

# 6 Health and sport

## VOCABULARY

6.1

Types of sport • go, do and play  
• sportspeople

### SHOW WHAT YOU KNOW

- 1 Match the sports from the box with the sentences. There are three extra sports.

badminton cycling football climbing  
running karate sailing skiing table tennis  
tennis volleyball yoga

When I do this, it's more like fast walking! running

- 1 You need a bike to do this. \_\_\_\_\_
- 2 In this sport, people kick a ball into a net. \_\_\_\_\_
- 3 You can learn how to break something in half with your hand. \_\_\_\_\_
- 4 We do this in Greece. I love visiting different islands on our yacht. \_\_\_\_\_
- 5 Some people call this sport 'Ping Pong'. \_\_\_\_\_
- 6 In this activity, people sit in a special position and breathe slowly. \_\_\_\_\_
- 7 Players hit something over a net but it isn't a ball. \_\_\_\_\_
- 8 In this activity, you use your hands and feet to move up cliffs or rocks. \_\_\_\_\_

### WORD STORE 6A | Sports

- 2 Complete the sports with one letter in each space.

At school, we play football, basketball and volley ball.

- 1 My friends and I sometimes go c \_ \_ \_ ing on our BMX bikes.
- 2 In winter, people in our town go i \_ \_ s \_ \_ ing on the lake when it's very cold.
- 3 I do Z \_ \_ a because I love dancing and I want to get fit.
- 4 Some girls in my class enjoy doing sports from Japan and China like karate and k \_ \_ f \_ .
- 5 In summer Amy spends all her time playing t \_ \_ s outside in the sun, and in the winter, she goes b s \_ \_ ing in the mountains.
- 6 Mark and Jake often go k \_ \_ \_ ing on a small river near our village.
- 7 Sam does a lot of s \_ \_ m \_ \_ g in the local pool, in a lake near his home and in the sea.
- 8 I'm very tall, so my teacher thinks I should play b \_ \_ k \_ \_ \_ I but I don't like ball sports or team sports.

### WORD STORE 6B | go, do and play



- 3 Complete the dialogue with go, do or play.

Rose: Do you do any sports?  
Tim: Not many. I play table tennis at home with my brother because we've got a table.  
I <sup>1</sup> \_\_\_\_\_ cycling and, in the summer, I <sup>2</sup> \_\_\_\_\_ swimming. I don't <sup>3</sup> \_\_\_\_\_ football because I don't like it.  
Rose: Do you <sup>4</sup> \_\_\_\_\_ yoga or Zumba?  
Tim: I don't even know what Zumba is!  
Rose: It's a kind of dance. I <sup>5</sup> \_\_\_\_\_ it twice a week. I <sup>6</sup> \_\_\_\_\_ karate too.  
Tim: Wow! What other sports do you like?  
Rose: Well, we've got a yacht, so I <sup>7</sup> \_\_\_\_\_ sailing quite a lot. I love the water. At school, I <sup>8</sup> \_\_\_\_\_ volleyball for the school team.  
Tim: Do you <sup>9</sup> \_\_\_\_\_ running?  
Rose: No. That's one thing that I don't enjoy but I <sup>10</sup> \_\_\_\_\_ exercise every evening before I go to bed.  
Tim: That's amazing. My favourite sport is basketball.  
Rose: Do you <sup>11</sup> \_\_\_\_\_ it at school?  
Tim: Oh, no. I don't <sup>12</sup> \_\_\_\_\_ it. I like watching it on telly.

- 4 Answer the questions for yourself.

- 1 Do you do any sports? \_\_\_\_\_
- 2 What other sports do you like? \_\_\_\_\_
- 3 Which of the sports in the word cloud on page 73 would you like to try? \_\_\_\_\_