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I always eat breakfast.

1 Write the names of the foods.

Fruit

1. blueberries
2. _____
3. _____
4. _____

Vegetables

5. _____
6. _____
7. _____
8. _____

Grains

9. _____
10. _____
11. _____
12. _____

Dairy

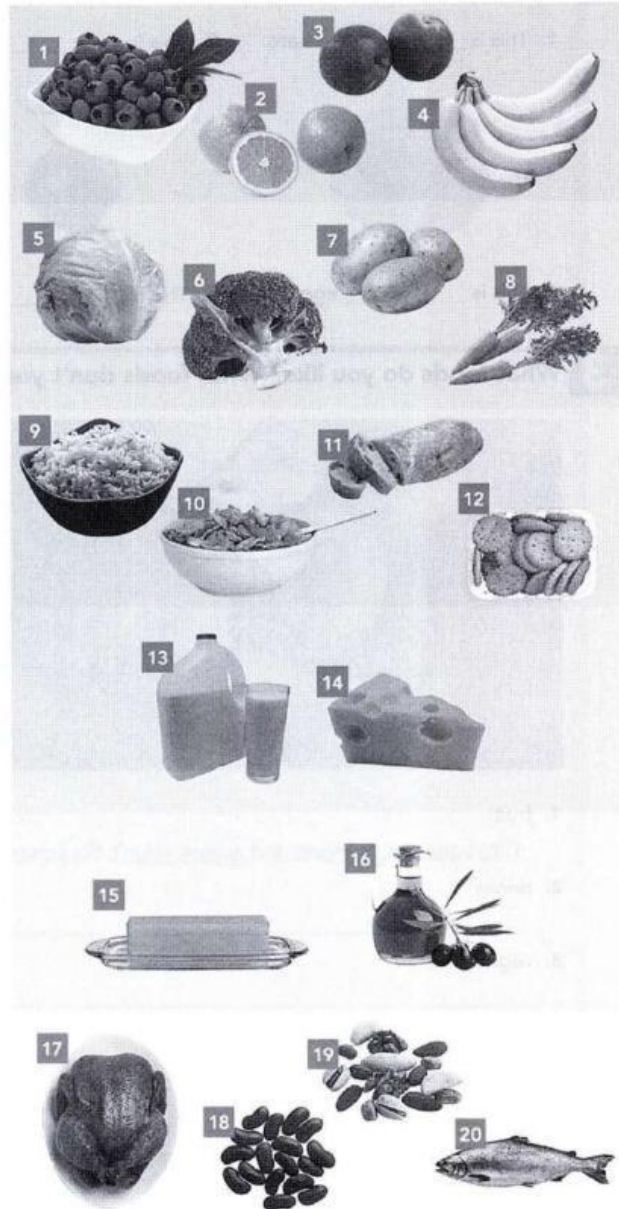
13. _____
14. _____

Fats and oils

15. _____
16. _____

Meat and other proteins

17. _____
18. _____
19. _____
20. _____



2 Complete the sentences with the articles *a* or *an*. If you don't need an article, write \emptyset .



1. This is a tomato.



2. This is yogurt.



3. This is potato.



4. This is egg.

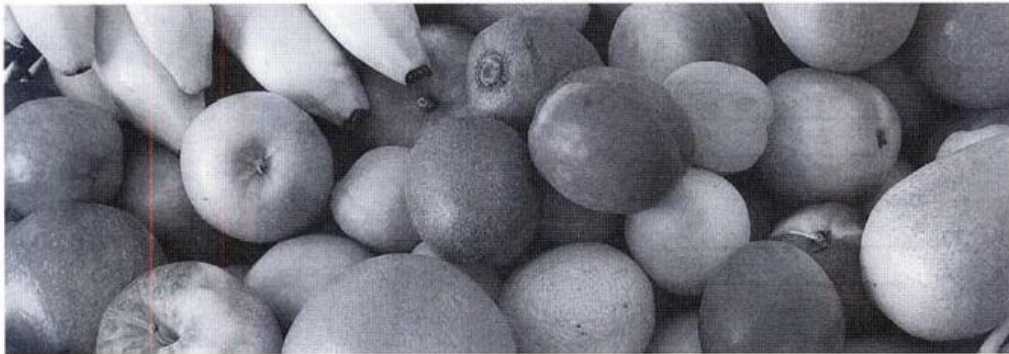


5. This is onion.



6. This is rice

3 What foods do you like? What foods don't you like? Write sentences.



1. fruit

I like bananas, oranges, and apples. I don't like lemons.

