

Vox pops

1 Work in pairs. What three things would make you feel very happy if they happened today?

2 Watch the video. Do sections 1 and 2.

Which three factors do you think are important to have a good quality of life?

1 Choose two correct options for each speaker.

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|------------|-----------|-----------|-----------|
| 1 Michael: | happiness | enjoyment | community |
| 2 Sarah: | community | education | health |
| 3 Niall: | happiness | health | enjoyment |
| 4 Kira: | health | family | education |
| 5 Harry: | health | education | community |



2 Decide if the sentences are true (T) or false (F).
Correct the false sentences.

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|---|---|---|
| 1 Michael thinks that it is important to know what you want from life and why. | T | F |
| 2 Sarah feels that hobbies are more important than job satisfaction. | T | F |
| 3 Niall believes that you need to see the people you love every day. | T | F |
| 4 Kira says that having a good range of job prospects keeps people happy. | T | F |
| 5 Harry believes that being surrounded by family is the single most important factor. | T | F |

3a Work with a partner. Complete the sentences with a suitable piece of advice.

How to have a good quality of life

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|---------------------------|------------------------------|
| 1 It's a good idea to ... | 4 Aim to ... every day. |
| 2 You mustn't ... | 5 You should ... if you can. |
| 3 You could try ... | |