

Read this text carefully and tick the correct answers.

# 4UYOUTH SPORTS CENTRE

**Do you like sports? If your answer is affirmative 4UYOUTH sports centre is your place. Do not miss the experience to learn new sports, be active and meet new friends if you are between 10 and 14 years old.**

## What sports can you practise?

This sports centre offers you indoor and outdoor sports. If you prefer open-air activities, you can practise the most popular sports in UK such as cricket or rugby, but if you prefer to be indoors, then you can choose among swimming, indoor tennis and dancing.



Yoga is the new activity of this year. Yoga is a type of exercise in which you move your body into various positions to improve your flexibility. You also improve your breathing\* and relax your mind.

## Location

4UYOUTH sports centre is located just next to the University Campus of Swansea. To get there you can get bus number 8 at Sainsbury station and get off at Swansea University Campus station. The journey\*\* takes about 20 minutes.

## Equipment

Our club has tennis rackets, balls and bats for you. You only need to wear a tracksuit and a pair of trainers. Don't forget your swimming costume, a towel and flip-flops\*\*\* if you go to the swimming pool.

## Our library

You can use our lovely library every weekday from 16:00 to 20:00. There are plenty of books and special magazines about all types of sports. There are also 8 computers with internet for 4UYOUTH members. The library is free.

## At the weekends

Participate in matches and competitions if you wish. At the weekend, you can also rent bikes.

MONTHLY FEES		EXTRAS	
Outdoor sports	£ 35	Weekend activities	£ 8-10 depending on the sport.
Swimming	£ 40	Renting bikes	£ 3 additional per day
Yoga	£ 40		

FOR FURTHER INFORMATION : Phone: 01273 684 957 or email us: info@4UKIDS.co.uk

### GLOSSARY

\* **breathing**: respiració.

\*\* **journey**: el viatge.

\*\*\* **flip-flops**: xancletes.

## READING COMPREHENSION. TEXT 1

- 15. 4UYOUTH sports centre is for children...**
- a. under ten.
  - b. between eight and ten.
  - c. between ten and fourteen.
- 16. You can learn sports and \_\_\_\_\_ at 4UYOUTH sports centre.**
- a. meet new friends
  - b. discover Wales
  - c. languages
- 17. You can practise \_\_\_\_\_ at 4UYOUTH sports centre.**
- a. a lot of water sports
  - b. only open-air activities
  - c. indoor and outdoor sports
- 18. According to the text, cricket and rugby are the most popular in...**
- a. Italy.
  - b. Germany.
  - c. United Kingdom.
- 19. 4UYOUTH sports centre is...**
- a. in city centre.
  - b. in the west of Swansea.
  - c. next to Swansea University.
- 20. To go to this sports centre, you can take...**
- a. a bus.
  - b. 8 buses.
  - c. bus number 20.
- 21. You get off at \_\_\_\_\_ station to go to 4UYOUTH sports centre.**
- a. Swansea University Campus
  - b. Swansea city centre
  - c. Sainsbury

- 22.** The bus journey takes \_\_\_\_\_ minutes.
- a. twenty
  - b. thirty
  - c. ten
- 23.** In the sentence “you only need to wear a tracksuit and a pair of trainers” what does ‘tracksuit’ mean?
- a. Clothes used when doing exercise.
  - b. A costume for swimming.
  - c. A type of sandals.
- 24.** At the library, there are magazines about...
- a. Swansea University.
  - b. sports of all types.
  - c. sports and music.
- 25.** info@4UKIDS.co.uk is \_\_\_\_\_ of the sports centre.
- a. the email account
  - b. the website
  - c. the blog
- 26.** This text is about...
- a. sports.
  - b. a sportsman.
  - c. a sports centre.