PAST SIMPLE VS. PAST CONTINUOUS

- We use the **Past Simple** to talk about completed actions that happened in the past.
  *I **played** hockey **yesterday**.*
  *George **learnt** to play table tennis **a week ago**.*
- We use the **Past Continuous** to talk about actions that were in progress at a certain time in the past.
  *I **was playing** golf **at 8 pm last Sunday**.*
  *Tim and Tina **were swimming** **from 5 to 7 pm yesterday**.*

1 Put the verbs in brackets into the Past Simple or the Past Continuous.

1 Jim *(play)* ... football with his friends last weekend.
2 Sara (*ski)* ... in the mountains for an hour yesterday.
3 We *(swim)* ... in the sea for 30 minutes last Sunday.
4 Tina and Tom *(have)* ... aerobics lessons two days ago.
5 Cathy *(go)* ... jogging in the park with Ann last Friday.
6 Mike and Pete *(do)* ... karate at 10 o'clock yesterday.

LIVEWORKSHEETS