

Liam: Hey, how are you finding the new office?

Olivia: It's good! I'm still getting used to the ins and outs, but it's been pretty smooth so far.

Mia: Do you ever find time to just relax with all this hustle and bustle around here?

Ethan: Sometimes, but I really enjoy the energy. Though, I do miss the peace and quiet of my old place.

Alex: How long does it take you to get to work?

Sophia: About 30 minutes, give or take. The traffic can be unpredictable.

Ryan: What do you think of these events?

Grace: They're pretty useful, by and large. You get to meet some interesting people.

Emma: That presentation was really short and sweet, wasn't it?

Noah: Yeah, I appreciated that. Straight to the point, which is how I like it.

Lucas: Have you had a chance to go through the new guidelines?

Ava: Yes, they're pretty cut and dried. Shouldn't be too hard to follow.

Zoe: Have you already used their new software?

Max: I have. It's tried and tested, so I'm confident it'll work well for us.

Chloe: What do you think of the team so far?

Daniel: They're great. Being part of the team just feels like part and parcel of working here.



1. Match the binomials with their meanings.

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| a. Freedom from noise and disturbance ____ | 1. Hustle and bustle |
| b. Busy and energetic activity ____ | 2. Peace and quiet |
| c. Brief and to the point ____ | 3. Give or take |
| d. Clear and straightforward ____ | 4. Cut and dried |
| e. Approximately, plus or minus ____ | 5. Short and sweet |
| f. Well-established and proven ____ | 6. By and large |
| g. The essential details or facts ____ | 7. Ins and outs |
| h. An integral or essential part of something ____ | 8. Tried and tested |
| i. Generally speaking, on the whole ____ | 9. Part and parcel |

2. Replace the highlighted parts in each sentence with the correct binomial from Exercise 1. Write the number from Exercise 1 next to each sentence.

- a) After a busy week, I'm really looking forward to some **calm and silence** this weekend. ____
- b) When you first start a new job, it takes time to learn all the **details and specifics**. ____
- c) I prefer meetings to be **brief and to the point** so we can get back to work quickly. ____
- d) The recipe I use is **proven to work**; it never fails. ____
- e) Living downtown, you have to get used to the **active and noisy environment**. ____
- f) The drive to the beach takes about two hours, **more or less**. ____
- g) **Generally speaking**, I think this neighbourhood is a great place to live. ____
- h) Dealing with paperwork is just **an essential aspect** of running a business. ____
- i) The decision was **pretty clear and straightforward**, so we didn't need much discussion. ____

