

UNIT 7

READING ACTIVITY

2 LANGUAGE IN CONTEXT

A What is "comfort food"? Read the blog post and find out. How many different types of chicken soup does the writer describe?

GLOSSARY

recipe (n) instructions for how to prepare and cook food



A TASTE OF HOME

Everyone has their own idea of comfort food — that special dish you eat anytime you feel sad or worried. For me, there's only one comfort food: my mom's chicken soup. Did you know that chicken soup is probably the world's favorite comfort food? It makes you feel happy, and it's quick to make — perfect when there's not much time to cook.

The classic recipe includes chicken and a little onion, but there are many other ways to cook it. Colombian ajiaco has a lot of corn and potatoes, in India it comes with an egg, and the Chinese serve it with noodles and sometimes a few chilies. In Korea they usually eat samgyetang in the summer, served with some rice. Comfort food is very personal. It can be a full meal, a dessert, or just a snack. Tell us about *your* favorite comfort food.



B **PAIR WORK** Find these words in the blog: *dessert, dish, meal, snack*. Think of an example of each one.

Dessert: _____

Dish: _____

Meal: _____

Snack: _____

PAIR WORK What's a famous soup in your country? Where and when do people usually eat it? You can go online to find a recipe. For ideas, watch Alessandra's video.



Would you like to try Alessandra's dish?