2. drinks

3. vegetables

4. meat and other proteins

5. dairy

6. grains

4 Complete the conversations with some or any.

1. A: What do you eat for lunch?

B: Well, I usually have some noodles in broth.

A: That sounds good. Do you have any vegetables?

B: No, I don't eat any vegetables for lunch.

A: Really? Do you have anything else?

B: Well, I usually have some fruit – grapes or strawberries, but I don't eat any dessert.

A: Do you drink anything with your lunch?

B: I always have some water and coffee. I don't put any milk in my coffee, but I like some sugar in it.



2. A: What do you want for dinner?

B: Let's make some chicken soup.

A: Good idea. Do we have any chicken?

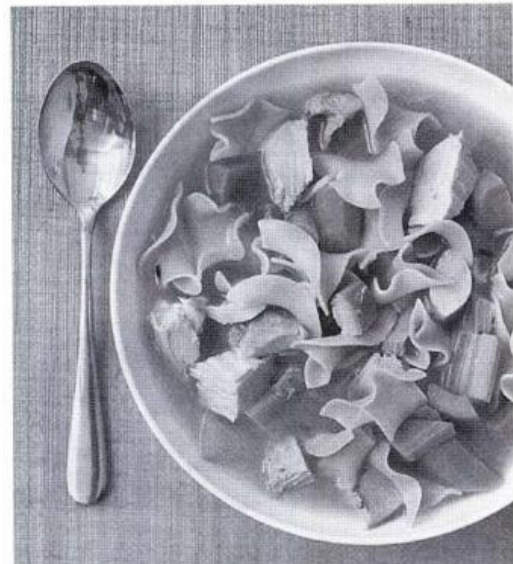
B: Yes, we have some chicken, but we don't have any vegetables. Let's get some celery and onions.

A: OK. Do we need any pasta for the soup?

B: Yes, let's get some pasta. Oh, and some garlic, too.

A: Great. We have some salt and pepper, so we don't need any spices.

B: Yeah, but let's get some bread. And some crackers, too.



5 What do you need to make these foods? What don't you need? Write sentences.



1. meatloaf

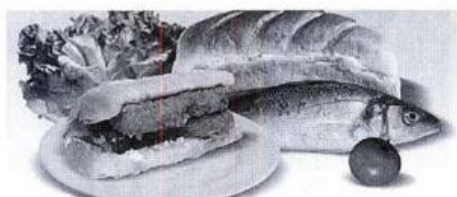
You need some beef, crackers, eggs,
and onions. You don't need
any oranges.



2. a vegetable salad



3. spaghetti



4. a fish sandwich



5. a fruit salad



6. your favorite food

6 Food habits

A Put the adverbs in the correct places.

1. In Japan, people have fish for breakfast. (sometimes)
In Japan, people sometimes have fish for breakfast.
2. In Canada, people have salad for breakfast. (hardly ever)

3. Some people in South Korea eat pickled vegetables for breakfast. (always)

4. Americans put cream in their coffee. (often)

5. Brazilians make drinks with fruit. (often)

6. In England, people put milk in their tea. (usually)

7. Some people in Mexico eat pasta. (never)

8. In China, people put sugar in their tea. (hardly ever)



B Rewrite the sentences in part A. Use your own information.

1. In Japan, people sometimes have fish for breakfast.
I hardly ever have fish for breakfast. /
I sometimes have cereal for breakfast.
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____



I always eat breakfast. **53**

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How often do you have these things for lunch? Write sentences.
Use the adverbs in the box.

always hardly ever never often sometimes usually

1. cheese I hardly ever have cheese for lunch.
2. pasta _____
3. coffee _____
4. eggs _____
5. beef _____
6. rice _____
7. beans _____
8. salad _____

8

Answer the questions with your own information.



1. What's your favorite restaurant?

2. What do you usually have for dinner?

3. Do you ever cook?

4. What's your favorite kind of food?

5. What's your favorite snack?
