BODY

LIVEWORKSHEETS

... a head

hair

eyebrows

ears

eyes

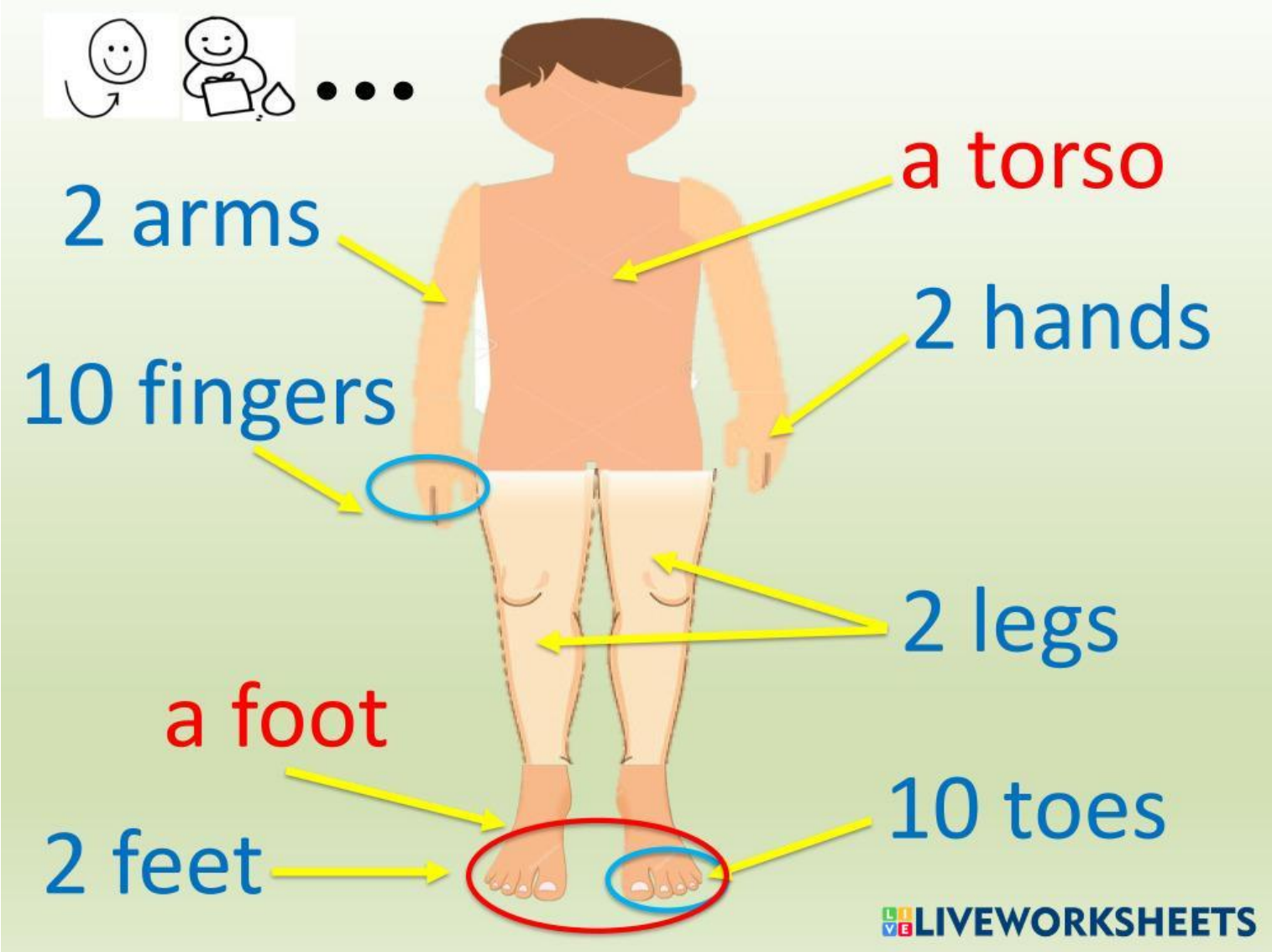
a nose

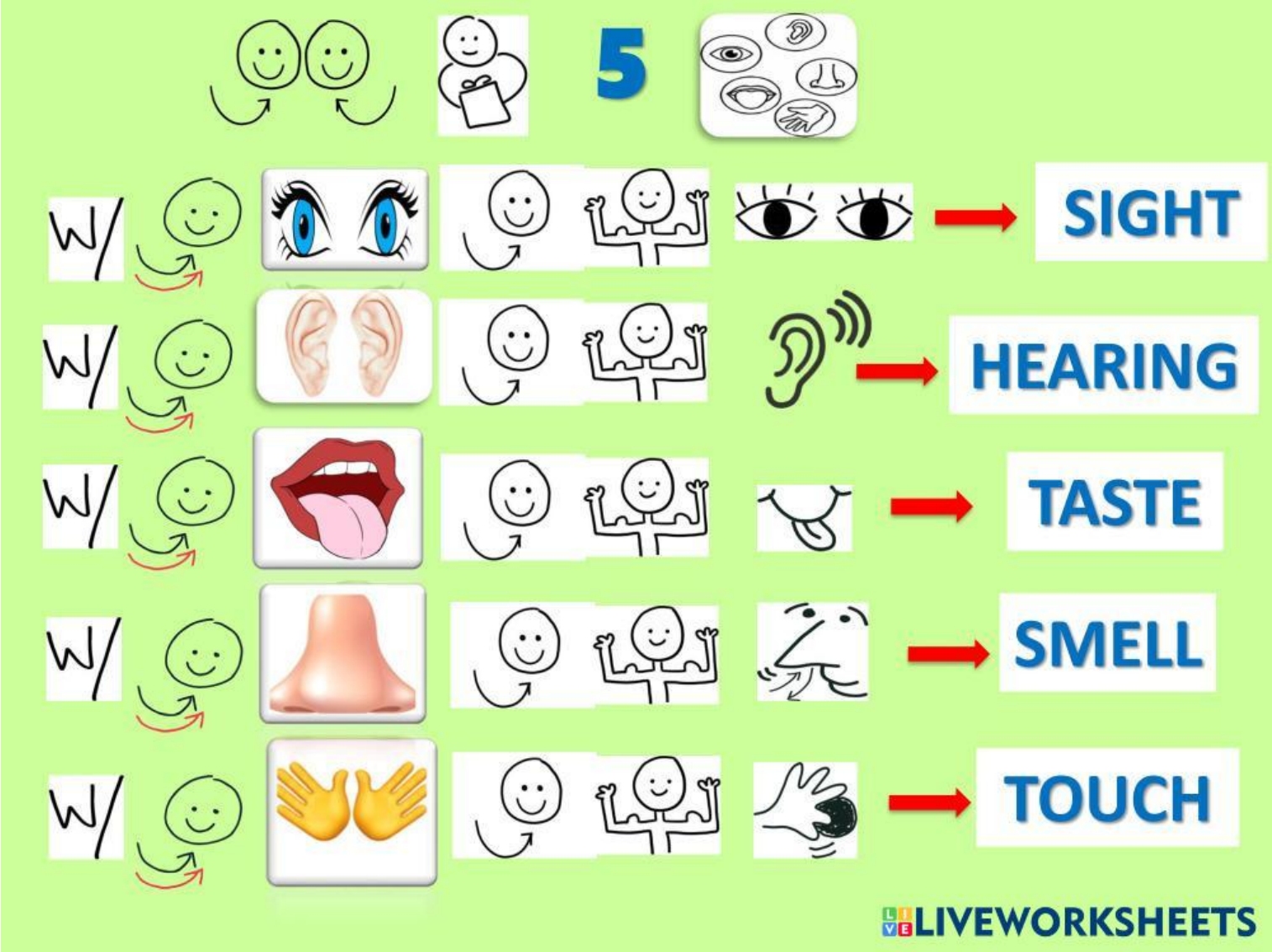
teeth

a mouth

a tongue

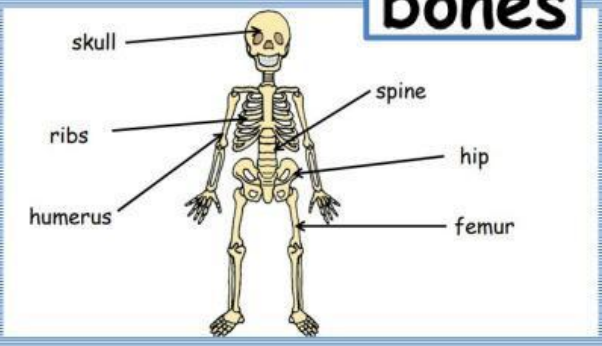
LIVEWORKSHEETS


a torso
2 arms
2 hands
10 fingers
2 legs
a foot
10 toes
2 feet
LIVEWORKSHEETS

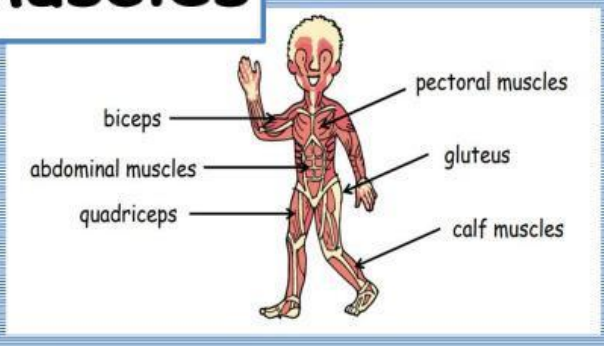

