

3 Przeczytaj e-maile, które wymieniły Chloe i Molly. Uzupełnij luki 1–5 w wymianie SMS-owej między Chloe a Karen zgodnie z treścią tekstu. Luki należy uzupełnić w języku angielskim. W każdą lukę możesz wpisać od 1 do 5 wyrazów.

Hey Molly,
How are you doing?
Just got back from the gym. Last weekend was great, wasn't it? And this weekend it's Charlie's fancy dress party. Here we go again! I have a suggestion for a costume for the two of us. Shall we go as the Joker and Harley Quinn? Maybe you should be Harley and I will go as the Joker? Anyway, let me know.
Chloe

Hi there,
You've been to the gym AGAIN? Stop making me feel lazy ☺ Can't wait for Charlie's fancy dress party!
I love your suggestion! We'll make perfect super villains! Do you fancy coming over later? My mum has a suitcase full of old clothes. She wore some pretty crazy stuff when she was young, so I think we might find our costumes in there. Anyway, let me know and we'll sort something out. Got to take Flash for a walk now. He's waiting by the door.
Molly

Chloe Who are you going to be at Charlie's party?

Karen Don't know yet. Wonder Woman?

Chloe Gr8 idea! Molly and I are going to be two ¹ _____.

Karen Let me guess! The ² _____ and Harley ... what's her name?

Chloe Come on! It's supposed to be a surprise! I'm meeting Molly this afternoon to go through her mum's clothes from her ³ _____. Molly says her mum used ⁴ _____ then. Do you fancy coming to the gym with me later 2day? Wonder Woman should be fit ☺.

Karen Oh, Chloe.

Chloe I can't wait for the party. It's just two more days! I wonder if Molly will come with Flash ☺.

Karen Flash Gordon?

Chloe No ☺, Flash is her ⁵ _____. She takes him everywhere.

Karen Ha ha ha. Gotta go. CU at the party!

4 Przeczytaj tekst. Uzupełnij luki 1–6 w poniższej tabeli zgodnie z treścią tekstu. Luki należy uzupełnić w języku angielskim. W każdą lukę możesz wpisać od 1 do 5 wyrazów.

(based on Focus 2e WB 3, U2, p. 31, ex. 10)



THE CHAMPION OF CHEESE

It's one of the most unusual competitions in the UK, but every spring thousands of spectators gather at Cooper's Hill in Gloucester to cheer on participants in the annual cheese rolling race. It's a dangerous way to burn calories off because the event basically involves throwing a large circle of cheese down a hill, and then throwing yourself down after it. The first person to the bottom of the hill wins the prize – a large circle of Gloucester cheese!

Chris Anderson, 29, from nearby Brockworth is the current champion and has now equalled the record of 20 wins held by one person. Chris first went in for the competition at the age of 16 and won his first race one year later. Next year he hopes to break the record and become the first person to win 21 races.

If you fancy taking Chris on at cheese rolling, you'd better be quick – he's thinking of retiring soon. Plus, you should also know that Copper's Hill has an angle of 70 degrees and the cheeses travel downhill at over 110 kilometres per hour!

Event	ANNUAL CHEESE ROLLING RACE, Gloucester, Cooper's Hill
When	1 _____
What to do	<ul style="list-style-type: none"> • stand on the top of the hill • throw a large circle of cheese down the hill • 2 _____
Details	<ul style="list-style-type: none"> • Cooper's Hill angle: 70 degrees • Speed of the cheeses downhill: 3 _____
The winner	the first person to the bottom of the hill
The prize	a large circle of Gloucester cheese

Current champion	<ul style="list-style-type: none"> • Chris Anderson, 29, from Brockworth • First participation: at the age of 16 • First-time winner: at the age of 4 _____ • Current record: 20 wins, which was achieved 5 _____ before • Goal: to win the 21st race next year and 6 _____
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SŁOWOTWÓRSTWO

5 Uzupełnij każdą lukę jednym wyrazem, przekształcając wyraz podany w nawiasie, tak aby otrzymać logiczny i gramatycznie poprawny tekst.



