

Use the Present Perfect Simple or the Present Perfect Continuous to speak about states or actions up to now with *for* and *since*.

1. He _____ (to fix) the car since yesterday afternoon.
2. We _____ (to clean) the garage for hours.
3. She _____ (to have) a fear of heights since she was a teenager.
4. He _____ (to be) fluent in French for many years.
5. She _____ (to paint) the house since early morning.
6. I _____ (to want) to leave since we came here.
7. He _____ (to write) his novel since last month.
8. – How long _____ you _____ (to know) them? – I _____ (to know) them for 11 years.
9. He _____ (to own) this car for several years.
10. She _____ (to cook) dinner for the family since she got home.
11. We _____ (to hike) in the mountains for several hours.
12. They _____ (to discuss) the project since the meeting began.
13. Miranda _____ (to have) passion for music since she was little.
14. I _____ (to be) hungry for an hour.
15. We _____ (to wait) for the bus for half an hour.
16. They _____ (to watch) YouTube for hours.
17. I _____ (to need) your help for a week.
18. She _____ (to be) overweight since school.
19. They _____ (to study) for their exams all week.
20. She _____ (to be) passionate about animal rights for as long as I can remember.