

PAST SIMPLE VS. PAST CONTINUOUS

- We use the **Past Simple** to talk about completed actions that happened in the past.
*I **played** hockey **yesterday**.*
*George **learnt** to play table tennis **a week ago**.*
- We use the **Past Continuous** to talk about actions that were in progress at a certain time in the past.
*I **was playing** golf **at 8 pm last Sunday**.*
*Tim and Tina **were swimming** **from 5 to 7 pm yesterday**.*

1 Put the verbs in brackets into the Past Simple or the Past Continuous.

- 1 Jim (*play*) ... football with his friends last weekend.
- 2 Sara (*ski*) ... in the mountains for an hour yesterday.
- 3 We (*swim*) ... in the sea for 30 minutes last Sunday.
- 4 Tina and Tom (*have*) ... aerobics lessons two days ago.
- 5 Cathy (*go*) ... jogging in the park with Ann last Friday.
- 6 Mike and Pete (*do*) ... karate at 10 o'clock yesterday.