

Exercises

12.1 Cover the opposite page. Complete the tables.

adjective	noun
angry	anger
jealous	
confused	
	pride

adjective	noun
disappointed	
	curiosity
anxious	
	emotion

12.2 Find the best sentence ending on the right for each of the sentence beginnings on the left.

1 He was very anxious when a he heard his aunt had died.
2 He was very jealous when b his father appeared on TV with the Prime Minister.
3 He was very scared when c his 14-year-old daughter didn't get home until 2 am.
4 He was very proud when d he saw the man coming towards him with a knife.
5 He was very upset when e he was ill.
6 He was very miserable when f his best friend went out with the girl he really liked.

12.3 Match the words and faces.

anxious scared cheerful upset confused depressed

1



2



3



4



5



6



12.4 Complete the sentences.

- 1 My aunt had to care for her elderly mother for years.
- 2 I can't tell whether Mia is happy or not; she never shows her
- 3 I'm much more in the mornings. By the afternoon I feel tired.
- 4 Weather has a big on the way I feel.
- 5 He's been under a lot of recently because of the amount of work he has to do.
- 6 Oliver's cheerful one minute and miserable the next; his changes all the time.
- 7 It's been a depressing month, but I'm things will get better next month.
- 8 I don't like walking home in the dark. I get very

12.5 Over to you

Answer the questions. If possible, compare your answers with someone else.

- 1 Does colour or the weather have an effect on your emotions? How?
- 2 Do you ever suffer from stress? Why?
- 3 Does your mood change a lot from day to day? Why?
- 4 Do you feel more energetic at certain times of the day? Why?