What's the best cardio exercise to lose weight?

What's the first thing you think of when you hear the term cardio? It is probably running, walking or cycling. For quite a while these forms of cardio training were thought to be the most ¹ _____ (POWER) tools for burning fat. However, with the arrival of a new and exciting form of cardio, traditional ² _____ (WORK) have become less popular. This new way to burn off fat is called High Intensity Interval Training (HIIT).

The procedure is simple: a period of hard work is followed by a short rest. There is no fixed work-to-rest ratio but one of the most popular ³ _____ (VARY) of a HIIT workout is 1:2. For example, you run as fast as you can for one minute and then walk for two minutes. This cycle should be repeated several times. For best effects, do fifteen minutes of HIIT exercise two or three times a week. It's an extremely ⁴ _____ (VALUE) training technique because it makes you lose weight not only during, but also after the workout, by speeding up your metabolism. What is more, it is ⁵ _____ (AFFORD) as it doesn't rely on any fancy equipment.

PARY ZDAŃ (zadania zamknięte)

6 W zadaniach 1–5 wybierz wyraz, który poprawnie uzupełnia luki w obydwu zdaniach. Zakreśl literę A, B albo C.

- 1 The young athlete is going to ... professional.
We had to ... back to close the main door.
A come B make C turn
- 2 Flared jeans will probably ... back into style.
Where did you ... across this news item?
A go B walk C come
- 3 What ... of drinks is sold in our school canteen?
We've got ... new equipment at school.
A type B brand C some
- 4 I don't like the ... of these men.
They ... awful in their new outfits.
A feel B look C tie
- 5 Not all teenagers are fashion
Most of the ... of the accident ... are already at home.
A victims B shoppers C models

PARY ZDAŃ (zadania otwarte)

7 Obok numeru zadania wpisz wyraz, który poprawnie uzupełnia obydwa zdania. Wymagana jest pełna poprawność ortograficzna wpisywanych wyrazów.

- 1 _____
She eats like a bird; that's why she is so bony and
... jeans are not out, they are simply not for everyone.
- 2 _____
This high ponytail does not ... you, you'd better wear your hair down as usual.
The dishes served in my favourite restaurant are so varied that they ... every taste!
- 3 _____
That jacket was so ... that the back seam came apart when I moved my hands up.
We are running on a ... budget this month - no extra costs!
- 4 _____
There's no denying Mia is a ... victim: she copies catwalk outfits that make her look ridiculous.
He was one of the most influential ... designers of the century - with daring tastes and an eye for detail.
- 5 _____
Her kids dressed up ... bath foam and won the Halloween costume contest hands down.
She comes across ... down-to-earth and reasonable, but lives, in fact, with her head in the clouds.
- 6 _____
They are going to set ... a new business even though they went bankrupt last year.
My grandma is the person I look ... to most in my family – she handles anything that life brings.
- 7 _____
Our brand new collection of women's shoulder ... has just arrived – visit our shops and accessorize your look this spring!
If you want to get rid of ... under the eyes, cut down on salt in your diet.
- 8 _____
Everybody rolled up their ... and got down to work.
The CDs were shipped in paper ... and got scratched.
- 9 _____
She wore her Sunday dress, but everybody else went for pretty ... wear: oversize T-shirts and denim shorts.
During a ... conversation with his neighbour Mike found out that his house was haunted.
- 10 _____
Do you know who she ... on Instagram?
An average teenager ... the latest fashion trends closely and uses them as a guideline for what to wear or buy.
- 11 _____
Who does Marion ... after in her family?
If you ... me home now, I won't miss the next episode of my favourite TV series.
- 12 _____
Teenagers usually ... up to their idols as role models.
Lena and Marlena are identical twins – they ... alike and no one can tell them apart.

ZESTAWY ZDAŃ

8 Obok numeru zadania wpisz wyraz, który poprawnie uzupełnia wszystkie trzy zdania. Wymagana jest pełna poprawność ortograficzna wpisywanych wyrazów.

