

## 1 Complete the dialogue with the words below.

a few   a little   a lot   how many   how much   many   much   much

**Ava** I don't feel very well.

**Dad** I don't think you eat and drink <sup>1</sup>\_\_\_\_\_ healthy food.

**Ava** I try to eat healthy food.

**Dad** <sup>2</sup>\_\_\_\_\_ cakes do you eat every day?

**Ava** I only eat <sup>3</sup>\_\_\_\_\_.

**Dad** Well, there's <sup>4</sup>\_\_\_\_\_ of sugar in cakes. <sup>5</sup>\_\_\_\_\_ coffee do you drink?

**Ava** Only <sup>6</sup>\_\_\_\_\_. I usually drink about six cups a day.

**Dad** Six! That's four cups too <sup>7</sup>\_\_\_\_\_. It's bad for you. And you don't eat <sup>8</sup>\_\_\_\_\_ fresh fruit.

**Ava** I prefer crisps!

**Dad** Well, I think it's time to change your diet.

## 2 How much of these things do you eat and drink every day? Tick the correct boxes for you.

|              | none |              | a little / a few |              | some |              | a lot |              |
|--------------|------|--------------|------------------|--------------|------|--------------|-------|--------------|
|              | you  | your partner | you              | your partner | you  | your partner | you   | your partner |
| fruit        |      |              |                  |              |      |              |       |              |
| vegetables   |      |              |                  |              |      |              |       |              |
| meat         |      |              |                  |              |      |              |       |              |
| fish         |      |              |                  |              |      |              |       |              |
| cake         |      |              |                  |              |      |              |       |              |
| chocolate    |      |              |                  |              |      |              |       |              |
| crisps       |      |              |                  |              |      |              |       |              |
| fizzy drinks |      |              |                  |              |      |              |       |              |
| coffee       |      |              |                  |              |      |              |       |              |
| water        |      |              |                  |              |      |              |       |              |