

GE6 MIDTERM REVISION 3

Part 1: LISTENING

Questions 1-5 (5pts). Listen to different conversations and choose the correct answer A, B, or C. You will hear a radio interview with an athlete called George.

1. When did George first get interested in athletics?
 - A. at university
 - B. at secondary school
 - C. at primary school
2. Who has helped George most with his athletics career?
 - A. his father
 - B. his coach
 - C. his friends
3. How did George feel when he won his first gold medal?
 - A. excited
 - B. tired
 - C. surprised
4. What does George find difficult?
 - A. training
 - B. travelling
 - C. being away from his family
5. What does George really enjoy?
 - A. being on TV
 - B. meeting new people
 - C. giving interviews
6. What does George think he will do in the next few years?
 - A. work for TV
 - B. teach
 - C. retire and look after his children

Part 2: USE OF ENGLISH

Complete the second sentence so that it **means the same as the first one**. Write between **two and five words**.

Let's go scuba diving with my family this weekend. **(ABOUT)**

How _____ with my family this weekend?

"I have played the piano since 2014." **(SAID)**

Juan _____ the piano since 2014.

Diana knows how to deal with cancer patients. **(EXPERIENCED)**

Diana is _____ cancer patients.

Sociable people enjoy going to parties and meeting new people. **(FOND)**

Sociable people _____ to parties and meeting new people.

Janet has a strong voice and I think she can be a singer one day. **(COULD)**

Janet _____ a singer one day.

John speaks English more fluently than everyone in his class. **(LESS)**

John's classmates speak _____ him.

My brother drives worse than me. **(AS)**

I don't _____ my brother.

The film is nowhere near as interesting as the book. **(MUCH)**

The book is _____ the film.

I'm not as tall as my sister. **(THAN)**

My sister _____ me.

Charles and Mark eat more greedily than Brigit. **(OF ALL)**

Brigit eats _____.

You can have tea or coffee, but not both. **(EITHER)**

You can _____.

He didn't say hello, and he didn't smile. **(NOT)**

'Check your pocket,' Clara said to me. **(TOLD)**

Clara _____ pocket.

Part 3: READING

Sarah Forbes talks about how she gets a good night's sleep

I can't remember when I started to have problems sleeping. As a student I seemed to spend half of my life sleeping. But after my graduation I found myself spending hours lying awake until the early hours of the morning. After a few weeks of this I decided to do something about it. I often went to bed at different times; perhaps there was a programme on TV I wanted to watch, or I'd be watching videos on my phone. So I tried going to bed at the same time each night. This took a while to get used to but slowly I found myself getting into a regular routine.

I also took the advice of a friend and made sure I did things to help me relax before I went to bed. I'd start by writing a list of things I needed to do the next day so I wouldn't end up thinking about them during the night. I got into the habit of having a nice warm bath before bedtime and then did some relaxation exercises like meditation. Reading also seemed to work, but not in the way I expected. I would sometimes just fall asleep in the middle of a chapter!

I also found some suggestions online about how to make your bedroom sleep-friendly. I used to have very thin curtains that let the light from outside shine through, so I changed these for thicker ones. I also removed all technology from the room like the TV and the laptop as these are not supposed to help you sleep, even if they are switched off. And of course I left the mobile phone downstairs!

And the result? I'm pleased to say it's worked. Of course, there are some nights where I find it difficult to go to sleep but mostly I'm getting a good seven hours sleep a night. I started to make a note of my sleep patterns and this is also useful as it helps show things that were making me lie awake, like problems at work. So, I have to say it has been a very successful experiment.

1 When did Sarah's sleeping problems begin?

- A when she was a student
- B after she finished at university
- C a few weeks ago
- D at different times during the week

2 Writing a list of jobs to be done

- A helped Sarah read.
- B meant Sarah worked harder the next day.
- C was the first thing Sarah did at bedtime.
- D helped her think more clearly.

3 What does Sarah say was the problem with her bedroom?

- A Her friends didn't like it.
- B It didn't have a TV.
- C She often left her laptop switched on.
- D It was too bright.

4 Sarah says that now

- A she never finds it difficult sleeping.
- B she keeps a record of how well she sleeps.
- C she never thinks about work at night.
- D sleeping better is helping her at work.

5 What would be a good introduction to this article?

- A Our sleep expert Sarah Forbes explains how you can make sure you get a good night's sleep.
- B Sarah Forbes has not slept well for years. She told us how it affects her work.
- C Sarah Forbes suddenly found herself having trouble getting to sleep. But she took control of the situation.
- D Sarah Forbes knows what it's like not being able to sleep. Here she explains the dangers of lying awake at night.

PART 4: WRITING

Write an essay (about 180- 200 words) answering the following question:

Should children get pocket money?