6 Health and sport

6.1 VOCABULARY

Types of sport • *go, do* and *play* • sportspeople

SHOW WHAT YOU KNOW

1 Match the sports from the box with the sentences. There are three extra sports.

badminton cycling football climbing running karate sailing skiing table tennis tennis volleyball yoga

When I do this, it's more like fast walking! running

1 You need a bike to do this. _____
2 In this sport, people kick a ball into a net. _____
3 You can learn how to break something in half with your hand. _____
4 We do this in Greece. I love visiting different islands on our yacht. _____
5 Some people call this sport 'Ping Pong'. _____
6 In this activity, people sit in a special position and breathe slowly. _____
7 Players hit something over a net but it isn't a ball. _____
8 In this activity, you use your hands and feet to move up cliffs or rocks. _____

WORD STORE 6A | Sports

2 Complete the sports with one letter in each space.

At school, we play football, basketball and v o l l e y ball.

1 My friends and I sometimes go **c** _ _ _ **ing** on our BMX bikes.
2 In winter, people in our town go **i** _ _ **s** _ _ _ **ing** on the lake when it's very cold.
3 I do **Z** _ _ _ **a**® because I love dancing and I want to get fit.
4 Some girls in my class enjoy doing sports from Japan and China like karate and **k** _ _ _ **f** _.
5 In summer Amy spends all her time playing [a]**t** _ _ _ _ **s** outside in the sun, and in the winter, she goes [b]**s** _ _ **ing** in the mountains.
6 Mark and Jake often go **k** _ _ _ _ **ing** on a small river near our village.
7 Sam does a lot of **s** _ _ **m** _ _ _ **g** in the local pool, in a lake near his home and in the sea.
8 I'm very tall, so my teacher thinks I should play **b** _ _ **k** _ _ _ _ _ **l** but I don't like ball sports or team sports.

WORD STORE 6B | *go, do* and *play*



3 Complete the dialogue with *go, do* or *play*.

Rose: Do you do any sports?
Tim: Not many. I play table tennis at home with my brother because we've got a table. I [1]_____ cycling and, in the summer, I [2]_____ swimming. I don't [3]_____ football because I don't like it.
Rose: Do you [4]_____ yoga or Zumba?
Tim: I don't even know what Zumba is!
Rose: It's a kind of dance. I [5]_____ it twice a week. I [6]_____ karate too.
Tim: Wow! What other sports do you like?
Rose: Well, we've got a yacht, so I [7]_____ sailing quite a lot. I love the water. At school, I [8]_____ volleyball for the school team.
Tim: Do you [9]_____ running?
Rose: No. That's one thing that I don't enjoy but I [10]_____ exercise every evening before I go to bed.
Tim: That's amazing. My favourite sport is basketball.
Rose: Do you [11]_____ it at school?
Tim: Oh, no. I don't [12]_____ it. I like watching it on telly.

4 Answer the questions for yourself.

1 Do you do any sports?
_____.
2 What other sports do you like?
_____.
3 Which of the sports in the word cloud on page 73 would you like to try?
_____.

LIVEWORKSHEETS