What do you understand by the terms 'them' and 'us'? -

Can you match the groups of people in A with their opposites in B? For example, 'Us' – 'Them'

A	B
Us	Those that have never seen a cow
High earners	Those that have always been here
Those we trust	Those we don't share anything with
Immigrants	The self-confident
The people from the countryside	Those just getting by
The religious	Those we try to avoid
Those we share something with	Them

1. Look at the phrases below that can be used to talk about probability in the box. Put them in order from 1 - 6 (1- very probable, 6 - not probable)

Maybe...	*In reality, it probably won't happen*	*It could happen, but I'm not sure*
I doubt very much that...	*This would never happen*	*This is bound to happen*

1.
2.
3.
4.
5.
6.

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Watch the video and answer the questions

IDENTITY

Question 1: The video shows people from different backgrounds coming together based on shared experiences. What does this reveal about human connections and the assumptions we make about others?

- A) People often overlook the deeper similarities they share with others.
- B) It suggests that shared experiences have little impact on how we connect.
- C) Labels and stereotypes can prevent people from realizing their commonalities.
- D) We all belong to specific, fixed categories that rarely overlap.

Question 2: As people in the video discuss experiences like being bullied or being in love, they gradually mix with other groups. How does this blending of groups challenge the concept of fixed identities?

- A) It shows that human experiences are fluid and not confined to rigid categories.
- B) It implies that all people share the same life experiences.
- C) It highlights that people can belong to multiple, overlapping groups based on different aspects of their lives.
- D) It suggests that once someone belongs to a specific group, they can't relate to other groups.

Alex: Why do you think society always feels the need to put people in boxes?

Maria: I think it's because it makes things simpler. ***Those who*** don't fit neatly into categories often get judged or ignored. It's hard for some people to see those who ***wear their heart on their sleeve*** and embrace who they are.

Alex: Totally! And I feel like people who ***march to the beat of their own drum*** are often misunderstood. Just because they're different doesn't mean they're wrong.

Maria: Exactly! ***Those who*** stay ***true to themselves*** are the ones who end up happier in the long run. You can't let others define who you are.

Alex: Yeah, it takes time to ***find your feet***, though. I remember struggling to figure out where I fit in, but once I did, I felt so much more confident.

Maria: That's the thing! Once you ***come into your own***, you realize that you don't need to fit into a box at all. You're just you.

Alex: And some people are just ***in a league of their own***. Instead of being celebrated for their uniqueness, society sometimes tries to push them back into the crowd.

Maria: It's ironic, right? The people who stand out and bring fresh perspectives are often boxed in. But they are the ones who are different and drive change.

Alex: Exactly! It's like people are afraid of anything that challenges the status quo. But once you're comfortable with yourself and ***wear your heart on your sleeve***, you can't go back to hiding.

Match the expressions to their possible meaning

1. To be exceptional and unique in a way that sets one apart.
2. To become comfortable and confident in your identity or situation.
3. To do things uniquely, without conforming.
4. To fully develop and showcase talents or identity.
5. To be openly expressive about emotions.
6. To remain authentic and act according to personal values.

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