TECNOLÓGICO SUDAMERICANO

UNIT 7

READING ACTIVITY

2 LANGUAGE IN CONTEXT

A **What is "comfort food"? Read the blog post and find out. How many different types of chicken soup does the writer describe?**

GLOSSARY
recipe *(n)* instructions for how to prepare and cook food

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A TASTE OF **HOME**



Everyone has their own idea of comfort food — that special dish you eat anytime you feel sad or worried.

For me, there's only one comfort food: my mom's chicken soup. Did you know that chicken soup is probably the world's favorite comfort food? It makes you feel happy, and it's quick to make – perfect when there's not much time to cook.

The classic recipe includes chicken and a little **onion**, but there are many other ways to cook it. Colombian *ajiaco* has a lot of **corn** and potatoes, in India it comes with an egg, and the Chinese serve it with **noodles** and sometimes a few **chilies**. In Korea they usually eat *samgyetang* in the summer, served with some rice.

Comfort food is very personal. It can be a full meal, a dessert, or just a snack. Tell us about *your* favorite comfort food.

B PAIR WORK **Find these words in the blog: *dessert, dish, meal, snack*. Think of an example of each one.**

Dessert: _____

Dish:_____

Meal: _____

Snack:_____

C PAIR WORK **What's a famous soup in your country? Where and when do people usually eat it? You can go online to find a recipe. For ideas, watch Alessandra's video.**



Would you like to try Alessandra's dish?

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LIVEWORKSHEETS