

# unit **10**

# Consolidation 2

## SECTION 1 (FCE format)

### PART 1

For questions 1-12, read the text below and decide which answer A, B, C or D best fits each space. There is an example at the beginning (0).

→ Example: 0

**A** on the way

B under way

C in the way

D by the way

#### EXAMS

It's the end of the school year and the exam period is (0) on the way. Undoubtedly, exams

(1) pressure on both students and parents alike.

Most parents would like to see their children (2) academically, as they believe a good education gives them an added advantage in life. They want to see their children settled in a rewarding job and be (3) well off. But is that what their children have planned for themselves? Apparently not.

Most students either can't think that far ahead or have no (4) of doing so. They would rather aim low so as not to be disappointed if they get low marks.

However, child psychologists, who have been (5) on the matter, stress that students should aim high, but at the same time have a(n) (6) of other options. As a result, students will not have to worry about grades and in the long (7) will have better chances of succeeding.

On the whole, there are many practical things that parents can do and which may prove invaluable to their children.

(8) being people their children can (9) to, parents can plan a reasonable schedule that both they and their children (10) on. According to psychologists' (11) the schedule should include no more than eight hours of studying, three proper meals a day and some exercise. Finally, prior to each exam, parents need to (12) their children that everything will be fine whatever the result.

1	A force	B set	C put	D bring
2	A to succeed	B succeeding	C have succeeded	D been succeeding
3	A richly	B economically	C financially	D valuably
4	A intention	B demand	C opinion	D reaction
5	A consulted	B recommended	C suggested	D advised
6	A amount	B sum	C variety	D selection
7	A time	B run	C term	D process
8	A Nevertheless	B Apart from	C Instead of	D As far as
9	A turn	B communicate	C depend	D apply
10	A approve	B accept	C agree	D confirm
11	A clues	B instructions	C announcements	D directions
12	A ensure	B insure	C make sure	D reassure

**PART 2**

For questions 13-24, read the text below and think of the word which best fits each space. Use only one word in each space. There is an example at the beginning (0).

### WHY SLEEP IS NECESSARY

Thomas Edison, the inventor (0) *of* the light bulb, thought that sleep was unnecessary and that a society that operated (13) \_\_\_\_\_ sleep would be an ideal (14) \_\_\_\_\_. However, he was wrong. Nowadays, we are living in a society which is sleeping less than ever and this has resulted (15) \_\_\_\_\_ many negative effects.

According (16) \_\_\_\_\_ police reports, more than twenty five percent of motorway accidents are directly or indirectly attributed to lack of sleep. It is true that people (17) \_\_\_\_\_ to sleep nine hours a night, whereas today they sleep seven (18) \_\_\_\_\_ even less. This is because our (19) \_\_\_\_\_ of life has changed and we are trying to squeeze activities like (20) \_\_\_\_\_ television, shopping or going to the gym in our 24-hour day.

Lack of sleep also has a negative effect on our health. Research that has (21) \_\_\_\_\_ carried out on animals continuously deprived of sleep has shown that they are likely to die. Of course, experiments of this kind are highly unlikely to (22) \_\_\_\_\_ carried out on humans (23) \_\_\_\_\_. The longest period of wakefulness which broke the record was eleven days. This experiment showed that after a few days without sleep, the mind and body were unable to function normally.

To put it in a nutshell, the vast majority of us (24) \_\_\_\_\_ an adequate amount of sleep, in every twenty-four-hour period.



## PART 3

For questions 25-34, read the text below. Use the word given in capitals at the end of each line to form a word that fits in the space in the same line. There is an example at the beginning (0).

SHARKS **or** DOLPHINS ?

Ambitious athletes will go to great (0) lengths in order to succeed in their sport if there is a (25) \_\_\_\_\_ of them participating in the Olympic Games and even winning a medal.

LONG  
POSSIBLE

This is the case with the American swimming team who are in (26) \_\_\_\_\_ for next year's Olympics. Their coach has (27) \_\_\_\_\_ himself with the way sharks move through water in order to (28) \_\_\_\_\_ the swimmers' stroke and eventually maximise their (29) \_\_\_\_\_ and speed. Swimming like sharks could give them the advantage they require, though altering their style may seem a(n) (30) \_\_\_\_\_ experience at first.

TRAIN  
FAMILIAR  
STRONG  
EFFICIENT

The (31) \_\_\_\_\_ of British swimmers, however, find the dolphins' movements easier to adopt. By copying them, swimmers can cover a greater (32) \_\_\_\_\_, thus increasing their (33) \_\_\_\_\_ of winning gold in the next Olympics. Of course, only time will tell which "fish" will swim (34) \_\_\_\_\_.

PLEASANT  
MAJOR  
DISTANT  
LIKELY  
FAST

## PART 4

For questions 35-42, complete the second sentence so that it has a similar meaning to the first sentence, using the word given. Do not change the word given. You must use between two and five words, including the word given. There is an example at the beginning (0).

→ Example: 0 When I was younger, I played tennis every Sunday.  
used When I was younger, I used to play tennis every Sunday.

35 Speeding in the city is against the law.  
forbidden It \_\_\_\_\_ in the city.

36 There was no need for you to bring an umbrella.  
not You \_\_\_\_\_ an umbrella.

37 A burglar entered Mr Steinberg's office last night.  
into Mr Steinberg \_\_\_\_\_ last night.

38 No one helped us organise the festivities this year.  
by We \_\_\_\_\_ this year.

39 He failed to deliver the parcel on time.  
succeed He \_\_\_\_\_ the parcel on time.

40 People expect her to establish her own business soon.  
set She \_\_\_\_\_ her own business soon.

41 I get the impression that Jenny is worried about something.  
seems Jenny \_\_\_\_\_ about something.

42 I believe she switched off the heater before going out.  
turned She \_\_\_\_\_ the heater before going out.

**SECTION 2 (ECCE format)**

## Grammar

Choose the correct answer.

## Vocabulary

**Choose the correct answer.**

1. I wasn't satisfied with the \_\_\_\_\_ I was getting, so I decided to quit my job.

a. allowance      b. income  
c. salary      d. reward

2. It was difficult to \_\_\_\_\_ the extent of the damage at first sight.

a. predict      b. suppose  
c. assume      d. estimate

3. We only had a few days \_\_\_\_\_, so we decided to go somewhere close.

a. available      b. spare  
c. ready      d. handy

4. The student \_\_\_\_\_ cheating on the test although her teacher caught her in the act.

a. denied      b. refused  
c. rejected      d. resisted

5. The third contestant managed to win \_\_\_\_\_ of the difficult questions.

a. except      b. on behalf  
c. regardless      d. thanks

6. Julie lost her \_\_\_\_\_ and started screaming at her colleagues.

a. contact      b. temper  
c. chance      d. control

7. As soon as I get paid, I will pay all my \_\_\_\_\_.

a. deposits      b. sums  
c. debts      d. budgets

8. We complained to the restaurant manager about the \_\_\_\_\_ service.

a. scarce      b. insufficient  
c. short      d. inadequate

9. Now that the children had grown up and were \_\_\_\_\_, she had a lot of free time.

a. independent      b. engaged  
c. incapable      d. relevant

10. I want to \_\_\_\_\_ that I turned off all the lights in the house, so I'll go back and check.

a. insure      b. reassure  
c. make sure      d. inquire