

DON'T CATCH COLD

Read the text and use the word in capitals to form a word that fits in each space.

According to recent (1) _____, at least some of the advice about health that was passed down to our grandparents by previous generations may actually contain some (2) _____.

SEARCH

TRUE

A good example in the (3) _____ between feeding cold and catching a cold. My grandmother was convinced that being outside when the temperature is low, or simply dressing in (4) _____ duties for the cold weather, was a sure way of catching a cold.

RELATION

SUIT

Now, as we know, colds are caused by viruses. Therefore, in the (5) _____ of a virus, you cannot catch a cold - no matter how low the temperature or how (6) _____ your clothing.

ABSENT

APPROPRIATE

But (7) _____ now think that we may have viruses in our bodies already, which are just waiting for the chance to turn into a cold. In cold weather, for example, blood vessels in the nose get smaller to stop heat escaping (8) _____ this also allows the cold virus to attack the nose or throat more (9) _____. So, perhaps Granny was right.

SCIENCE

FORTUNATE

EASY