1

A teenage girl from India has ... the world record for growing the longest hair – 1.7 metre.
My friend has ... her leg and now she can't move.
I have never ... any promise that I made. I always try to keep my word.

2

How many calories can you ... off during a 45-minute yoga session?
He stayed away from the fire so as not to ... his clothes.
If you lie on the sun too long, you will ... your skin.

3

The fans ... loudly when they finally saw their idol on the stage.
My friends ... me on when I was crawling in the mud in the extreme race of Runmageddon.
The girl ... up when she saw a bowl of ice cream with chocolate sauce.

4

The prices of gas have ... by eight per cent compared with the previous month.
As many as 24 students ... out of college due to low exam results.
She ... her new phone on a marble floor and the screen shattered into pieces.

5

Our team ... the match 1:4.
The teacher ... her temper when her students could not repeat what she said.
I ... my key on the way home from the bus stop so I had to get a spare one from my parents.

6

She ... out outdoors in the summer and she turned out to be the best runner in the school in September.
My friend ... only 4 days a week when she lived in France but she got the salary for 5 days.
She ... shifts as a nurse in hospital but she hated it.

7

The referee ... a whistle when Jackson fouled Shivak.
During the hurricane the wind ... away several roofs in the village and the people had to seek shelter in the town hall.
Matthew ... all the thirteen candles on his birthday cake and made a wish.

8

Why don't you ... the baking competition this year?
You are sure to win with your Chocolate Lava Cake!
The burglars didn't ... the house because they heard the German shepherd barking on the other side of the door.
The secretary tried to ... all the data at the click of the mouse but the computer crashed. As a result, she had to do it in writing.

TEST LUK

9 Uzupełnij luki (1–5), wpisując jedno słowo w każdą lukę w taki sposób, aby powstał spójny i logiczny tekst. Wymagana jest pełna poprawność gramatyczna i ortograficzna wpisywanych wyrazów.

Emergency!

I can't believe what happened last night. I ¹ _____ just fallen asleep when I heard a fire alarm ringing. I jumped out of bed because I thought a house was burning somewhere. The emergency services arrived quickly – I saw them through the window. I got dressed and went to see if I could help. But ² _____ appeared to be no emergency at all! My neighbour, who loves chips, had set fire to his kitchen with the chip pan! Luckily he was able to put it out by himself, but of course the smoke alarm ³ _____ off. I'm glad his house didn't burn down, obviously, but by the time I got home I ⁴ _____ really tired. I've got sports practice this morning and I'm going to feel exhausted on the football ⁵ _____.



10 Uzupełnij luki (1–5), wpisując jedno słowo w każdą lukę w taki sposób, aby powstał spójny i logiczny tekst. Wymagana jest pełna poprawność gramatyczna i ortograficzna wpisywanych wyrazów.

Wings for Life World Run

Have you ever heard of a race where there is no set distance and everyone runs for as long as they can? This is the Wings for Life World Run which brings together competitive and amateur runners. The run ¹ _____ place in thirty-four locations around the world at the same time. There is also an option for people who cannot get to any of the locations – with the Wings for Life World Run App, everyone can run ² _____ they are. Unlike other running competitions, the participants do not ³ _____ to run a specific distance. Thirty minutes after the start, a Catcher Car will set ⁴ _____ in each location and the virtual Catcher Car will start in the App. As ⁵ _____ as you stay in front of the car, you stay in the race. When the Catcher Car passes you, your race is over. The last male and female taking part in the race in any location in the world are the winners. They each receive a Wings for Life World Run trophy and a prize.

WYBÓR WIELOKROTNY

11 Przeczytaj tekst. Z podanych odpowiedzi wybierz właściwą, tak aby otrzymać logiczny i gramatycznie poprawny tekst. Zakreśl jedną z liter: A, B, C albo D.

Martha's new sport

Martha ¹ never tried squash before because none of her friends would play it. When she saw it on TV though, she ² it fascinating and wanted to try. She found a leisure centre where there was a squash ³ and played her first match. It's a very intensive sport, but although Martha was out of ⁴ by the end of the game, she totally loved it! Now she plays all the time and next week she's going to take part in her first ⁵ – good luck, Martha!

