their teamwork and coordination.

In addition to personal benefits, music is used in therapy to help people with mental health issues. Listening to calming melodies can reduce stress and anxiety, while rhythmic beats can help people focus. Music therapy is even used to assist patients recovering from illnesses.

In today's digital age, music is more accessible than ever. With streaming platforms and online videos, people can enjoy their favorite songs anytime, anywhere. No matter where you are in the world, music remains a powerful force that unites, heals, and inspires.



**Match the words from the passage with their correct definitions.**

1.Ceremony

2.Genre

3.Concentration

4.Therapy

5.Accessible

a) A treatment used to help people feel better physically or emotionally

b) A formal event often held for special occasions

c) The ability to focus on something without being distracted

d) A style or category of music, literature, or art

e) Easy to reach or available to many people

**Decide if the statement is TRUE or FALSE**

1.Music has been a part of human life for only a few centuries.

True / False

2.Different types of music can create different emotions.

True / False

3.Learning to play an instrument can help students develop problem-solving skills.

True / False

4.Music therapy is not useful for people with mental health problems.

True / False

5.Music is difficult to access in the modern world.

True / False

**Choose the best option for each questions:**

**1) What is one way music benefits students?**

- a) It makes them better at math
- b) It improves their concentration and creativity
- c) It helps them become famous
- d) It makes them listen to the same songs repeatedly

**2) Why do people attend concerts and festivals?**

- a) To sleep while listening to music
- b) To share their love for music and artists
- c) To study music theory
- d) To learn how to play an instrument

**3) How does classical music usually make people feel?**

- a) Energetic
- b) Anxious
- c) Calm
- d) Angry

**4) What is one purpose of music therapy?**

- a) To make people dance
- b) To increase anxiety
- c) To help people reduce stress and recover from illnesses
- d) To stop people from listening to music

**5) How has digital technology changed the way people listen to music?**

- a) It makes music difficult to find
- b) It helps people listen to music anywhere and anytime
- c) It prevents people from listening to different genres
- d) It stops people from attending concerts