

improve (3), fail, achieve (2), reach, put off (2), get on with (2), keep on (2),
give up, aim (3), succeed (2), work out (3), break down, manage

Every person wants to _____ their goals in life. Sometimes, it can be hard to know where to start. To _____, it's important to _____ your big goals into smaller tasks. This makes it easier to _____ everything step by step. Once you have a plan, it's important to _____ it and not _____ your first steps.

Imagine you want to learn to play the guitar. First, you should _____ to practice every day for a short time. It's easy to feel like you want to _____ when things become difficult. But if you _____ practicing, you will see that you _____ a lot. Breaking your practice time into 15-minute sessions can really help you _____ your fingers and muscle memory.

However, not everything will be easy, and sometimes you might _____ at a task. If you do, don't be too hard on yourself. Everyone has setbacks. It's important to stand back up and try again. Reflect on what went wrong and why. This is a chance to learn and _____ so that you can eventually _____ your goals.

For example, if you want to read a full book in English but find it too difficult, you can first _____ to read a chapter or even a few pages. This smaller task helps you to _____ reading and keeps your motivation high. Over time, as you _____ the meanings of difficult words and phrases, your reading skills will _____ greatly.

Some people _____ following their dreams because they are afraid of failure, but success comes to those who try and learn from their mistakes. If you stay dedicated and continue to _____ trying, you will eventually _____. Remember, the journey towards your goals will have both ups and downs, but with determination, you will _____ what you set out to do.

In the end, success is not always about the goal itself but about how you handle the journey. Stay focused, break your goals into manageable tasks, and don't let the fear of failure stop you. With the right mindset, you can _____ solutions to any problems that come your way and become more successful in whatever you _____ to do.

1. *What is the main advice for achieving goals in this text?*
 - a) Always work hard without breaks
 - b) Break big goals into smaller tasks
 - c) Give up when things get difficult
 - d) Avoid practicing new skills

2. *According to the text, what is recommended when learning a new skill like playing guitar?*
 - a) Practice for hours every day
 - b) Practice only when you feel motivated
 - c) Practice in short 15-minute sessions
 - d) Stop practicing if you find it challenging

3. *How does the text suggest handling failure?*
 - a) Never try again after failing
 - b) Blame others for your mistakes
 - c) Get discouraged and give up
 - d) Reflect on what went wrong and learn from it

4. *What is the main message about pursuing dreams?*
 - a) Success is guaranteed
 - b) Only talented people succeed
 - c) Fear of failure should stop you
 - d) Stay dedicated and keep trying

5. *What approach does the text recommend for reading in English?*
 - a) Read entire books immediately
 - b) Start with smaller reading goals
 - c) Avoid challenging books
 - d) Only read easy texts

6. *How does the text describe the journey toward success?*
 - a) It is always smooth and easy
 - b) It has both ups and downs
 - c) It requires no effort
 - d) It happens instantly

7. *What is the key mindset suggested for achieving goals?*
 - a) Avoid challenges
 - b) Stay focused and break tasks down
 - c) Wait for perfect conditions
 - d) Compare yourself to others