1 A had	B was
C has	D would
2 A found	B founded
C used to find	D was finding
3 A pitch	B field
C track	D court
4 A fit	B breath
C shape	D condition
5 A trophy	B challenge
C competition	D match

12 Przeczytaj tekst. Z podanych odpowiedzi wybierz właściwą, tak aby otrzymać logiczny i gramatycznie poprawny tekst. Zakreśl jedną z liter: A, B, C albo D.

When I was little, clothes were my passion. I dressed up ¹ princesses, actresses, famous celebrities and so on, and I always hoped to make clothes my career. And I did! I'm now a writer for a fashion magazine and I regularly visit fashion shows all over the world to write about the new trends. Also, for the last three years I ² as a costume designer for a local theatre group! That sounds very grand but what it really means is that I need ³ the costumes for the plays. Sometimes the plays are about a period in history. Everything has to be correct – even the shoes – and if I ⁴ it wrong, everybody can see it straight away! A famous actor ⁵ the theatre group about ten years ago and it's very successful.

1 A for	B at
C as	D by
2 A have worked	B work
C worked	D have been working
3 A to find	B find
C finding	D to finding
4 A make	B get
C find	D take
5 A set up	B took off
C found out	D put on

TEST LUK Z WYRAZAMI W RAMCE

13 Uzupełnij luki (1–4), przekształcając jeden z wyrazów z ramki w taki sposób, aby powstał spójny i logiczny tekst. Wymagana jest pełna poprawność gramatyczna i ortograficzna wpisywanych wyrazów. Dwa wyrazy zostały podane dodatkowo i nie pasują do żadnej luki.

bring catch fashion rip safe sleeve

High-visibility fashion

Bright, synthetic and cheap, high-visibility (high-vis) jackets were designed to be worn for ¹ by people who work outdoors, like policemen or road workers. Now, however, high-vis clothing is worn by fashion models, celebrities and young professionals. Alongside loose-fitting ² jeans, high-vis clothing has entered the world of fashion for good. There are several reasons for this new trend. The most obvious explanation is that wearing bright, luminous clothes is simply ³ these days. But there are also people who choose this style to become more visible on social media, since simple casual clothes can not give them the recognition they want. With more and more social media users scrolling down their feeds at great speed, any piece of clothing that ⁴ the viewer's attention can help them be noticed and talked about.

PARAFRAZA ZDAŃ (zadania otwarte)

14 Wykorzystując wyrazy podane drukowanymi literami, uzupełnij każde zdanie z luką, tak aby zachować sens zdania wyjściowego (1–6). W każdą lukę można wpisać maksymalnie pięć wyrazów, wliczając wyraz już podany. Wymagana jest pełna poprawność ortograficzna i gramatyczna wpisywanych fragmentów zdań. Nie zmieniaj formy podanych wyrazów.

- 1 I've never worn a smart dress like this before.
TIME
This is _____ ever worn a smart dress like this.
- 2 These shoes were first sold in 1977.
HAVE
These shoes _____ 1977.
- 3 She said she would never wear bright clothes.
REFUSED
She _____ bright clothes.
- 4 I'm sure I haven't read that book.
REMEMBER
I _____ that book.
- 5 After the fashion show, they never worked on these designs again.
STOPPED
They _____ on these designs after the fashion show.
- 6 I started this book last week and I haven't finished it yet.
HAVE
I _____ this book for a week.

TŁUMACZENIE

15 Przetłumacz na język angielski fragmenty podane w nawiasach, tak aby otrzymać zdania logiczne i gramatycznie poprawne. Wymagana jest pełna poprawność ortograficzna wpisywanych fragmentów zdania. W każdą lukę możesz wpisać maksymalnie sześć wyrazów.

