

**Liam:** Hey, how are you finding the new office?

**Olivia:** It's good! I'm still getting used to the ins and outs, but it's been pretty smooth so far.

**Mia:** Do you ever find time to just relax with all this hustle and bustle around here?

**Ethan:** Sometimes, but I really enjoy the energy. Though, I do miss the peace and quiet of my old place.

**Alex:** How long does it take you to get to work?

**Sophia:** About 30 minutes, give or take. The traffic can be unpredictable.

**Ryan:** What do you think of these events?

**Grace:** They're pretty useful, by and large. You get to meet some interesting people.

**Emma:** That presentation was really short and sweet, wasn't it?

**Noah:** Yeah, I appreciated that. Straight to the point, which is how I like it.

**Lucas:** Have you had a chance to go through the new guidelines?

**Ava:** Yes, they're pretty cut and dried. Shouldn't be too hard to follow.

**Zoe:** Have you already used their new software?

**Max:** I have. It's tried and tested, so I'm confident it'll work well for us.

**Chloe:** What do you think of the team so far?

**Daniel:** They're great. Being part of the team just feels like part and parcel of working here.



### 1. Match the binomials with their meanings.

a. Freedom from noise and disturbance _____	1. Hustle and bustle
b. Busy and energetic activity _____	2. Peace and quiet
c. Brief and to the point _____	3. Give or take
d. Clear and straightforward _____	4. Cut and dried
e. Approximately, plus or minus _____	5. Short and sweet
f. Well-established and proven _____	6. By and large
g. The essential details or facts _____	7. Ins and outs
h. An integral or essential part of something _____	8. Tried and tested
i. Generally speaking, on the whole _____	9. Part and parcel

**2. Replace the highlighted parts in each sentence with the correct binomial from Exercise 1. Write the number from Exercise 1 next to each sentence.**

- a) After a busy week, I'm really looking forward to some **calm and silence** this weekend. \_\_\_\_
- b) When you first start a new job, it takes time to learn all the **details and specifics**. \_\_\_\_
- c) I prefer meetings to be **brief and to the point** so we can get back to work quickly. \_\_\_\_
- d) The recipe I use is **proven to work**; it never fails. \_\_\_\_
- e) Living downtown, you have to get used to the **active and noisy environment**. \_\_\_\_
- f) The drive to the beach takes about two hours, **more or less**. \_\_\_\_
- g) **Generally speaking**, I think this neighbourhood is a great place to live. \_\_\_\_
- h) Dealing with paperwork is just **an essential aspect** of running a business. \_\_\_\_
- i) The decision was **pretty clear and straightforward**, so we didn't need much discussion. \_\_\_\_

