

6 Health and sport

6.1

VOCABULARY

Types of sport • go, do and play
• sportspeople

SHOW WHAT YOU KNOW

- 1 Match the sports from the box with the sentences.
There are three extra sports.

badminton cycling football climbing
running karate sailing skiing table tennis
tennis volleyball yoga

- When I do this, it's more like fast walking! running

 - 1 You need a bike to do this.
 - 2 In this sport, people kick a ball into a net.
 - 3 You can learn how to break something in half with your hand.
 - 4 We do this in Greece. I love visiting different islands on our yacht.
 - 5 Some people call this sport 'Ping Pong'.
 - 6 In this activity, people sit in a special position and breathe slowly.
 - 7 Players hit something over a net but it isn't a ball.
 - 8 In this activity, you use your hands and feet to move up cliffs or rocks.

WORD STORE 6A | Sports

- ## 2 Complete the sports with one letter in each space.

At school, we play football, basketball and volleyball.

- 1 My friends and I sometimes go c ____ ing on our BMX bikes.
 - 2 In winter, people in our town go i ____ s ____ ing on the lake when it's very cold.
 - 3 I do Z ____ a® because I love dancing and I want to get fit.
 - 4 Some girls in my class enjoy doing sports from Japan and China like karate and k ____ f ____.
 - 5 In summer Amy spends all her time playing. She goes t ____ s outside in the sun, and in the winter, she goes b's ____ ing in the mountains.
 - 6 Mark and Jake often go k ____ ing on a small river near our village.
 - 7 Sam does a lot of s ____ m ____ g in the local pool, in a lake near his home and in the sea.
 - 8 I'm very tall, so my teacher thinks I should play b ____ k ____ I but I don't like ball sports or team sports.

WORD STORE 6B | go, do and play



- ### 3 Complete the dialogue with *go*, *do* or *play*.

- Rose: Do you do any sports?

Tim: Not many. I ^{play} table tennis at home with my brother because we've got a table.

I ¹ _____ cycling and, in the summer, I ² _____ swimming. I don't ³ _____ football because I don't like it.

Rose: Do you ⁴ _____ yoga or Zumba?

Tim: I don't even know what Zumba is!

Rose: It's a kind of dance. I ⁵ _____ it twice a week. I ⁶ _____ karate too.

Tim: Wow! What other sports do you like?

Rose: Well, we've got a yacht, so I ⁷ _____ sailing quite a lot. I love the water. At school, I ⁸ _____ volleyball for the school team.

Tim: Do you ⁹ _____ running?

Rose: No. That's one thing that I don't enjoy but I ¹⁰ _____ exercise every evening before I go to bed.

Tim: That's amazing. My favourite sport is basketball.

Rose: Do you ¹¹ _____ it at school?

Tim: Oh, no. I don't ¹² _____ it. I like watching it on telly.

- #### 4 Answer the questions for yourself.

- 1 Do you do any sports?

 - 2 What other sports do you like?

 - 3 Which of the sports in the word cloud on page 73 would you like to try?
