어휘 리스트 Lesson 1. Getting to Know Yourself

쪽	어휘	뜻	영영 뜻풀이/예문
17	slam	v. 쾅 닫다	to forcefully and loudly close something
			He slammed the door loudly because he was angry.
17	attitude	n. 태도	a way of feeling or thinking that is shown in one's actions and behavior
			Her positive attitude helps her make many friends.
17	adolescent	adj. 청소년(기)의	being or involving the period when a child develops into an adult
			The adolescent boy spends hours playing video games.
17	independence	n. 독립, 자립	the state of being free from the control or support of others
			She enjoys her independence after moving out alone.
17	engagement	n. 참여	the act or state of being involved with something
			Her engagement in class discussions helps her learn better.
17	sensitive	adj. 민감한	easily upset, offended, or hurt emotionally
			He is very sensitive to loud noises and bright lights.
17	unfairness	n. 불공평	the fact of not treating people equally or not being morally correct
			She felt the unfairness when her brother got extra candy.
17	significantly	adv. (영향을 주거나 두드러질 정도로) 상당히, 크게	in a way that is notable or meaningful enough to make a difference to the situation
			His math skills improved significantly after daily practice.
17	affect	v. 영향을 미치다	to produce a change or effect in someone or something
			The cold weather can affect your mood and energy.
17	combination	n. 조합	the result or product of joining multiple things together
			The combination of red and blue makes purple.
17	factor	n. 요인	a fact or situation that causes or influences a result
			Hard work is an important factor in success.
17	intensify	v. 심화시키다, 강화하다	to become or make greater in strength, amount, or degree
			The strong wind intensified before the big storm.
18	resolve	v. 해결하다	to find a solution to a difficulty or problem
			They resolved their argument by talking calmly together.
18	conflict	n. 갈등	a serious argument or disagreement between people or groups
			The two friends had a conflict over a toy.
18	manage	v. 다루다	to successfully deal with or maintain control over someone or something
			He manages his time well by making a schedule.

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18	aggressive	adj. 공격적인	behaving in an unfriendly and threatening way and showing a willingness to attack
			The dog became aggressive when it saw a stranger.
18	violent	adj. 폭력적인	using or involving physical force to hurt or kill someone or something
			The violent storm knocked down many trees.
18	productive	adj. 생산적인	producing or able to produce good results, benefits, or profits
			She had a productive day and finished all her work.
18	direct	v. ~로 향하다[겨냥하다]	to aim something at a certain person or thing or in a certain direction
			He directed the flashlight toward the dark cave.
18	in particular	phrase 특히	especially or specifically
			I like fruits, in particular, sweet strawberries.
19	appropriate	adj. 적절한	suitable for a particular purpose or situation
			Shorts are not appropriate for a winter day.
19	recognize	v. ~를 인식하다	to know someone or something due to previous knowledge or experience
			I recognize her face, but I forgot her name.
19	physical	adj. 육체의, 신체의	of or involving the body rather than the mind
			Running is a good physical exercise for your body.
19	in advance	phrase 미리, 사전에	before a certain time; ahead of time
			We booked our hotel in advance to get a discount.
19	flushed	adj. 빨간, 상기된	having become red and hot, often due to sickness or strong emotion
			Her face was flushed red after running fast.
19	clench	v. 꽉 쥐다	to hold or close something tightly, especially when angry or determined
			He clenched his fists when he got very angry.
19	fist	n. 주먹	a closed hand, with the fingers tightly held in
			He raised his fist to show his determination.
19	organize	v. 정리하다	to arrange into a certain order or structure
			Let's organize the books by color on the shelf.
20	cope	v. 대처하다	to successfully and effectively deal with something difficult
			She copes with stress by listening to music.
20	strategy	n. 전략	a plan of action for achieving a certain goal or purpose
			We need a new strategy to win the game.
20	mention	v. 언급하다	to talk about or refer to someone or something, especially without giving much information
			He mentioned my name in his speech yesterday.
20	verbally	adv. 말로, 언어로	through spoken words rather than written words or actions
			She verbally agreed before signing the contract.
20	explore	v. 탐구하다; 탐험하다	to think about and look into something in detail
			We explored the forest and found a hidden cave.

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