

ENGLISH FORMATIVE WORKSHEET

Ano letivo 2025 / 26 - 10º CT3 / SE

1 – Complete the following text with one of these words / expressions:

competition	anxiety	connected	today	initiatives
could not	teenager	extracurricular	mental	influence

Being a _____ today is a unique experience marked by the _____ of technology and social media. Teens are constantly _____, allowing them to communicate and express themselves in ways previous generations _____. However, this connectivity also brings pressures related to self-image and _____ health, as the desire for likes and validation can lead to _____ and isolation. Academically, today's teens face high expectations, with intense _____ for college admissions and demanding coursework. Balancing academics, _____ activities, and social lives requires strong time management skills.

Additionally, modern teenagers are increasingly aware of global issues like climate change and social justice. Many actively engage in advocacy and community _____, showing their desire to effect change. In summary, being a teenager _____ involves navigating opportunities and challenges, but with resilience and determination, today's youth are well-equipped to shape their futures.

2 – Read this paragraph. Three sentences have been removed from it. From sentences 1) to 5), choose the one which fits gaps a) to C). **Two of the sentences do not apply:**

The world of teens today is full of energy and creativity. Social media platforms like TikTok, Instagram, and Snapchat are important for teenagers. They use these platforms to connect with friends and express themselves. **A)** _____.

Music is a big part of being a teenager, helping them relax and find their style. Popular genres like pop, hip-hop, and indie rock are favourites. Teens discover new songs through viral videos and recommendations from influencers.

Fashion is also important for teens. They love to show their personality through their clothes. **B)** _____ Social media helps them find inspiration and share their outfits with friends.

C) _____. Influencers, social media, music, and fashion all play a big role in shaping their lives and making their teenage years exciting and fun.

- 1) "In this world, teens explore who they are and what they like."
- 2) "Many teens focus on creating their own video games and sharing them online."
- 3) "Many teens follow influencers, who are popular people online that share trends in fashion, beauty, and lifestyle."
- 4) "Fashion shows are often highlighted on television, showcasing the latest designs from famous designers."
- 5) "Some wear trendy streetwear, while others prefer expensive brands or vintage looks."

3 - Read the following text about the topic "**Being a teenager nowadays**". Use the word in brackets to form a **new word** that fits into the gap:

"Life as a teenager can be challenging. Many students feel _____ (**stress**) because of homework and tests. Social media offers _____ (**entertain**), but it can also lead to problems like _____ (**lonely**). Comparisons with others can also hurt their _____ (**confident**). Teachers should _____ (**motivation**) students to ask for help when needed. Parents can give _____ (**health**) advice and support. Despite the challenges, adolescents must _____ (**joy**) the moment and learn to deal with pressure from school, friends and family. It's also a time to build a strong sense of _____ (**identify**) as they grow up. Finding a balance between responsibilities and _____ (**happiness**) moments is essential for their well-being."

3 – Complete the sentences with the **Past Perfect** or the **Past Perfect Continuous**:

REMEMBER:

PAST PERFECT – Complete action before another action in the past (*focus on the result*)

Eg: Before I arrived home, my parents **HAD COOKED** our dinner.

PAST PERFECT CONTINUOUS – action in progress before another action in the past (focus on the **duration**)

Eg: Mike recognized he **HAD BEEN WORRYING** his parents all day long.

- 1 – My mother was angry because I _____ (**not tidy**) up my room.
- 2 – Peter confessed that he _____ (**play**) video games all weekend.
- 3 – Peter called the police because someone _____ (**steal**) his car.
- 4 – I couldn't understand how Peter wasn't tired. He _____ (**work**) for hours.
- 5 – When I arrived home, I saw that my dad _____ (**cook**) a delicious meal.

4 – Complete the sentences with the missing relative pronoun: **WHO**, **WHICH** or **WHOSE**.
Omit the pronoun if possible.

- 1 – That is the car _____ my father bought last week.
- 2 – This company hired a scientist _____ reputation is very good.
- 3 – Do you know the name of the teenager _____ won the competition?
- 4 – Grace is the singer _____ the band hired a few weeks ago.

5 – **Find** and **correct the mistakes** in each sentence.

- 1 – Their song, that was released last week, is a huge success.

- 2 – I can't remember the name of the boy who father is a teacher at my school.

6 – Join the sentences to form **DEFINING** or **NON-DEFINING RELATIVE CLAUSES**:

- 1 – Leonel Messi is a very famous footballer. He plays football in the USA.

- 2 – The people are very nice. I work with them.

- 3 – The photos aren't all right. We took them in Spain.

- 4 – Chen speaks English and Mandarin. His parents are from Hong Kong.

7 – Complete the sentences with the correct MODAL VERB:

MUSTN'T / COULD / MAY / CAN / MUST / SHOULD

- 1 – My only advice is that you _____ go to the doctor regularly.
- 2 – Nowadays Mary _____ speak 3 languages fluently: English, Spanish and German.
- 3 – I _____ go to the concert with you, but I haven't decided yet.
- 4 – You _____ turn right here! It's prohibited!
- 5 – He _____ live near here because he always walks to work.