

**INSPIRED TOTS EARLY LEARNING CENTER  
SECOND TERM ASSESSMENT 2024/2025 SESSION**

**HEALTH EDUCATION**

Select the correct option that answers each question below.

1) When a person does not eat healthy foods, the person becomes \_\_\_\_\_.

a. poor    b. angry    c. malnourished

2) Match each child with the activity that is good for him or her.



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Click TRUE/FALSE for the following

- 1) We should never follow safety rules. \_\_\_\_\_
- 2) Always walk on foot path. \_\_\_\_\_
- 3) Cross the road only at the Zebra crossing. \_\_\_\_\_
- 4) Get in or off the moving bus. \_\_\_\_\_
- 5) Do not play with electric switches devices. \_\_\_\_\_

**Click the correct option in the blank**

- 6) \_\_\_\_\_ rules are important to us.  
a) Games B) safety C) family
- 7) We should always cross the road at.  
a) Middle of road B) left C) zebra crossing
- 8) We should walk on the  
a) road B) foot path C) railway track
- 9) Safety rules save us from  
a) events B) crossing C) accidents
- 10) Immediate help given to an injured person  
a) first aid B) safety C) accident
- 11) Match the picture to the actions.



Floss



Visit Dentist



Eat Healthy



Brush your  
teeth

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Click the word in the puzzle given below related to safety.



ACCIDENTS

FOOTHPATH

THANKYOU

SIGNALS

CLEAN