



Student's name: _____

Month: _____ - 2024 - Teacher: _____

Listening (16 pts)

Listen to the dialogue. Choose T (true) or F (false).

1. Sean is working as a volunteer. T F
2. He is volunteering alone. T F
3. He is busy singing for the residents. T F
4. The residents are singing to each other. T F
5. Volunteering is not difficult. T F
6. The residents are usually calm. T F
7. The residents are happy to see the volunteers. T F
8. Sean will have dinner with the residents. T F

Grammar (24 pts)

1 Complete the text with the Present Simple or the Present Continuous forms of the verbs in brackets.

Aldana ¹ (have) a very healthy lifestyle. She ² (try) to balance work and relaxation. Every day ³ (meet) her friend Roger. They ⁴ (do) meditation together. This year, Aldana ⁵ (do) photography. It ⁶ (be) her new hobby. But she ⁷ (work) a lot this month, so she ⁸ (not / attend) photography class as often as she would like.

2 Read the answers and write complete questions using Wh- words.

- 1 Q: _____ ?
A: I study at Riverdale High.
- 2 Q: _____ ?
A: My teacher is Mrs. Riviera.
- 3 Q: _____ ?
A: I play basketball after school.
- 4 Q: _____ ?
A: I play with my friends.
- 5 Q: _____ ?
A: I study from 6:00 to 9:00 p.m.
- 6 Q: _____ ?
A: I walk to school.

3 Underline the correct options.

Charlotte Mclaggan is a chess player. She enjoys ¹**play / playing** with her friends. She plays with them ²**two / twice** week. Charlotte is at home now. She's in her room. She ³**doesn't play / isn't playing** chess because she has an exam. She ⁴**studies / is studying**. She always ⁵**studies / is studying** before a test. She ⁶**doesn't like / doesn't mind** it, but she must do it. ⁷**On Saturdays / Right now**, she ⁸**goes / does** dancing with her friends. After the disco, Charlotte and her friends usually ⁹**do / does** meditation because it is ¹⁰**relaxing / demanding**.

Vocabulary (28 pts)

1 What's the activity?



1



2



3



4



5



6



7



8



9



10

2 Put the words and phrases in the correct category.

Volunteer work / cycling / martial arts / dancing / ludo
tennis / parkour / basketball

Do

Play

Go

2 Complete the text with the words from the box. There are two extra words.

Aggressive / creative / dangerous / demanding / expensive
eye-hand / fun / group / individual / interesting
mind and body / relaxing

a I like basketball because it's a sport. I don't like sports. It's not like parkour, and it's not You don't need a lot of money. What's essential? coordination. And it's great !

b Judo? Some people think it's, but it's not. It helps to connect It's too. When it's over, you feel calm! But it's You must train hard.

Reading (16 pts)



Relax, Train, Enjoy

Life Fitness is so much more than your everyday gym.

Your regular membership gives you:

- group classes
- cycle classes
- group Pilates
- swimming
- meditation room
- annual fitness and health evaluation

Monthly fees:
\$50.00 individual • \$85.00 couple • \$120.00 families

Extra services (additional fees apply)

- Spa (sessions of 30 / 45 / 60 minutes)
- Kids Club (childcare services for children aged 3 to 12)
- Indoor and outdoor volleyball leagues (male and female) (16+ years old)
- Summer camps (ages 3 to 12)
- Tennis (minimum age 5)
- Personal trainer (18+)
- Individual Pilates (18+)



See our website for prices and details. Call us for a **free day pass** to get the Life experience. Three exclusive locations across the city.

www.lifefitness.co 254 Main Street
287-862-0001

Read the brochure again and choose the correct answer.

- 1 I have a family membership. There are four people in my family. The cost per person is ...
 - a) the same as for individual membership.
 - b) more than the cost for individual membership.
 - c) less than the cost for individual membership.
- 2 With my regular membership, I can ...
 - a) do cycle classes.
 - b) have a spa treatment.
 - c) have a personal trainer.
- 3 My husband and I want to join the gym. We will pay.
 - a) \$50.
 - b) \$85.
 - c) \$120.
- 4 My annual health and fitness evaluation can be done at the gym.
 - a) Yes
 - b) No
 - c) The brochure doesn't say.
- 5 Spa sessions are available for three different lengths of time.
 - a) Yes
 - b) No
 - c) The brochure doesn't say.
- 6 My two-year-old child can stay in the Kids Club while I exercise.
 - a) Yes
 - b) No
 - c) The brochure doesn't say.
- 7 Group Pilates is ...
 - a) a regular membership service.
 - b) an extra service.
 - c) The brochure doesn't say.
- 8 To play tennis, I have to ...
 - a) not pay anything more.
 - b) pay more for this service.
 - c) The brochure doesn't give any information.

Writing (8 pts)

Write an email to a friend about your activities at school. Write 8-10 sentences. Use these prompts:

- What activities do you normally do at school?
- What do you enjoy about them? What's difficult about them?
- Are you doing these activities these days?

Speaking: You'll be asked some questions. Good luck! (___/10)