Exercises

12.1 **Cover the opposite page. Complete the tables.**

adjective	noun
angry	*anger*
jealous	
confused	
	pride

adjective	noun
disappointed	
	curiosity
anxious	
	emotion

12.2 **Find the best sentence ending on the right for each of the sentence beginnings on the left.**

1 He was very anxious when [e]
2 He was very jealous when [ ]
3 He was very scared when [ ]
4 He was very proud when [ ]
5 He was very upset when [ ]
6 He was very miserable when [ ]

a he heard his aunt had died.
b his father appeared on TV with the Prime Minister.
c his 14-year-old daughter didn't get home until 2 am.
d he saw the man coming towards him with a knife.
e he was ill.
f his best friend went out with the girl he really liked.

12.3 **Match the words and faces.**

anxious *1* scared ..... cheerful ..... upset ..... confused ..... depressed .....

1 2 3 4 5 6



12.4 **Complete the sentences.**

1 My aunt had to *care* for her elderly mother for years.
2 I can't tell whether Mia is happy or not; she never shows her .....
3 I'm much more ..... in the mornings. By the afternoon I feel tired.
4 Weather has a big ..... on the way I feel.
5 He's been under a lot of ..... recently because of the amount of work he has to do.
6 Oliver's cheerful one minute and miserable the next; his ..... changes all the time.
7 It's been a depressing month, but I'm ..... things will get better next month.
8 I don't like walking home in the dark. I get very .....

12.5 **Over to you**

Answer the questions. If possible, compare your answers with someone else.

1 Does colour or the weather have an effect on your emotions? How?

2 Do you ever suffer from stress? Why?

3 Does your mood change a lot from day to day? Why?

4 Do you feel more energetic at certain times of the day? Why?

LIVEWORKSHEETS