

Are you afraid of ... ?

Score	0	1	2	3	4	5
the dark	●	●	●	●	●	●
small spaces	●	●	●	●	●	●
large crowds	●	●	●	●	●	●
heights	●	●	●	●	●	●
spiders	●	●	●	●	●	●
public speaking	●	●	●	●	●	●
flying	●	●	●	●	●	●
injections	●	●	●	●	●	●
exams	●	●	●	●	●	●
open spaces	●	●	●	●	●	●



2 1.25 Listen to the introduction to a programme about phobias. What is a phobia? Why do people have phobias?

3 1.26 Listen to three people talking about their phobias. Which phobias in exercise 1 do they mention?

4 1.26 Listen again and match speakers A–C to statements 1–8. There are two statements that you do not need.

Speaker A	1 This person thinks their phobia is silly.
Speaker B	2 This person thinks their phobia started in childhood.
Speaker C	3 This person can't stand cold weather. 4 This person has a fear of heights. 5 This person has the same fear as a parent. 6 This person doesn't mind walking up stairs. 7 This person doesn't like huge open spaces. 8 This person asked someone for help with their phobia.

V insight Base and strong adjectives

5 1.27 Complete the table. Then listen and check your answers.

■ boiling ■ freezing ■ hilarious ■ huge ■ ridiculous ■ furious ■ terrible ■ tiny

Base adjectives	hot	silly	cold	big	funny	angry	small	bad
Strong adjectives	boiling (=very hot)							

6 Which adjectives in exercise 5 would you use to describe these things?

- the weather in Alaska ■ your favourite joke ■ an unpleasant experience
- the temperature in the Sahara ■ a baby ■ how you feel when someone has lied to you

7 SPEAKING Work in pairs. Study the unusual phobias and answer the questions.

- 1 Which do you think is the most ridiculous? Why?
- 2 Which of these phobias might start when you are
 - a child?
 - a teenager?
 - an adult?

Fear of ...

colours	clowns
the number 13	youth
cars	the sun
storms	dancing
	school