

CLICK, LISTEN AND REPEAT

FREE TIME ACTIVITIES



Paint



Watch TV



Listen to music



Read



Go to the cinema



Walk the pets



Go for a coffee



Play video games



Meet friends



Go for a bike ride



Do sport



Go online



Cook



Take photos



Go shopping



Visit a museum



Clean



Go for a walk

CLICK, LISTEN AND REPEAT

FREE TIME ACTIVITIES 2

PLAY



basketball



volleyball



hockey



football



the guitar



the piano



tennis



chess

DO



athletics



yoga



pilates



gymnastics



karate - taekwondo

GO



go swimming



go walking



go running



go horse riding