

Vocabulary and Use Your English

Choose the correct answers.

- 1 This black ____ keeps your body warm in the sea.
a mask
b wetsuit
c sweater
- 2 A ____ protects your head when you are cycling or skateboarding.
a flipper
b knee pad
c helmet
- 3 Skydivers open their ____ after sixty seconds of free falling.
a crampons
b swimwear
c parachute
- 4 We wear ____ when we are skiing or snowboarding to protect our eyes.
a goggles
b masks
c helmets
- 5 Put these ____ on to help you climb on the ice.
a crampons
b axes
c sticks
- 6 Jumping out of an aeroplane can be very ____.
a frighten
b frightened
c frightening
- 7 Felix is very ____ about starting surfing lessons.
a exciting
b excited
c excite
- 8 My sister can surf ____ but I can't!
a bad
b good
c well
- 9 Sailing boats don't have a motor so they move very ____.
a loud
b quietly
c slow
- 10 Ferris wheels don't spin ____ very fast.
a round
b square
c off
- 11 Do you think we can walk ____ to the top of the mountain?
a down
b up
c in
- 12 Oliver jumped ____ a bridge when he went bungee jumping.
a off
b over
c into
- 13 The farmer had to jump ____ the wall to get into his field.
a out of
b under
c over
- 14 Please be ____ when you are kite surfing!
a careful
b carefully
c care
- 15 Don't give ____ ice skating. You will get better with practice!
a on
b in
c up
- 16 If you wear knee and elbow pads, you won't hurt yourself ____.
a bad
b badly
c worst
- 17 My parents think that extreme sports are ____.
a danger
b dangerous
c dangerously
- 18 Come on! Let's jump ____ the pool and swim.
a down
b into
c onto
- 19 What time does your plane take ____?
a up
b over
c off
- 20 The skiers ____ down the slope very fast!
a raced
b ran
c climbed

(____ / 20 marks)

Grammar

Choose the correct answers.

- 1 We have ____ to Greece many times.
a go
b went
c been
- 2 Paola and Tito ____ to Brazil for two weeks last summer.
a went
b have gone
c have been
- 3 My uncle has ____ in a helicopter many times.
a fly
b flew
c flown
- 4 I ____ for an hour in the pool yesterday.
a swim
b swam
c swum
- 5 My grandmother has ____ been to the beach.
a no
b never
c ever
- 6 Have you ever ____ an expensive object?
a broken
b broke
c break
- 7 Annie ____ in a marathon last year.
a ran
b runs
c has run
- 8 My best friend has ____ that film three times!
a see
b saw
c seen
- 9 Where did you ____ on a rollercoaster?
a ride
b rode
c ridden
- 10 ____ you win the snowboarding competition?
a When
b Did
c Have
- 11 If the instructor comes tomorrow, he ____ me how to surf.
a shows
b will show
c has shown
- 12 We'll go and see the airshow if it ____ a sunny day.
a is
b will be
c has been
- 13 The children ____ walk along the mountain footpath if it is dangerous.
a will
b won't
c want
- 14 If I ____ scuba diving classes next summer, I'll buy some flippers.
a can
b will
c start
- 15 ____ Thomas ever jumped out of a plane before?
a When
b Did
c Has
- 16 What extreme sports ____?
a you have done
b have you done
c you do
- 17 'Have your friends tried bungee jumping?' 'No, they ____.'
a haven't
b don't
c didn't
- 18 'Has Becky competed in the swimming competition?' 'Yes, she ____.'
a has
b did
c will
- 19 Where have the children ____? They're not here.
a go
b gone
c went
- 20 ____ take part in the race if you are here next week?
a Have you
b Do you
c Will you

(____ / 20 marks)