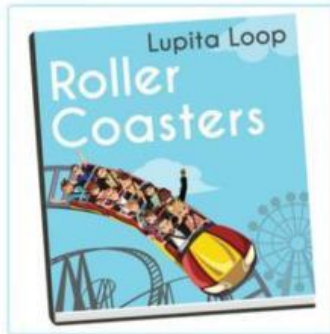


TEXT FEATURES


1.  You want to learn about **a dance called the cha-cha**. Which book should you pick?



2.  Look at this page about the cha-cha. Read the information under the heading "**The Past**."

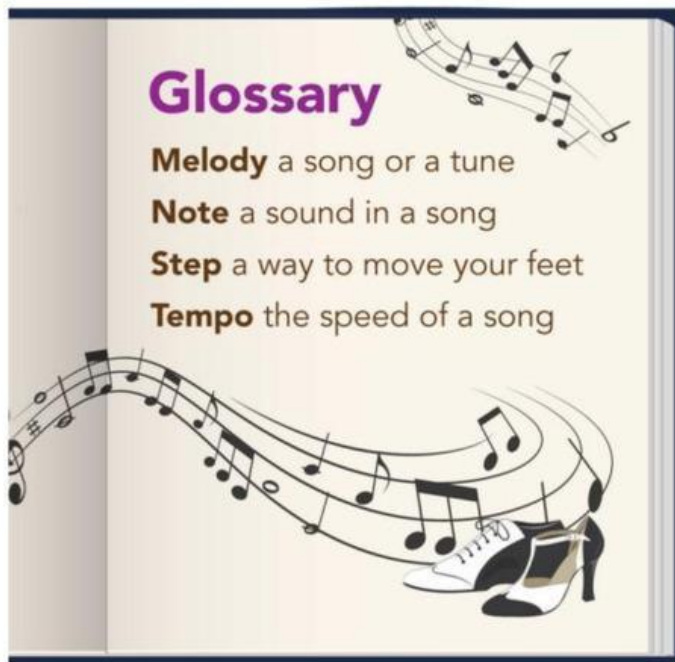


-  Where did this dance come from?



Questions from IXL

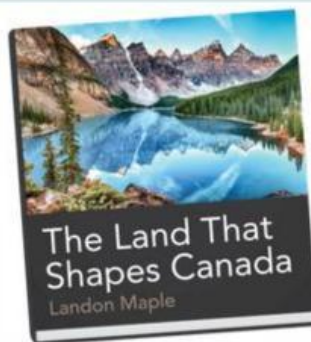
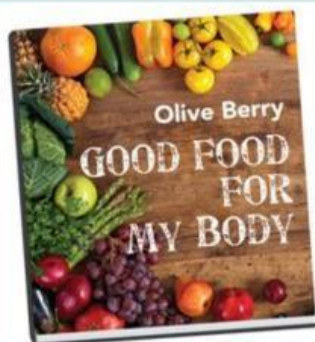
3.  Now, look at the glossary. What does "**step**" mean?




the speed of a song

a way to move your feet

4.  You want to learn about **healthy food**. Which book should you pick?



Questions from IXL

5.  Now, look at the table of contents. You want to learn about **foods like bread and rice**. Which page should you go to?

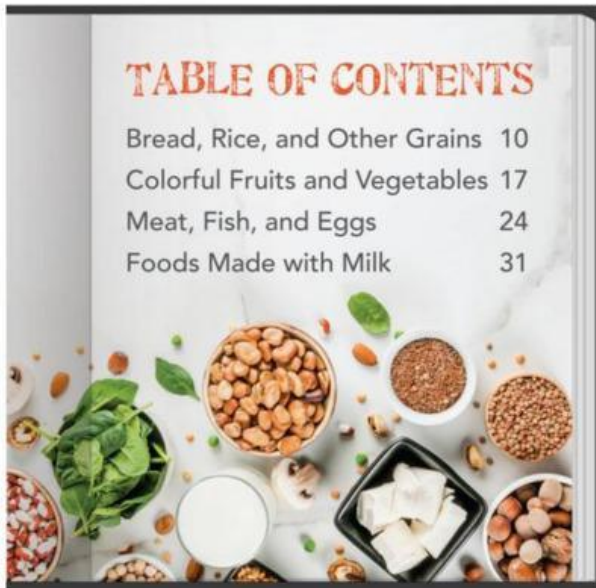


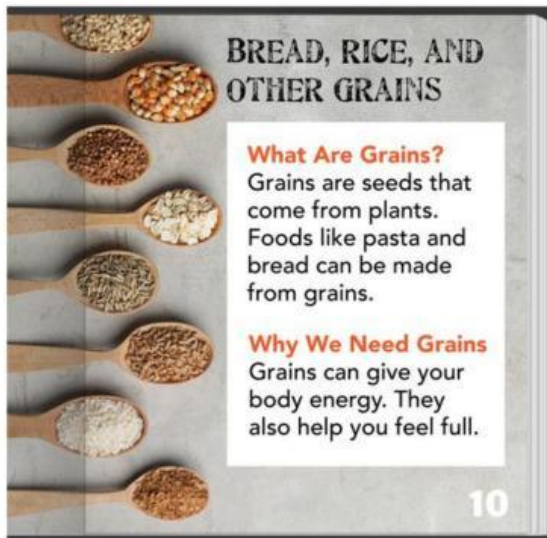
TABLE OF CONTENTS	
Bread, Rice, and Other Grains	10
Colorful Fruits and Vegetables	17
Meat, Fish, and Eggs	24
Foods Made with Milk	31



page 10

page 24

6.  Now, read the information under the heading "**What Are Grains?**"



BREAD, RICE, AND OTHER GRAINS

What Are Grains?
Grains are seeds that come from plants. Foods like pasta and bread can be made from grains.

Why We Need Grains
Grains can give your body energy. They also help you feel full.

10

-  Which of these is a food made from grains?



beans

pasta

Questions from IXL