

How can you help a friend or classmate feel better? What can you say and do? Read and draw lines.

A. Your friend/classmate is upset because they lost their favorite toy and feel really sad about it.

B. Your friend/classmate is sad because they got a bad grade on a test

C. A friend/classmate is upset because some classmates didn't ask them to play with them.

D. A friend/classmate is sad because they didn't get invited to a birthday party.

1. Yes, I understand you're sad, and I'm here if you want to talk about it.

2. Yes, it's okay to feel sad, and maybe we can think of something fun to do after you feel a little better.

3. Yes, I see that you're upset, and I can listen if you want to talk.

4. Yes, it's hard when something like this happens, and I'm here if you need a hug.