

6. Read and tick.



1. You shouldn't skip breakfast.



2. I have the flu.



3. You should take some medicine.



4. You should eat vegetables.



5. Ben has the chickenpox.



6. You should see a dentist.



7. She feels terrible.



8. He has an earache.



9. He shouldn't eat fast food.



10. He feels sleepy.

7. Answer the questions.

1. What's wrong?



2. What should I do to be healthy?



3. How do you feel?



4. What's wrong?



5. How does he feel?



6. What should I do to be healthy?



8. Read and fill in the blanks.

health vegetables wash exercise P.E learned

In our science class yesterday, we (1) _____ about how to be healthy. We learned about healthy foods and exercise. Kids should eat different foods to be healthy. We should eat lots of (2) _____ and fruit. We shouldn't eat fast food and pizza. And we should (3) _____ our hands before meals. All of my classmates do that at school.

Children should get lots of sleep and do (4) _____, too. My teacher said we should do exercise every day. In my school, all the students do exercise together at break time. We also do it in (5) _____ class. It's really fun and good for our (6) _____.