

Unit 5: Exercise 8

Complete the sentences with phrases for giving opinions. Use the words in the box. Some words can be used more than once.

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|-------|-----------|-------|---------|-------|------|------|
| Agree | important | means | opinion | think | true | view |
|-------|-----------|-------|---------|-------|------|------|

1. In my _____ , people should reduce the amount of sugar they eat but also enjoy sweet things sometimes.
2. On the one hand, it is _____ that people eat too much sugar now and that it has a bad effect on their health.
3. More calories _____ that people get fat and have problems with their heart or other illnesses.
4. In my _____ , they should reduce the amount of cola that they drink.
5. On the other hand, it is _____ not to stop enjoying traditional food.
6. I _____ it would be sad to stop eating these cakes on special occasions.
7. I do not _____ that it is a problem to drink coffee with sugar sometimes.
8. In conclusion, I _____ that sugar is a big health problem.

Unit 5: Exercise 9

Complete the table with the advantages and disadvantages.

| | | |
|---|--|-------------------------|
| often cheaper than eating in a restaurant | can be delicious | quick and easy |
| sometimes tastes disgusting | if you buy fast food you do not have to cook at home | |
| can cause heart problems | often high in fat and sugar | can make you overweight |

| advantages of fast food | disadvantages of fast food |
|-------------------------|----------------------------|
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