5
W/
SIGHT
W/
HEARING
W/
TASTE
W/
SMELL
W/
TOUCH
LIVEWORKSHEETS

Our locomotor system

bones



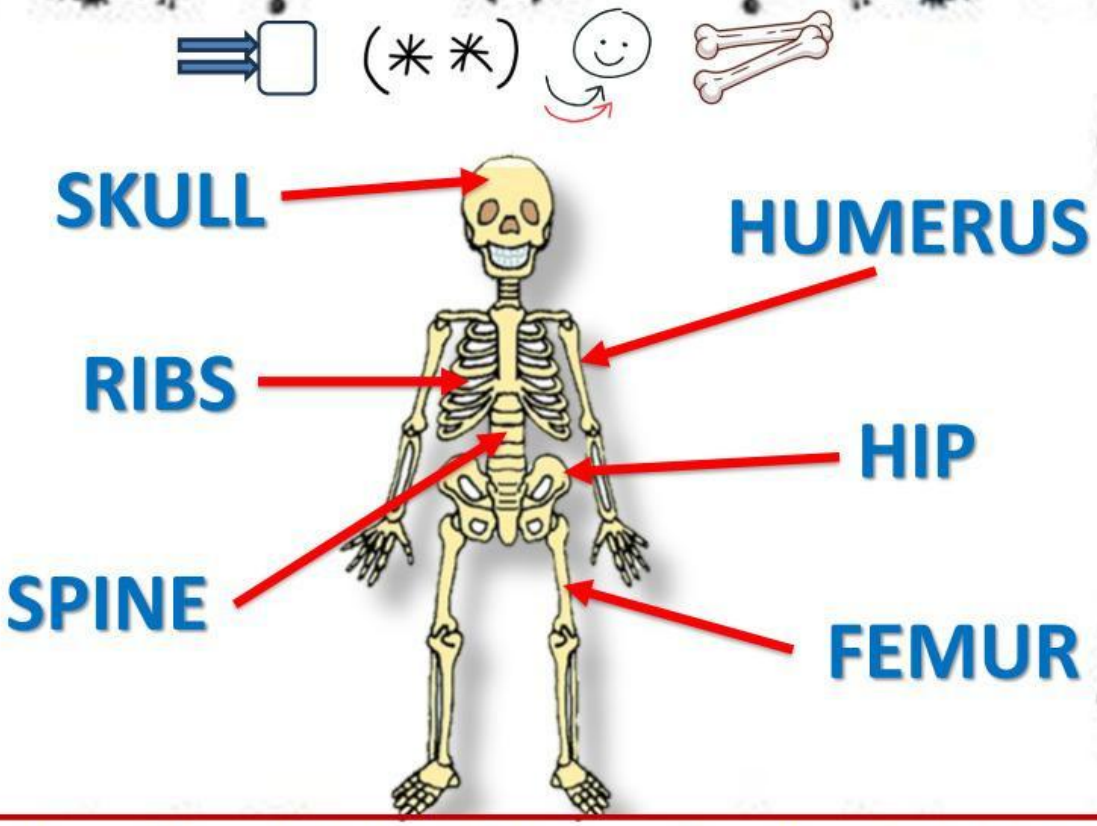
muscles



Joints

are part of our locomotor system

LIVEWORKSHEETS



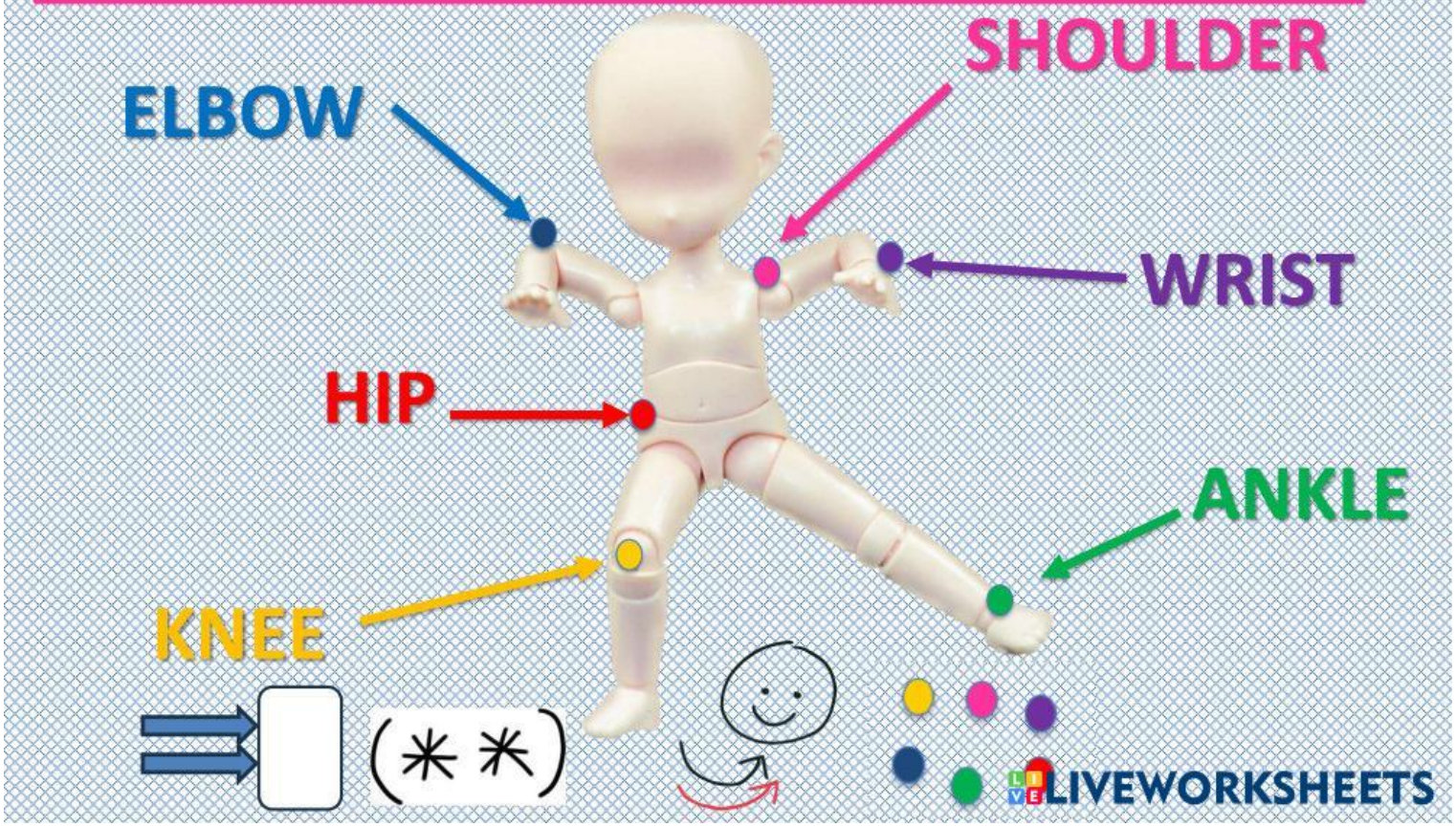
Bones form the **skeleton**. They are **hard** and **rigid**. The **skull**, **ribs**, and **spine** are important bo

