

Cross out the phrase that is different in meaning.

- | | | |
|-------------------------|---------------------|------------------------------|
| 1 be a fad | be all the rage | be on the way out |
| 2 be dated | be fashionable | be old-fashioned |
| 3 come back in style | go out of fashion | lose popularity |
| 4 be trendy | lose interest | gain popularity |
| 5 be the next big thing | gain interest | go out of style |
| 6 be on the way out | be the latest thing | be the next big thing |

Put the words in the correct order to make sentences.

- the server / to waste / want / for a doggy bag / ask / don't / you / the food / if
If you don't want to waste the food, ask the server for a doggy bag. OR Ask the server for a doggy bag if you don't want to waste the food.
- people won't / just a fad / for very long / if / do / it's / it
- the chocolate pizza / like / if / have / you / to try / different kinds of food / you
- to waste food / if / get worse / the problem / continue / will / we
- on social media / everyone / something / trending / pays attention / if / is
- expensive / a restaurant / if / it / gourmet food / usually / is / serves

Complete the sentences. Use the words in parentheses ().

- Fish is (be) good for you if it isn't (not / be) fried.
- If we put (not / put) the meat in the fridge soon, it goes (go) bad.
- If you are (be) allergic to nuts, don't eat (not / eat) the cake. It has nuts.
- Don't drink (not / drink) coffee at night if you have (have) trouble falling asleep.
- If you make (make) dinner tomorrow, I will cook (cook) it tonight.
- Don't go (not / go) to Heaven Gourmet if you want (want) a cheap meal. It's an expensive place.



Complete the sentences with words from exercise 1A. More than one answer may be possible.

- Mariel likes to put a little bit of mint in her tea.
- Do you have a stick of gum or a breath mint? The pasta I had for lunch had too much garlic in it.
- Jack went fishing last weekend and caught a 40-lb eggplant!
- I have to remove the shells from these zucchini before we cook them. Can you help me?
- Pineapple is probably my favorite vegetable. I just love its purple color.

Cross out the food that is in a different food group.

- | | | |
|-------------|-----------|----------|
| 1 pineapple | garlic | mint |
| 2 eggplant | tuna | zucchini |
| 3 garlic | shrimp | tuna |
| 4 cabbage | pineapple | zucchini |
| 5 ginger | mint | zucchini |

Complete the sentences. Use the words in the box.

barbecue boil chop fry rinse stir

- If you barbecue a steak, you usually do it outside.
- If you rinse fruit, you usually do it at the sink.
- You need a spoon to stir something.
- If you boil water, it becomes very hot.
- You need a knife to chop something.
- You need oil to fry something.

Underline the event in each sentence that happens first.

- 1 The sauce will change color when you add the garlic.
- 2 As soon as the food is done, we'll eat.
- 3 Before the water boils, put in the cabbage.
- 4 Add the zucchini after you fry the fish.
- 5 Cook the rice until there's no more water in the pot.
- 6 Once we finish lunch, we'll wash the dishes.

Write the correct form of the verb in parentheses ().

Then complete the sentence with your own information.

- 1 When I cook (cook) a big meal, I'll invite all my friends.
- 2 After I get up (get up) tomorrow morning, .
- 3 I don't go (not go) to bed until .
- 4 As soon as I have (have) some free time, .
- 5 Once I save (save) enough money, .

Read each conversation. Use the words below to complete each response.

back got right sure

- 1 A Can I offer you anything to drink?
B Yes. Some coffee would be great.
A I'll be right back with that.
- 2 A Would you pass me another cookie, please?
B Here's one for you.
- 3 A Is there any more iced tea?
B Coming right up!
- 4 A Could I have a little more cake?
It's delicious.
B You got it!

Change the underlined words in the sentences without changing the meaning. Use the words in the box.

I'm OK a refill care for get here
Awesome offer Oh wonderful want

- 1 A Can I get you another juice?
B I'd better not, thanks.
- 2 A Would you like some juice?
B That'd be great.
- 3 A Can I get you another dessert?
B Yes, that's great.
- 4 A Can I have another sausage, please?
B Sure, there you go.
- 5 A Anyone else care for some cake? We have three different kinds.
B That's great. I'll check it out.



Read about the results of a survey about gluten-free diets. Circle the questions that the survey asked. Answer the questions you circle.

Gluten-free diets seem all the rage nowadays. You can see gluten-free foods in supermarkets and restaurants. News about the gluten-free diets of movie stars and professional athletes is all over social media. But what do people really know about gluten-free foods? Our survey results have some surprises.

A majority of the people who responded said that being on a gluten-free diet improves physical or mental health. About 22 percent said they buy gluten-free products or try to avoid gluten.

A quarter of the people in the survey thought that gluten-free foods have more nutrients than food with gluten. The truth is just the opposite.

More than a third of the people interviewed thought that a gluten-free diet will help them lose weight. However, there is no research that proves this to be true. In fact, studies have shown that gluten-free diets can increase the risk of becoming overweight.

- 1 Does being on a gluten-free diet improve physical or mental health?

- 2 Do you buy gluten-free products or try to avoid gluten?

- 3 Is gluten-free food less expensive?

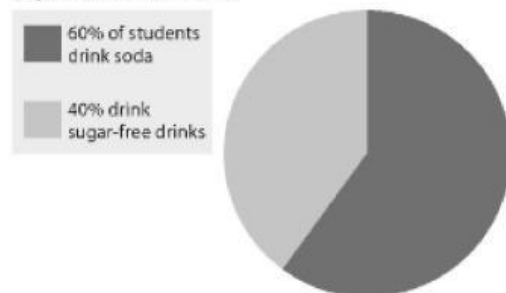
- 4 Do gluten-free foods have more nutrients than food with gluten?

- 5 Will a gluten-free diet help you lose weight?

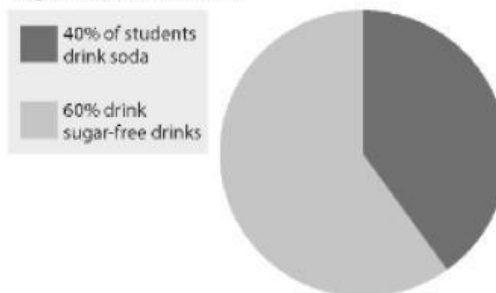


Look at the charts from a college survey on what students drink. What trends do they show?

Students who drink soda vs.
sugar-free drinks – 2010



Students who drink soda vs.
sugar-free drinks – 2015



Write a short report about the survey results. You can use the phrases below. Make sure you include numbers from the chart.

gain/lose popularity be trendy be on the way out be a thing of the past
be the next big thing
