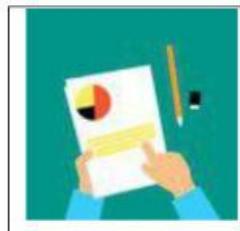


E-safety

Body posture



Activity 1

Are these statements true or false?

	Question	True or False
1	Sit half an arm's length away from the computer	
2	Posture is the way you hold your body	
3	Keep your back bent and supported by the back of the chair	
4	Keep blinds closed and use a medium light level in the room	