LIVEWORKSHEETS

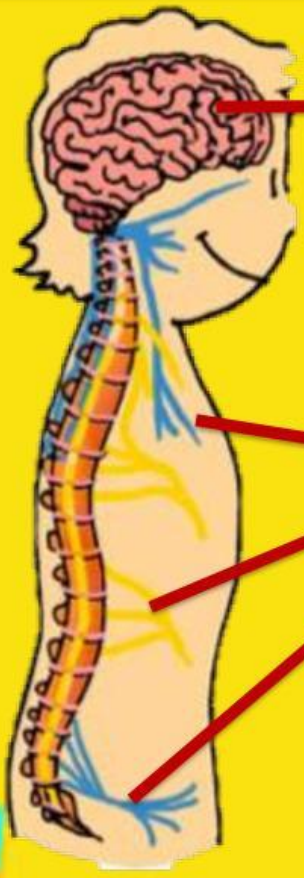
Muscles are **soft** and **elastic**. **Biceps** and **quadriceps** are important muscles in our body. Bones and muscles are part of our **locomotor system**.

LIVEWORKSHEETS

Joints make the skeleton **flexible**. Joints help us move. There are joints in our **arms** and **legs**. They are part of our **locomotor system**.



Our nervous system



BRAIN

The brain controls all the movements in our body.

NERVES

We have nerves all over our body.

LIVEWORKSHEETS

HEALTHY HABITS

Good for your body!

UNHEALTHY HABITS

Bad for your body!

HEALTHY OR UNHEALTHY

sleeping well

eating healthy food

Exercise

washing every day

LIVEWORKSHEETS