- 1 These jeans (są dla ciebie zbyt obcisłe) _____.
- 2 At the moment (modelka przebiera się) _____ behind the stage.
- 3 If you get too much sun, you will have (mieć worki pod oczami) _____.
- 4 The shirt I'm wearing (należy do mojego brata) _____.
- 5 I admire my sister's (umiejętność ubierania się) _____ so well and so cheaply.
- 6 We are not allowed (ubierać się nieoficjalnie) _____ at work.
- 7 You look (stylowo z prostymi włosami) _____.
- 8 Some women who (noszą buty na wysokim obcasie) _____ say they are uncomfortable.
- 9 An average Polish teenager (nie wydaje dużo na) _____ cosmetics.
- 10 Look at this boy in the photo! Don't you think he is (za mało elegancko ubrany na bal maturalny) _____?
- 11 I (unikam kupowania markowych dzinsów) _____ They are too expensive.
- 12 The footballer (zwichnął nadgarstek) _____ the second time this season.
- 13 I was quite good at swimming so I decided to (wystartować w zawodach szkolnych) _____.
- 14 The ball hit him so hard that he felt dizzy and (zaczął widzieć podwójnie) _____.
- 15 I thought I would (nabiorę kondycji) _____ so I've been running a lot.
- 16 During our school days we (często chodziliśmy do) _____ the local fitness centre.
- 17 I don't mind (bieganie na bieżni) _____ but I prefer jogging in the park.
- 18 I (nic nie jadłem) _____ before I met her. I was starving!
- 19 By the time we arrived at the stadium, Lewandowski (zdobył już gola) _____.
- 20 We (stojmy już w kolejce) _____ two hours to get the tickets for the game.
- 21 I (mam dobre relacje) _____ with Jim since we were in primary school together.
- 22 Anne and Jim (przestali się spotykać) _____ when he found out that Anne had lied to him.
- 23 Nancy is very sporty and clever, (byłaby świetną) _____ school team leader.
- 24 We (pokonaliśmy przeciwną drużynę) _____ and went on to play in the semi final.

UZUPEŁNIANIE ZDAŃ

16 Uzupełnij zdania 1–24, wykorzystując podane w nawiasach wyrazy w odpowiedniej formie. Nie należy zmieniać kolejności podanych wyrazów, trzeba natomiast – jeżeli jest to konieczne – dodać inne wyrazy, tak aby otrzymać logiczne i gramatycznie poprawne zdania. W każdą lukę możesz wpisać maksymalnie pięć wyrazów, wliczając w to wyrazy już podane.

- 1 This party is dull. I (not/enjoy/l) _____ here.
- 2 What do you think of this white T-shirt with (huge/logo/it) _____?
- 3 I don't understand people (look/down/other) only because they _____ can't afford designer clothes.
- 4 He (get/ready) _____ the event for five hours now.
- 5 I'd like to (design/specialise) _____ street fashion.
- 6 Your sister Marcy (look/stunning/jeans) _____. Where did she get them?
- 7 A lot of clothes from the past (come/back/fashion) _____ now.
- 8 I think it was a waste of time (queue/two/hour) _____ to get tickets to a rock concert.
- 9 By the time my parents came back home, I (stop/watch/film) _____.
- 10 I'd like (learn/play) _____ squash.
- 11 We (just/arrive/school) _____ when the first lesson started.
- 12 While the athlete (lift/weight) _____ he pulled a muscle.
- 13 I (not/use/like) _____ vegetables when I was a kid.
- 14 Anna (twist/she/ankle) _____ when she was jumping off the box.
- 15 (you/need/buy) _____ a new pair of jeans yesterday?
- 16 I (lose/touch) _____ my friends from primary school - I've no idea what they're up to now.
- 17 How long (it/rain) _____? I wish it would stop!
- 18 Mike was excited because (he/not watch) _____ a hockey game live before.
- 19 His parents (manage/talk/he) _____ going on a sailing holiday with them last summer.
- 20 I (make/they/watch) _____ the whole match with me before we went out to eat.
- 21 Me and my old mates (have/lot/common) _____ when we were younger, but we're completely different now.
- 22 My father is very sporty and he (hope/keep/shape) _____ until he retires.
- 23 Our coach told us not to take part in the tournament, but we (decide/take) _____ in the challenge long before.
- 24 The doctor told Jake to stop playing football, but he (refuse/give up) _____.