Intermediate 1 Advice for exams

Morning, everyone. Quiet, please. Right, OK. So, today I'm going to give you some advice to help you prepare for the exams next week. So, make some notes as I'm talking, please. Everybody ready?

Now, while you're studying, eat food that gives you energy. Don't be tempted to eat sweets or drink cola. Sugar won't help you study but fruit and cereals will. Apples, actually, are especially good.

Find a comfortable place with plenty of light when you study. But not 'too' comfortable or you'll fall asleep!

Try and keep a positive mind. It is easier to study when you are positive and relaxed. Now, if you start feeling anxious, have a little break. Go out for a stroll around the block.

Don't try to learn everything. There isn't time. Just choose the 'important' things, the things that'll get you the most points in an exam. And if you aren't sure about this, ask me.

First, learn the main ideas and don't worry too much about the details. If you have time, you can come back later and read the details.

Make notes of these key points and read them, then cover them up and try to remember all the points. Now, it might be boring, but repetition helps you to remember.

Use past exam papers to study. They will help you understand what kind of questions come up. There are plenty of past exam papers in the library. You can photocopy them and take them home.

Take regular breaks while you're studying. A five-minute break every half hour is usually enough. Get some fresh air and stretch your arms and legs. Drink a glass of water too. It's important to keep hydrated.

And, last but not least, good luck! I'm sure you'll all do your best.

LIVEWORKSHEETS

Advice for exams
Choose the correct option to complete the sentences.

1. The teacher wants the students to …

   a. take notes after she has finished speaking.
   b. take notes while she is speaking.
   c. forget about taking notes.

2. The teacher suggests eating …

   a. sugary snacks.
   b. only apples.
   c. fruit and cereals.

3. The teacher suggests finding a study place with a lot of …
   a. light.
   b. space.
   c. books.

4. If students feel stressed they should …
   a. go to bed.
   b. go out for a walk.
   c. drink some water.

5. Students are advised to …
   a. select the important things to learn.
   b. read through everything once.
   c. make notes about every topic.

6. The teacher understands that repeating things can be …
   a. difficult.
   b. uninteresting.
   c. tiring.

LIVEWORKSHEETS

7. Students can do past exam papers ...

a. in the library only.
b. at home if they take photocopies.
c. in the after-school study group.

8. The teacher recommends a break of five minutes every …

a. hour.
b. two hours.
c. thirty minutes.

9. It's important to ...

a. eat regularly.
b. sleep when you feel tired.
c. keep hydrated.

10. The teacher is sure that the students will …

a. pass their exams.
b. fail their exams.
c. do their best.

Write 10 questions about the Reading with answers below

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LIVEWORKSHEETS