

LANGUAGE IN ACTION

should, shouldn't and ought to



- 1 ★ Look at the photos. Complete the sentences with *should* or *shouldn't* and the correct verb.



- 1 You should eat enough fruit.
- 2 You _____ too much coffee.
- 3 You _____ too much chocolate.
- 4 You _____ enough fish.
- 5 You _____ too many sweet drinks.
- 6 You _____ enough vegetables.



- 2 ★★ Complete the sentences with *should*, *shouldn't* or *ought*.

- 1 If you're always late for class, you should get up earlier.
- 2 People who can't get up _____ go to bed so late.
- 3 Ilona can't relax: I think she _____ to do yoga.
- 4 Our teacher said we _____ to eat our lunch outside because it's hot today.
- 5 You _____ give chocolate to dogs – it's bad for them.
- 6 We _____ eat more tofu because it's full of protein.



- 3 ★★ Underline and correct one mistake in each sentence.

- 1 You don't look well; perhaps you shouldn't see a doctor. should
- 2 Our fridge is empty so we ought go to the shops. _____
- 3 You should worry so much about your exams. _____
- 4 What should I to do to get fitter? _____
- 5 He oughts to eat more protein. _____
- 6 You shouldn't to eat unhealthy food if you want to live to be 100. _____



- 4 ★★★ Complete the web article with the phrases in the box.

ought to check ~~ought to know~~
 ought to start should drink should be
 should take shouldn't carry
 shouldn't spend

Top tips for a road trip – by bike!

Planning a road trip by bike? Here's what you ought to know to stay fit and healthy!

Your bike ² _____ light enough because if it's too heavy, cycling becomes difficult in hot weather. But you ³ _____ that it's big enough for you – a bike that's too small soon gets uncomfortable.

You ⁴ _____ too many things with you. Too many bags slow you down, so you ⁵ _____ two small bags, maximum. You ⁶ _____ lots of water, so take a one-litre water bottle.

You ⁷ _____ too much money on maps: paper maps are heavy. Download maps onto your smartphone before you leave home.

And finally, you ⁸ _____ early in the day – before it gets too hot!



- 5 ★★★ Choose one of the topics in the box and write three pieces of advice. Use *should* / *ought to* and *shouldn't*.

eating more healthily
 preparing for an exam
 writing an essay

- 1 _____
- 2 _____
- 3 _____